

Ancient Mysteries

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Edgar Cayce's A.R.E.
Membership Newsletter



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"Confucius Say..." An Ancient One's Wisdom



Confucius say:

Remember, no matter where you go, there you are.

Confucius say:

Choose a job you love, and you will never have to work a day in your life.

Confucius say:

Do not impose on others what you yourself do not desire.

This last saying foreshadows Jesus' golden rule: Whatever you wish that men would do to you, do so to them; for this is the law and the prophets. (Matt. 7:12)

Confucius was born more than 2,500 years ago, in 551 BC, and yet we are still talking about him today. Even the Edgar Cayce readings include this ancient sage in their teachings. Cayce actually recommended some Confucian books to Mr. 900, the guy who got 437 readings from Cayce! Even more impressive, three Cayce readings include Confucius' soul/spirit in a list of those who were helping Cayce give some particularly difficult readings. Here's one of them:

"The forces gathered here may be used in gaining this concept. As ye seek, ask first if all these are present: Lamech, Confucius, Tamah, Halaliel,

— Continued on p. 3, Confucius

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A Soul Timeline

Cayce's readings indicate that each personality experience (incarnation) adds to what Cayce called our soul's "individuality." And each physical body that our soul has occupied adds to our soul's ideal body thought-form. You can read more about this in Cayce's readings on the "Destiny of the Body" and the "Destiny of the Mind" chapters in his *A Search for God* material.

A greater perspective on our present lives is gained when we consider how long humanity has been alive and is destined to live. Of course, this view looks at *soul* life, not just physical life, and accepts *reincarnation* as a portion of our soul's life. Let's do a brief review of the timeline of physical life, keeping in mind that our soul has lived it all.

The universe began approximately 13.8 billion years ago. And the cosmos is even older, having no age because it is eternal, existing before existence, before the Big Bang birthed the universe. Cayce says we were there in mind and soul!

The planet Earth began approximately 4.6 billion years ago. Simple-celled life began about 3.8 billion years ago, and complex cells began 2 billion year ago. Somewhere

— Continued on p. 3, Timeline

Mu's Golden Temple



Photo by: Ashley Jonathan Clements

This photo is not Cayce's Golden Gobi Temple, but it gives us an inkling of how spectacular such a temple may be when it is rediscovered. According to Cayce's readings, a mighty leader came out of the ancient lands of Mu/Lemuria named Muzuen. He founded a new city in what Cayce called the "Land of the Sun," in what is today the Gobi Desert in Mongolia. The Gobi is a desert because the Himalaya Mountains block rain-carrying clouds from reaching the Gobi. Long ago it contained several major cities along the famous Silk Road. Trade on the 5,000 miles of the Silk Road was a significant factor in the development of the great civilizations of China, India, Egypt, Persia, Arabia, and Rome, and helped to lay the foundations for the modern world.

— Continued on p. 2, Golden Temple

Cayce said the Gobi was not a desert in ancient times but a paradise. Here Muzuen's son built what Cayce called the "City of Gold" with a "Golden Temple." (877-12) Cayce says these will be rediscovered, and when they are, people will know that despite evolution, everything ancient is not primitive, because there was an *involution* down from Spirit prior to the evolution up through matter.

Though Muzuen and his son were males, Cayce states that females ruled in those ancient times. (2067-4) He gave fascinating readings for four major female leaders in the City of Gold, three princesses and one *goddess*! He did not mean "goddess" in the modern sense of physical beauty but of spiritual attunement that manifested the powers of a god. All four of these powerful women had major incarnations associated with the City of Gold and the Golden Temple.

Let's begin with the goddess. She had *two* incarnations in this ancient region. The first was in the Caucasus Mountains, from which she migrated into the Gobi area, which was a gathering place for spiritually attuned people from Mu, Indo-China, India, Iran (as it is known today), and as far away as Egypt. Here our goddess raised her consciousness to a level that few achieved. Cayce indicated that she was a woman that "blossomed" into a goddess. Her reading says, "The entity gave more of the greater expression, not for self alone but that others, too, might know within their own experience of the *true* understanding of the Father-God." (873-1)

Her second incarnation was more human and in western India, in what is today Pune or Poona. She incarnated with the name Caunde; as she grew to leadership, her name was changed to Tasmal. "The entity rose to be a priestess, or a teacher, or as an exemplary activity of those teachings, of the combinations that had been gathered from Egypt, the hill land in India, and the understandings of those from the Mongoloid land—or what has since become the Gobi Desert." (873-1)

Cayce identifies her with the temple in the Golden City and one who could help rediscover this magnificent edifice: "In that particular land the entity may aid those to locate, under the sands of the Gobi, a city to which the entity later became as a missionary; and the temple

there the entity had built."

Cayce told her that these two lifetimes occurred initially in 10,000 B.C. and concluded in 1,010 B.C. In other readings he explained that soul beings initially incarnated for much longer periods than



The Famous Silk Road(s) from East to West we do today, as indicated by the ages of those in the biblical Genesis.

Another female leader was Tehexutz (2067), "Princess of the Golden Temple of the Sun." She ruled the Sun Land. Cayce explained that she had to deal with the spiritual influences from Mu and India. She asked him what sacred books they read in that incarnation; Cayce answered: "Sacred books then, of course, were the writings from both of these—from the Temple of the Sun as well as from Mu (Lemuria). The activities of the entity in relationships to these were to change these in their relationships as being applicable to the one force, one power, one rule for all; though under different conditions." This is the very struggle that the Atlanteans dealt with. The Sons of Belial kept exclaiming that there was no one central Essence or Force, so everyone should get all they could and the strong should rule—survival of the fittest. On the other hand, the Children of the Law of One kept teaching that there was a singular Oneness out of which all came, making everyone equal in the Oneness, despite their apparent weakness or strength in this life. They taught that there should not be a hierarchy but a cooperative collectiveness, even when some do the job of leadership while others to the job of food-making or the like.

The Princess asked Cayce if the temples at Angkor, Cambodia, today were her temples. He told her that they were an "outcome" of her temple but that her temple was in the Gobi, yet to be rediscovered. (2067-4)

Cayce went on to explain that she led her people away from Mu teachings and more toward the teachings of the Gobi

and India. Though this was good, it had a downside, that of the caste system of social stratifications. This was an extreme approach to reincarnation and karma, holding that it was an incarnating soul's karma that he or she was born into a lower strata. Of course, this belief overlooked the ability of a soul to use its God-given free will to become more than it is or to live on a strata that it does not live up to.

Princess Zulam (2163) entered into the Golden City after her studies in Egypt. "There we find that the entity rose to one of power, as a princess in the land, not of the Gobi, but as one associated with same, in what is now the Indo-China land, or Siam [Thailand today]. The entity rose to power not only because of its filial associations but because of the marital relationships, and also because of its abilities gained from those counsels and activities in the Egyptian land. There we find that the entity gained, the entity lost; there the entity found much of that to which the entity responds in its vibrations at present." (2163-1)

Princess Um-Cmu (1219) "was in what is now known as the Mongoloid or the Gobi land, when there were those interpretations by the Carpathians, those of the land of On [?], those by Saneid [Arabia], those by Ra-Ta [Egypt]; and those studies first from the earlier portions of the Zoroasters, as termed today [commonly estimated to be around 600 B.C., but some date them to 6,000 B.C.]. The entity then was a princess in the Golden Temple of those peoples, aiding in the correlating of truths." (1219-1)

In a reading for a female emissary from the Egyptian Temple Beautiful, Cayce said that she traveled often between Egypt and the Gobi Temple. (3202-1) Our modern perspective does not allow for rapid travel in ancient times, but Cayce and other sources (e.g., the Indian *Ramayana*), clearly indicate that the ancients had flying vehicles of all types.

Let's watch for news from the Gobi about a Golden City and Temple. Δ

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Hebe, Ra, Ra-Ta, John.” (5756-10)

Of course, the Edgar Cayce readings were open to all teachings that presented one God and one collective of the Children of God, as in these two:

“Whether in Buddhism, Mohammedanism, Confucianism, Platoism, or what—these have been added to much from that as was given by Jesus in His walk in Galilee and Judea. ‘Know, O Israel, the Lord thy God is one!’ whether this is directing one of the Confucius’ thought, Brahman thought, Buddha thought, Mohammedan thought; these are as teachers or representatives.” (364-9)

“Again in that of Confucius, who gave to his peoples in his day the beginning of an understanding of the wisdom of [the] Divine.” (900-15)

In one fascinating reading, Mr. 900 described a scene in Confucius’ life related to overcoming fear by living one’s soul purpose. Here’s that passage. As you read, remember that Mr. 900 is speaking, not Cayce; but Cayce does reply in the affirmative to 900’s perspective.

“So long as I bend my will to serve creation, to serve Man, that the latter may the better achieve eternal life (as in “feed His lambs”), so long am I immune to harm—nothing shall hurt or stop me. I lean upon the unseen arm that guides me. Confucius remained unafraid when he ran into a gang of robbers. Others were killed, he was not. ‘I have a mission to perform, a message to give and I will be protected until it is accomplished,’ he said. In spite of dangers and risk he came thru.” (900-243)

Finally, Cayce once asked a religious questioner to consider, “Why the teachings of Confucius or his axioms and lessons, and those of Jesus, are parallel.” (1473-1) Was the Spirit of Truth with both of them?

Let’s close with a few more of the sage’s ancient wisdom:

Confucius say:

It is easy to hate and it is difficult to love. This is how the whole scheme of things works. All good things are difficult to achieve; and bad things are very easy to get.

Confucius say:

If you shoot for the stars and hit the moon, it’s OK. But you’ve got to shoot for something. A lot of people don’t even shoot.

Lastly, Confucius say:

Heaven means to be one with God. Δ

between 10 million and 2 million years ago, humanlike creatures began to appear on this planet. Australopithecines, an older form of humanlike primates, colonized the African savannah 3.5 million years ago. But let’s not confuse ourselves; anything even close to a modern human began only about 200,000 years ago (based on two skulls found in Ethiopia’s Omo River region, named Omo I and Omo II). However, what *really* makes modern humans is modern *behavior* and a modern *brain*, and these two don’t appear until about 70,000 years ago, but really take off about 50,000 years ago, called the “Great Leap Forward.”

Curiously, the Great Leap Forward was preceded by an amazing *collapse* of the human population, estimated to have declined to as low as 2,000 individuals on the entire planet! How strange is that! Some speculate that this depopulation was brought on by a massive volcanic eruption. Others point to the worst period of the Ice Age. And still others consider impacts of meteorites from space. Whatever the cause, the survivors of this near-extinction event manifested extraordinary behavior and wisdom around 50,000 years ago. It really was a *leap*, not a gradual evolution.

Cayce’s readings indicate that there were three distinct beings in ancient times: godlings of the great God, humans, and the offspring of the intermingling of the gods with human women. In chapter six of Genesis it is recorded this way:

“When men began to multiply on the face of the ground, and daughters were born to them, the sons of God saw that the daughters of men were fair; and they took to wife such of them as they chose. Then the Lord said, ‘My spirit shall not abide in man for ever, for he is flesh, but his days shall be a hundred and twenty years.’ The Nephilim were on the earth in those days, and also afterward, when the sons of God came in to the daughters of men, and they bore children to them. These were the mighty men that were of old, the men of renown. The Lord saw that the wickedness of man was great in the earth, and that every imagination of the thoughts of his heart was only evil continually. And the Lord was sorry that he had made man on the earth, and it

grieved him to his heart. So the Lord said, ‘I will blot out man whom I have created from the face of the ground, man and beast and creeping things and birds of the air, for I am sorry that I have made them.’ But Noah found favor in the eyes of the Lord.”

Let’s suppose that Noah and his people *symbolize* the nearly 2,000 humans who survived the near-extinction event that cleansed the Earth and that they symbolize the seed that eventually spawned the Great Leap Forward.



The Pillars of Creation

If we follow the line of DNA, all of modern humanity (Homo sapiens) can be traced back to one Mitochondrial Eve and one “Y-Guy” (named after the mitochondria organelles that travel only through women, and the Y chromosome, found only in males). These two original Homo sapiens date back to roughly 200,000 years ago. When we consider that each of us has two parents, four grandparents, eight great-grandparents, sixteen great-great-grandparents, and so on and so on, we eventually end up with everyone related to everyone!—all having ancestors in common. Also, Mitochondrial Eve and Y-Guy have no ancestors among pre-Homo sapiens.

When we add the disciple John’s story of the descent of the Word (John 1) to Cayce’s Atlantis, and the Word creates the first “perfect body” woman and man (Amilius and Lilith in Poseidia, which Cayce called the “First Eden”), we have a nice tie-in to the DNA story, especially since Cayce dates the beginning of the Atlantis period to 200,000 years ago, when the first Homo sapiens appear!

Now we might say, hey! what about Mu and Lemuria, which preceded Atlantis? In reading 436-2 Cayce indicates that “perfect bodies” did not occur until Atlantis: “Before this we find the entity was in that land that has been termed Zu, or Lemuria, or Mu. This was before the sojourn of peoples in perfect body form; rather when they may be said to have been able to be in the body or out of the body and act upon materiality.” The word *lemur*, as in Lemuria, means “ghost”; these pre-Atlantean activities were more like projections into

— Continued on p. 4, Timeline

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Timeline – from page 3

matter than incarnations.

Some 50,000 years ago the first and most devastating destruction of Atlantis occurred, significantly reducing the population of the Earth. Mu and Lemuria were already gone, and the Atlanteans that survived migrated to safe lands.

Since those times, we (humanity and our souls) have been repopulating the planet and learning and growing in consciousness and spirituality. (Some have not, of course, but most have.)

Are you feeling like we are near the end? Well, consider Mayan stele #29 in Tikal, Guatemala. On this stone table is a date that is 400 million years into the future! Consider also the "Tablet of Inscriptions" in Palenque, Mexico. It contains the specific date of October 21, 4772 A.D.—nearly 3,000 years into our future! Why would these dates be important to those ancient people? Did they know about reincarnation and their soul's immortality? Consider also that Nostradamus wrote a letter to his son Caesar in which the great seer says that he sees to the year 3,797 A.D. If these dates are true, there is a lot more life to live and plenty of time to reincarnate many times.

One of Cayce's readings says this to a modern woman seeking spiritual guidance: "In the mounds and caves in the northwestern portion of New Mexico, may be seen some of the drawings the entity then made. Some ten million years ago!" (2665-2) What is really important here is how Cayce viewed her versus how she viewed herself. Cayce saw her a celestial soul created by God on a long and wondrous journey of self-discovery and reunion with her Creator. But she saw herself as a physical person living in modern America with many, often overwhelming, influences that demanded her attention and energy. She needed help from him because she could not easily determine what she should be doing, feeling as if she had only a short time to do it in. Cayce encouraged her to develop patience and to see the larger picture. She was, as you and I are, a soul who has lived a very long time and will live on into a distant future.

If we could hold on to this view of ourselves as having lived millions of years, even billions, then our perspective on life would be quite different. We'd be calm and patient. We'd also tap into the *knowing* that is *within* us, a knowing that comes from our soul's living and learning. The aging of our physical vehicle, the body, would not foreshadow our demise but simply a *change* in the manner of our existence. Consider this view from Cayce:

NEWS from the FIELD

Zahi Hawass to Drill Under the Sphinx!



I met with Dr. Zahi Hawass, Secretary General of the Egyptian Supreme Council of Antiquities, after he spoke for an hour to our A.R.E. group. He shared that Joe Jahoda, a longtime A.R.E. member, had convinced him to drill under the Sphinx for a chamber. Back in 1997, Jahoda and his partner, Joe Schor, in cooperation with Florida State University, conducted ground-penetrating radar around the Sphinx and found an open area in the bedrock beneath the Sphinx. This opening, possibly a chamber, is 30 feet down and is estimated to be 26 feet wide and 40 feet in length. The Cayce readings identify this chamber as an ante-chamber to the Hall of Records that is off the right front paw of the Sphinx.

Jahoda asked if A.R.E. would purchase the special drill necessary to drill at an angle into the limestone bedrock. Kevin Todeschi, CEO of A.R.E., approved the purchase, and our donation "angel," Don Dickinson, agreed to help A.R.E. with this purchase. Thus, the drill was purchased, crated, and shipped to Egypt.

Zahi said that soon after the drill arrives, he'll get his team together and begin the drilling.

It's exciting news! We are taking a major step toward finding one of Cayce's three Atlantean record caches. Stay tuned for updates. Δ

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"As an entity passes on from this present time or solar system, it passes through the various spheres—on and on through the *cons* of time and space—eventually passing into the *inner* forces, inner sense. Then it may again—after a period of nearly ten thousand years—enter into the Earth realm to make manifest those forces gained in its passage." (311-2)

He explained: "As the entity moves from sphere to sphere, it seeks its way to the home, to the face of the Creator, the Father, the first cause." (136-8) Cayce defined the first cause: "That the created would be the companion for the Creator." This is the reason we were created, and as a result, the created (our soul) is given *opportunities* to "show itself to be not only worthy of, but companionable to, the Creator." (5753-1)

Our true nature is "as light, a ray that does not end, lives on and on, until it becomes one in essence with the source of light." (136-83) We are rays within the Great Ray!

How different would we be if we held this perspective in our daily lives and in our relationships with one another? Cayce would like us to we hold a timeless, immortal disposition. Δ