



Leader in Holistic Education, Wellness & Healthcare

*The Cayce/Reilly® School of Massotherapy Presents*

## Aromatherapy I

If you would like to learn how to incorporate Aromatherapy into your daily life, both at home and in the work environment, this is the course for you. You will receive an introduction to uses of Aromatherapy, as well as the application of at least 12 Essential Oils, including safety guidelines, healing properties and making Aromatherapy products that you will take home.



**Note:** Please bring medium glass bowl for mixing and a jar for bath salts.

**Date:** February 24 – 26, 2012

**Time:** Friday - Sunday 9 am – 5 pm

**Continuing Education Hours:** 21

**Approved for CE Hours:** NCBTMB, FL & TX

**Cost:** \$350. (\$325, if paid, in full, at least 30 days in advance)

\$ 15. Materials Fee (charged by the school)

**Additional Cost:** \$10. for course supplies, payable to the instructor, on the first day of class.

\$45. {**optional**} for basic aromatherapy kit of 10 - 1/3 oz. bottles of essential oils, payable to instructor in class.

**No Prerequisites**



## Aromatherapy II

Expand on what you learned in Aromatherapy I. At least 12 more essential oils will be introduced. You will learn about the chemistry of these oils, bringing you a broader understanding of this wonderful gift of nature. Focus will be on specific therapies to experience how essential oils can have an effect on the bodies systems. You will enjoy a hands-on approach in learning how to create products, such as scrubs, balms, body butters and soy wax candles that can be used in your practice or at home.

**Date:** July 20 - 22, 2012

**Time:** Friday - Sunday 9 am – 5 pm

**Continuing Education Hours:** 21

**Approved for CE Hours:** NCBTMB, FL and TX

**Cost:** \$350. (\$325, if paid, in full, at least 30 days in advance)

\$ 15. Materials Fee (charged by the school)

**Additional Cost:** \$10. for course supplies, payable to the instructor, on the first day of class.

**Prerequisite:** Aromatherapy I (or with advance permission from the instructor)

**Aromatherapy III: September 7 – 9, 2012**

### To Register:

757-457-7134

[workshops@caycereilly.edu](mailto:workshops@caycereilly.edu)

[www.EdgarCayce.org/massageschool/CE](http://www.EdgarCayce.org/massageschool/CE)

### About the Presenter:



**Marthica McDermott, CMT**, has been a massage therapist since 2005 and a member of the National Association of Holistic Aromatherapy since 2006. Her goal is to inform and share the health benefits and therapeutic value of essential oils and their application. Marthica owns and operates an Aromatherapy business and operates a massage practice in Virginia Beach, Virginia.

*The Cayce/Reilly® School of Massotherapy*

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