



Leader in Holistic Education, Wellness & Healthcare

*The Cayce/Reilly® School of Massotherapy Presents*

# Colon Hydrotherapy

## *Theory & Experiential*

Edgar Cayce called a colonic an “internal bath” which cleanses mucus and plaque off the colon walls, stimulates the peristaltic muscle tone, and is a systemic detox of the blood, lymph and liver. It is a profound hydrotherapy that also helps release various toxins from the body.

*Colon Hydrotherapy Theory* consists of the study of colonic details, 25 hours of anatomy and physiology and required reading of *Edgar Cayce’s Guide to Colon Care* by Sandra Duggan, RN, BS, with an open book test on all three areas.

In the six-day *Colon Hydrotherapy Experiential* class, you will receive one colonic from another student, observe 15 colonics and give seven supervised colonics. There will be 11 theory classes, independent library study and a written exam on material learned during the week.



“And keeping the colon clean is that which is necessary for every well-balanced body; hence should be a part of the experience for each entity.”  
(Edgar Cayce reading 1703-2)

**Date:** January 10 – 15, 2012

**When:** Tuesday – Sunday  
8:30 am – 5:00 pm

**Continuing Education Hours:**

100 **NON**-Continuing Education hours\*

\*hours may be used toward 1000-hour program at the Cayce/Reilly School of Massotherapy.

**Cost:** \$1,645\* \*(\$825. non-refundable deposit due at time of registration) + \$15. Materials Fee

\*\***Required text**, *Edgar Cayce’s guide to Colon Care*, is included in tuition cost.

**Prerequisites:** High School graduate and/or one of the following: RN, LPN, Massage therapy degree preferred.

***Class size is limited to three (3)!  
Register early!***

**To Register:**

757-457-7134

[workshops@caycereilly.edu](mailto:workshops@caycereilly.edu)

[www.EdgarCayce.org/massageschool/CE](http://www.EdgarCayce.org/massageschool/CE)

### ***About the Presenter:***



***Terresa Landess, CMT, CT***, is a certified colon hydrotherapist and a graduate of the Cayce Reilly School of Massotherapy. She has been in practice at the Edgar Cayce Health Center since 2006 where she has focused her work on colon health and continued to deepen her understanding of the Cayce readings.

***The Cayce/Reilly® School of Massotherapy***

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