



Leader in Holistic Education, Wellness & Healthcare

*The Cayce/Reilly® School of Massotherapy Presents*

## Massage and Medications

Medicine and massage are partners in the care of the client. Today's therapist needs to be familiar with medical conditions, common medical and allopathic methods of treatment and how those treatments affect the massage client. Certain prescription, over-the-counter (OTC) medicines, herbs and/or vitamins are contraindicated for massage and/or bodywork therapy.



During this 15-hour course, you will gain valuable information regarding pharmacopoeia, the diseases associated with them, "red flags" (warning signs to listen and look for), and contraindications for massage.

The more you know about how medicines and massage affect your client, the better you will be able to communicate with the medical community, avoid liabilities and improve your client's health.

### **Topics covered:**

- **Pharmacology** – the most common pharmaceuticals taken and how massage might affect a client taking them.
- **Herbs, supplements and alternative medicines** – the most commonly used in this category and how massage might affect a client taking them
- **When massage is contraindicated** due to medications a client may be taking
- **Red Flags** – Warning signs to listen and look for in regard to your client's medical history and how to handle them



### **About the Presenter:**



**Tilly J. Little, RN, LMBT, CR**, is a graduate of The Cayce/Reilly School, and has been a practicing Massage Therapist since 2003. As well, Tilly has been a Registered Nurse for over 40 years. She is an instructor at the Cayce/Reilly School and owns a successful Massage Therapy business in Chocowinity, NC.

**Date:** January 28 - 29, 2012

**When:** Saturday and Sunday  
9:00 am - 5:30 pm

**Continuing Education Hours:** 15

**Approved for CE Hours:**  
NCBTMB, Florida and Texas

**Cost:** \$250. (\$200., if paid, in full, at least 30 days in advance)

**Materials Fee:** \$15. (charged by the school)

**Prerequisite:** Massage Therapist or Bodyworker

### **To Register:**

757.457-7134

[workshops@caycereilly.edu](mailto:workshops@caycereilly.edu)

[www.EdgarCayce.org/massageschool/CE](http://www.EdgarCayce.org/massageschool/CE)

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