

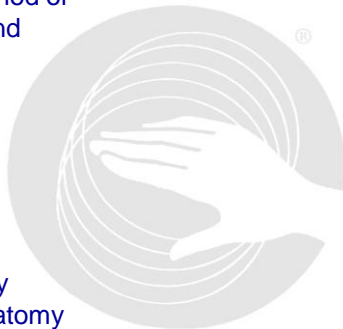


Leader in Holistic Education, Wellness & Healthcare

*The Cayce/Reilly® School of Massage Therapy Presents*

## Dr. Vodder's Manual Lymph Drainage

**Dr. Vodder's Manual Lymph Drainage (MLD®)**, is an advanced massage therapy technique developed in Europe in the 1930s by Dr. Emil Vodder. This class will teach you techniques to facilitate removal of toxins, excess water, metabolic wastes and enhance the activity of the immune system. MLD also reduces pain and helps to balance the sympathetic and parasympathetic nervous systems. This method of MLD is the original, most researched, and most extensive system of manual lymph drainage available. It is practiced in hospital and rehabilitation settings, in doctor's offices, as well as private practices. In the *Basic* course, you will enjoy a primarily "hands on" learning experience. The sequences and strokes of MLD treatment for all body parts are taught. Lectures cover the anatomy and physiology of the lymph system and connective tissue. The *Therapy I* course works on improving techniques, as well as learning new therapies for specific conditions.



### **DATES:**

*Basic:* February 15 – 19, 2012  
*Therapy I:* April 11 - 15, 2012

### **TIMES:**

*Basic and Therapy I:*  
Wednesday - Saturday 8:30 AM - 6:30 PM  
Sunday 8:30 AM - 5:00 PM

### **CONTINUING EDUCATION HOURS:**

*Basic and Therapy I* 40 (each class)

### **COST:**

***Basic:*** \$950/\$900\*

*Additional Cost:* \$75, payable to instructor first day of class for course supplies.

*Required Text:* *Dr. Vodder's Manual Lymph Drainage: A Practical Guide* by Hildegard Wittlinger, et al

***Therapy I:*** \$950 /\$900\*

*Additional Cost:* \$55, payable to instructor first day of class for course supplies.

**Materials Fee:** \$15. (each level, charged by the school)

*\*If paid, in full, at least 30 days in advance.*

**To Register:**

**757-457-7134**

**[workshops@caycereilly.edu](mailto:workshops@caycereilly.edu)**

**[www.EdgarCayce.org/massageschool/CE](http://www.EdgarCayce.org/massageschool/CE)**

### **Prerequisites**

#### **Basic:**

Must have passed at least one of the following criteria:

- Minimum of 500 hrs of massage therapy school
- U.S. National Certification Exam for massage therapists
- Licensure as a health professional
- Licensed esthetician
- Relative of patient requiring continued MLD treatment

**Prerequisite for Therapy I:** Vodder's MLD *Basic* Level

### **Presenter Information:**

**Kathryn McKillip Thrift, BS, NCTMB, CLT-LANA**, has been a certified therapist in Dr. Vodder Manual Lymph Drainage/ Combined Decongestive Therapy since 1987. She received her certification as a Vodder *Basic* instructor in 1992 and as a Vodder *Therapy I* instructor in 1997. She has received additional training in lymphedema management in Australia with the Casley-Smith School (1994) and in Germany at the Földi School (1998). Kathryn was on the founding board and served as president of the North American Vodder Association of Lymphatic Therapy (NAVALT®) and is currently serving as a committee chair. An original member of the board of directors of the Lymphology Association of North America (LANA), Kathryn also served on the board of directors of National Lymphedema Network (NLN) from 1997 until 1999 and is on their Medical Advisory Committee. Kathryn maintains a private practice in Dallas, TX, as well as being the clinical consultant of the Lymphedema Program at Medical City Dallas Hospital.

***The Cayce/Reilly® School of Massage Therapy***

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