



Leader in Holistic Education, Wellness & Healthcare

*The Cayce/Reilly® School of Massotherapy Presents*

# Acupoint Reflexology™, Level I

In *Acupoint Reflexology, Level I*, you will learn to locate, identify, assess and balance acupressure points (acupoints) on the feet and ankles. This course will introduce new techniques to bodyworkers and energy therapists while both beginning and experienced reflexologists will gain a broader understanding of the integral connection between acupoints and reflex points. This course addresses how to locate and identify acupoints, activate energy channels through the feet, and how to perform a deeply relaxing session combining reflexology, acupressure and energy balancing. More than 20 therapeutic protocols are presented including those for headaches, insomnia, anxiety, menstrual irregularities, high blood pressure, chronic lumbar pain, impotence, depression and constipation. For more information, visit: [www.kristenradden.com](http://www.kristenradden.com)



**When:** March 31 – April 1, 2012

**Time:** Saturday and Sunday  
9 am – 5 pm

**Continuing Education Hours:** 14

**Approved for CE Hours:**  
NCBTMB, ARCB, Texas and Florida

**\*Cost:** \$275 (\$225, if paid in full 30 days  
in advance of workshop)  
\$ 15 Materials Fee (charged by the school)

*\*Tuition includes comprehensive reference  
manual.*

***No Prerequisites***  
***No experience in reflexology or  
acupressure is necessary to attend!***

***To Register:***

757-457-7134

[workshops@caycereilly.edu](mailto:workshops@caycereilly.edu)

[EdgarCayce.org/massageschool/CE](http://EdgarCayce.org/massageschool/CE)

## ***About the Presenter:***



***Kristen Radden, MA, NBCR, CMT***, is a Nationally Board Certified Reflexologist, Registered Toe Reader, and graduate of the Baltimore School of Reflexology. Kristen is a reflexologist in private practice and an approved provider of continuing education for the American Reflexology Certification Board (ARCB) and the National Certification Board for Therapeutic Massage & Bodywork (NCBTMB). She has been a teaching assistant at the Baltimore School of Reflexology (Baltimore division), adjunct faculty for the Community College of Baltimore County, and served as Interim President of the Maryland Reflexology Association.

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