



Leader in Holistic Education, Wellness & Healthcare

*The Cayce/Reilly® School of Massotherapy Presents*

## BodyMind Awareness for Bodyworkers

Gifted healing practitioners know that the most effective work enlists the client in his or her or her own healing process, whether it is physical, emotional, or spiritual. Awareness and insight give clients the power to improve their well-being outside as well as inside the treatment room. Learn techniques to help your clients get “back in touch” with themselves through relaxation, breathing, visualization, and mindfulness; learn ways to respond when emotions surface through active listening and body focusing; learn how to facilitate your clients’ translation of the “treasure messages” carried in physical sensation; and give your clients techniques for identifying and amplifying wellness. For more information, visit Deborah’s website: [www.bodymindeast.com](http://www.bodymindeast.com)



**Date:** April 27 – 29, 2012

**Time:** Friday and Saturday,  
8:30 am – 6:30 pm  
Sunday 9 am – 6 pm

**Continuing Education Hours:** 25

**Approved for CE Hours:**  
NCBTMB & Florida

**Cost:** \$400 (\$350, if paid, in full, 30 days in advance)

**Materials Fee:** \$15. (charged by the school)

### ***No Prerequisites***

*(Satisfies Module I, Part 4, requirement for Jin Shin Do practitioner training)*

### **To Register:**

757-457-7134

[workshops@caycereilly.edu](mailto:workshops@caycereilly.edu)

[www.EdgarCayce.org/massageschool/CE](http://www.EdgarCayce.org/massageschool/CE)

### ***About the Presenter:***



**Deborah Valentine Smith, AOBTA® –CI, Dipl. ABT (NCCAOM), LMT**, has been a registered practitioner of Jin Shin Do® since 1979 and a registered teacher since 1983. She is a Certified Instructor with AOBTA, a diplomat in Asian Bodywork Therapy with the National Certification Commission for Acupuncture and Oriental Medicine and a licensed massage therapist in New York State. Deborah has taught on the faculty of the New York Open Center, the Connecticut Center for Massage therapy, the Meridian Shiatsu Institute and the Jin Shin Do Foundation Teacher Training Program. She is also a contributor to *The Complete Guide to Acupressure*, and is the Editor-in-Chief of *Pulse*, the national newsletter of the AOBTA. Deborah maintains a private practice in Wayne, PA and New York City.

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