Not only do the individuals within a Group; but each affiliated Group, as a whole, subscribes to these ideals and purposes:

- To show by practical application how each one may know his or her relationship to God within self and to all humankind
- To assist each individual to meditate and pray in an efficient and practical manner—not only alone, but in groups
- To provide a safe approach to soul growth and help each member to live a balanced life
- To inform each member about the broad areas of information that may be found in the Readings given through Edgar Cayce—information that will help to awaken each to a more spiritual/useful life.

The Study Group program has a spiritual purpose. Group work gradually brings recognition of personal responsibility, wherever one is. Each begins to require of self (rather than of others) understanding and obedience to spiritual law.

- We are here at this time because our eternal souls have need of certain experiences in the earth plane.
- Experiences are not “problems” but “opportunities” for a particular development of a soul’s needs.
- God is eager to work with us facing all opportunities.
- We need group support.

The most successful groups recognize that over-emphasis of ritual or dogma can impede the spiritual quest and usually agree on a set of principles.

- The primary purpose of each Group is to assist its members in knowing their relationship to their Creator and to become channels of love and service to others.
- Unity within the Group requires recognition of our oneness with all humankind, all creation, and with God.
- Group leadership rests with a loving God, not with a human master, leader, guru or teacher. Why look outside, the Readings say, when the master teacher is within?
- The only requirement for group membership is interest in researching the EC Readings, desire to apply these concepts in life’s circumstances, and a desire to cooperate in group study.