



Edgar Cayce's A.R.E.

Association for Research and Enlightenment, Inc.
215 67th Street, Virginia Beach, VA 23451-2061



**Prayer
and Meditation
Services**

January 2019



**Prayer and
Meditation Services**

A.R.E./Glad Helpers'
International Prayer List

Dear Prayer Healing Friends,

Hugh Lynn Cayce, then Chairman of the A.R.E. Board of Trustees and a well-known and loved speaker, gave this talk on death and rebirth. His extensive knowledge of the material that came through his father made him both highly interesting and informative. Please enjoy this fourth installment.

In Love and Light,

Karen Boldt
Prayer and Meditation Services

THE FIRST TEN MINUTES AFTER DEATH: Hugh Lynn Cayce

Or, to think of it in another way, consider the famous old water and steam business. When the water boils on your stove, it has changed but it's still there; it's changed its form. Now, in a sense, when we move we've turned loose of the flesh but not matter. We have a finer body, a real physical body, and that's the one that experiences in the beginning. Now a transition, it would seem (and we will gather this information from several different sources) is greatly dependent on the development, so to speak, of the individual—development, the understanding, the work that the individual has done in balancing his life, releasing, and turning loose.

The readings indicate that as in birth we have the beginning of an earthly sojourn—little or long timewise as it

may be—so birth into the spiritual plane begins with death in the earth plane; death, then, is merely the separation of the spiritual and soul forces from the earthly connection. In one reading Cayce states:

For life and death are one, and only those who will consider the experience as one may come to understand or comprehend what peace indeed means. (1977-1)

Some people have some understanding of dying, but many others don't. What strange business is this fear of death, this fear of destruction, this tremendous fear that haunts man about his transition? Where is he going? What's next? So this peace



AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.



The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list—creating a cooperative prayer effort. In the giving comes the receiving.

A.R.E. Prayer and Meditation Services

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EdgarCayce.org/prayer • prayer@edgarcayce.org

Request for Healing Prayer for the February List		<i>Thank you! Your donations completely support this service.</i>	
PRAY WITH: FIRST _____ MIDDLE _____ LAST _____		<input type="checkbox"/> I am enclosing a \$ _____ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below. <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard <input type="checkbox"/> AMEX <input type="checkbox"/> Discover Card Number _____ Expiration Date: _____ / _____ Signature: _____	
SEND LIST TO: NAME _____ ADDRESS _____			
CITY _____ STATE _____ ZIP _____			
*E-MAIL _____			
<input type="checkbox"/> I want to help save money! Please sign me up to receive the list via e-mail*.			
<p>PRAYER TIME:</p> <input type="checkbox"/> MORNING <input type="checkbox"/> SURROUND (Those in need, but who are unable or unwilling to participate). Note: Name will not be printed on list, but the individuals will be prayed for each day. <input type="checkbox"/> NOON <input type="checkbox"/> SUNSET <input type="checkbox"/> EVENING <input type="checkbox"/> DECEASED		<div style="text-align: right;">2019PMNL</div>	
<p>You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. You must renew your name each month.</p>			

January 2019 Affirmation

“Let thy Love ... be more and more a part of my daily life ...” (281-35)

Cont. from page 1

is worth striving for, worth working both with your concepts and with your experiences, if you will, because we need a little peace inside and outside and all around us, as you well know.

Here is an illustration, a simile, to work with. A very common denominator for us all is sleep.

... sleep is a shadow of, that intermission in earth's experiences of, that state called death ... (5754-1)

Sleep. A third of our physical lives is spent in sleep, in an altered state of consciousness. With this simile, then, we have a way of understanding this transition called death,

this experience. It is like sleep. Now, let's look for a moment at the experiences of transition. What takes place immediately after we die? We need first to look at some of the readings and then some experiences.

What one thinks continually, they become; what one cherishes in their heart and mind they make a part of the pulsation of their heart, through their own blood cells, and build in their own physical, that which its spirit and soul must feed upon, and that with which it will be possessed, when it passes into the realm for which the other experiences of what it has gained here in the physical plane, must be used. (3744-5)

MORNING

Betty R. Abbott	Cheryl Lorraine Evans	Vincent Malone	Steven Roland
Akshat Agrawal	Alteo Falla	Richard Marshall	Maria Rudder
Manju Agrawal	Joseph John Ganibe	Stacy Marshall	Devon Sappleton
Juan Aguilar	Christian Gerard	Joshua Martin II	Judith Scudder
Maria Argyriou	Neva Gillum	Mary McCulloch	Jamnaben Shah
Diane Bargonetti	Jill Harmer	Kathaleen McKenna	Keval Shah
Steve Bargonetti	Jim Hayden	John McWilliams	Upendra Shah
Edward Bernabe	Romex Deville Hines II	Julius Mezon	Nick Slavin
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Louise Bovey	Anna Lopez Iglesia	Remington Miles	Dan Sasson Soussa
Faith Bray	Alexia Jackson	Fred Thomas Miller	Penny Ann Soussa
Mary Braybrooks	Aurolyn Jackson	Gregory Thomas Miller	Nova Spivack
Jason Brown	Michele G. Jaehrling	Iris Miller	Frederick E Steinway
Cathleen Carlin	Henry Jarrette	Nikkie Jimas Miller	Carolyn Thewlis
Kate Carmer	Alvah Jeter	Elaine Morgan	Anton Toutov
Cindi Carroll	Frances Ann Jones-Slaughter	Megan Morkus	Jezire Tyler
Bethany Cates	Barbara Ann Joseph	Patricia Morkus	Lucy Tyrrell
Ravi Anthony Chankar	Susan Keiser	Vibeke Mortensen	Oliver Finn Tyrrell
John Cinelli	Jonathan Kelly	Richard J. Mycka	Sue Walkup
Judy Cochran	Kathleen Kelly	Winnie H. Mycka	Dolores Wellman
Rachel Cohn	Tara Kelly	Barbara Myers	William Wellman
Shirley L. Cohn	Tom Kelly	Thomas George Nawrocki	William F. Wellman, Jr.
Hannah Elizabeth Cohn	William Kempen	Clara Norsworthy	Meghan Willis
Helaine L. Cohn	Sandra Kistler-Connolly	William Alexander Openshaw	Ellie Witham
Bridget Currington	Pamela Krommendyk	Katherine A. Orey	Jackie Wolfe
Prayer Rose Currinton	Marina Kurkov	Kim Terese Phetteplace	Beth Woolf
Wayne F. Curtis, Sr.	Maria Luisa Lamoste	Eric Poe	Sam Woolf
Angelique Davis	Tess Logan	Rene Prozinski	Elizabeth Woolf
Alícia DeBord	David Malcolm Luke	Charlotte Ratushny	Madeline Woolf
Miriam Duenas	Alicia Malone	Gregory Ratushny	Connie Lynne Wright
Nathalie Dufault-Beaulieu	Christopher Malone	Hayden Mark Ratushny	John Yasenchak
Damari Duran	Cora Malone	Tommy Ratushny	Margaret Yasenchak
Barbara Eckert	Kim Malone	Vanessa Prozinski	Lenora Zipay
Camille Edwards	Makaylah Malone	Karen D. Robinson	Barbara Zoeckler
Donna Ehret	Naimah Malone	Jerry Rocco	
Torben Elmoe	Thakai Malone-Fuller	Dianne Roland	

NOON

Alex Bernabe	John Gilbert	Sarah Kabre	Jan Reid
Brian Birckbichler	Marshall Gillitie	Sue Kabre	Lauren Renihan
Lloyd Blackwood	Amirah Green	Kathy Kelly	Nell Rios
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Ileana Brito	Nancy T. Hastings	Russell Kiviniemi	Coty Sayers
Angela Bruce	Pierre Hebert	Lily Lightbridge	Linda Turrill Sayers
Lea Laura Carlson	Frances Hicks	Jack Lochore	Shane Sayers
Rocio Carro	Willie Hicks	Carol Murray	Christopher Talbott
Marilyn Danner	Hanifee Holman	Tom Murray	Shirley Vaughn
John Davis	Martha Holman	Patti Myntti	Tony Winter
Karen Davis	Naomi Holman	Carolyn Nuin	
Shirley Galespi	Paul Holman	Steve Nuin	
David Gilbert	Emily Jokela	John Harry Osborn	

SUNSET

Gabriele Acerbi
Angie Ahajdo
Banu Alpaslan
Selmo Alpaslan
Guido Ferruccio Arrighi
Dolores Bellodi
Elisabetta Bersani
Beatrice Bonetti
Leonardo Borroni
Giuseppa Ciarmoli

Cory Cohen
Tommaso De Nisco
Marina Ercole
Nicolo' Evangelista
Salvatore Evangelista
Carole Finger
Ombretta Fugazzotto
Giuseppina Gaggero
Alison Parker Hedrick
Jerry Hedrick

Harry Holmes
Ciro Inno
Gianluca Inno
Bruna Macario
Maria Cristina Mauri
Maririta Mittleholzer
Virginia Parker
Martino Parodi
Simona Piera Maria Pasino
Antonella Pedicelli

Pierfrancesco Pellegrino
Giovanna Pera
Sabrina Preti
Jennifer Puente
Roger Alecio Rodrigues Rieffel
Mariella Saldi
Crystal Whitehead Kraut

EVENING

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Rick Anderson
Berti Baker
Elizabeth Ann Belanger
Randy Bell
Sherlee Bernabe
Ed Bock
Carl D. Booth
Debbie Boulger
Cathy Boulton
Ken Boulton
Donald J. Brown
Kathleen M. Brown
Launn Busch
Richard Busch
Linda Caputto
Peter Caputto
Ann Carricato
David Carver
Jeami R. Chiapulis
Susanne Collins
Mary Concannon
Rosalie Cooper
Wayne Curtis, Jr.
Chris Dougherty

Bobby Druther
Joan Easton Marchese
Zack Fortuna
James Geoghegan
Steve Giacomazzi
Melisa Jane Ann Gibson
Rochelle Gray
Diane Caccia Gregory
Tom Hardy
Angela Harper
Maddie Hayes
Robert Herbst
Anna Hill
Jeremy Hill
Pueno Italiani
Jeffrey Allen Johnson
Amanda Jordan
Anthony Jordan
Bob Jordan
Justin Jordan
Linda Jordan
Matt Jordan
Sandra Jordan
Sheila Jordan
Teresa Jordan

William Jordan
Jim Kelly
Evelyn Koller
Tish Kronen-Gluck
Jane Latine
June M. Latine
Davina Leach
Janalynn Martens
Mary Ann McKenzie
Catherine Merchand
Joan M. Meyers
Deborah Michels
Laura Miller
Ruben Miller
Roy Moore
Terry Moore
Thad Morrison
Dave Munganest
Kirk Nelson
Björn Nieth
Daniel Kevin Noonan
Hailey Noonan
Jennifer S. Peiffer
Lance Penkus
Karen Penniman

Christopher Adam Phanpradith
JoAn Pruyne
John Jack Rauert
Maria Ross
Lynn Rusk
Innocent Sano Bushayija
Mich Santoro
Deepa Sathyan
Larry Shoemaker
John T. Snead
David Spencer
Evelyn Ann Springs
Catherine Sveikauskas
Leo Sveikauskas
Glenda Swanson
Bill Switzer
Paul Urbanak
Johanna van de Ven
Maria Wey
Lucus Whalen
Scott Wheeler
Jim Willits
Brett Young

PASSED ON

**Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland.
May I aid, when Thou seest that Thou canst use me. (281-15)**

Dale Anderson
Janis M. Anderson
Judy Lynn Miller April
Giancarlo Attolini
Annette Baldwin
Debra Barnard
Barbra Bentley
Robert Bergland
Carla Bierman
Jill Billings
Robert Braybrooks
George Buchelli
Marilyn Johnson Burn
Bart Byrne
Norah Byrne
Ann Byrne Mastrogiorgio
Andrew Callan

Pam Van Dusen Carpenter
Bob Clapp
Zsolti Farkas
Bonnie Fontaine
Robert J. Grant
Kenneth Gray
Frederick Beresford Hackett II
Jayne M. Harrington
John W. Harrington
Mostafa Heidarzade
Payam Heidarzade
Caroline Rose Hunt
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Cheryl Jenkins
Dinora Jimenez
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Frances Lloyd
Lucille Marcus
Rene Martinez
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Carol Merchand
Piera Mussi
Gordan Allen Neff
Francis Thomas O'Connor
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Gordon Wayne Phetteplace
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Allen Robinson, Sr.
Lynda Rygmyr
Jimmy Sands
Louis Sattin
Tina Sattin
Lisa Scheuermann
James Scott
Betty Spencer
Robert Glenn Talley
Graciella Unanue
Joseph Lee Walker
Helen Ward

Father, we pray that those left behind might feel the peace and the comfort of your presence and release their loved ones into your waiting arms. (Theresa Cole)