Frequently Asked Questions about Headquarters Conferences

Please note: A.R.E. Headquarters campus and grounds are a smoke-free campus.

- Do I need to register in advance?
  - In order to ensure a seat at the program, it is best to register in advance. Some programs have limited enrollment and can sell out. In addition, most programs have a higher fee for “at-door” registrations.

- How can I register?
  - By phone: 800-333-4499 or 757-428-3588 x0
  - By mail to: Conference Registrar, A.R.E. Headquarters Conferences, 215 67th St., Virginia Beach, Va., 23451 and give name of conference, member ID#, and customer code. Make check payable to “A.R.E.”
  - Online: Click on the registration link for the program you are attending.
  - By cash: You may pay cash at the door as space allows. Please do not send cash through the mail.
  - At-door: We highly recommend advance registration. However, you can register at the door as space allows and pay by cash, check, or credit card. Most programs have a higher tuition for at-door registrations.

  Registration Confirmation:
  - By Online, Phone, or Mail: A confirmation will be emailed to you. You’ll receive a name badge and any other conference materials in person at registration check-in the day of the program.

- I registered online. Will I receive an e-mail confirmation?
  - Yes. You will also receive a registration confirmation by email. You’ll receive an attendee packet, name badge, and other materials in person at registration check-in the day of the program.

- Will I receive a packet of materials by mail?
  - You will receive a registration confirmation by email. You’ll receive an attendee packet, name badge, and other materials in person at registration check-in the day of the program.

- Where are the conferences held?
  - Conferences are held in the A.R.E. Headquarters Visitor Center in the Main Auditorium, on our campus in Virginia Beach. For Field Conferences, venues vary by city and program.

- Where do I check in for the conference once I arrive at the A.R.E.?
  - Registration is held in the Visitor’s Center. You will receive a packet and name badge at check-in.

- Do I need a ticket?
  - You’ll receive a registration confirmation by email; it is not necessary to bring it with you. Your name badge is your “admission” and it will be given to you in person at registration check-in at the start of the program. Please wear it at all times, including when returning from breaks.

(continues below)
Frequently Asked Questions about Headquarters Conferences

**How will I be notified if a program is cancelled?**
- Program changes and notifications will be sent to registrants via e-mail, so please be sure we have your current e-mail on file and check it before you depart. Should A.R.E. deem it necessary to cancel or postpone a conference due to speaker cancellation, extreme weather conditions, or other unforeseeable event, A.R.E. bares no responsibility for attendee expenses other than a refund of registered attendees’ program tuition. Please see our website for the latest updates and changes.
- Please note that if extreme weather occurs the day a program starts, or during the course of the program, A.R.E. may make adjustments to the program hours or may cancel the program for the safety of attendees and staff. We recommend calling the A.R.E.’s main phone line at 757-428-3588 for weather updates in this scenario.
- We recommend travel insurance for your peace of mind. Consult a travel agent for details.

**I need to cancel. Can I get a refund?**
- For most programs, you may receive a full refund or credit toward another conference. Some programs incur a processing fee and/or forfeiture of deposit. Refunds for cancellations after the event or for “no shows” may be charged a processing fee. Refund requests must be made within ten days of the end of the program. See individual program registration pages for details.

**What are the directions to get to A.R.E.?**
- **PLEASE NOTE** If you are driving to the A.R.E. coming from the north using Interstate 64 and passing though the Hampton Road Bridge Tunnel, be advised to expect a back-up at the Tunnel of at least 45 minutes or more at any time of day, but especially at rush hour and on Fridays. If you are driving on a Friday for a conference starting Friday night, please allow additional travel time.

**What is a Life Member program?**
- Certain programs are designated as “Life Member” programs. Registration for these programs is open to all members and non-members, however, A.R.E. Life Members may choose to redeem their Life Member Pass to attend. A.R.E. Life Members are eligible to attend one designated Life Member program per year at no additional cost.

**Do you issue CEU’s (Continuing Education Units) for your conferences?**
- No, A.R.E. does not issue CEU’s unless indicated on the brochure.

**Can I get a Certificate of Attendance or Certificate of Completion?**
- There is a $30 fee for a Certificate of Attendance or Completion for a conference that you have attended, unless stated otherwise in the course description. You will receive your certificate approximately three weeks after your request. This is not a Continuing Education Certificate (CEU).

**Can I get a printout of the schedule?**
- Once available, the daily schedule is posted online at EdgarCayce.org/conferences either on the brochure pdf or on the program’s schedule page. It is usually available 10 to 12 weeks in advance of the program date.

(continues)
Frequently Asked Questions about Headquarters Conferences

Page 3

• How do I get to the A.R.E.?
  o See “What are the directions to get to A.R.E.?” located on page two of this document.

• Where can I stay?
  o The Wyndham Virginia Beach is the closest hotel to A.R.E. They provide free parking and a free shuttle to the A.R.E. for some programs, plus a discounted rate for our conference attendees. All rooms include a refrigerator, hair dryer, and coffee maker. For hotel reservations, call 800-365-3032. Be sure to tell them you are attending an A.R.E. conference to receive the group rate. Please make your reservations early, since hotels in our area are often booked months in advance, and the Wyndham cannot guarantee a room fewer than four weeks prior to a conference. Additional lodging information is available here: EdgarCayce.org/accommodations.

  o Holiday Inn Express at 2607 Atlantic Ave., offers all oceanfront rooms with private balconies and free breakfast. Please make your reservations early; rates are available based on hotel availability. For hotel reservations, call 757-491-6900 and be sure to state that you are with the Edgar Cayce’s A.R.E. or use rate code “IXEFY” when booking your reservation.

  o Holiday Inn & Suites North Beach at 3900 Atlantic Avenue offers a courtesy discount to attendees for most conferences. To make reservations: call 1-866-456-3446 and reference the rate code “IXE1Y” or name Edgar Cayce’s A.R.E. or Use the booking link:

  o Here is a summary of what North Beach offers:
    • Virginia Beach Oceanfront Hotel with resort style amenities included with your rate
    • Located just 4 minutes from Edgar Cayce’s A.R.E.
    • Complimentary parking and WiFi
    • 3 on-site restaurants serving breakfast, lunch & dinner
    • 5 pool areas that includes an oceanfront pool, 2 waterslides, outdoor lazy river & indoor lazy river with two hot tubs
    • 48-seat movie theater
    • Kid’s Activities Center, where our two LIVE African tortoises Tink & Tonka live
    • 8,000 sq. feet of meeting space that accommodate up to 300 people

  o Active duty and retired military can access military accommodations directly across from the A.R.E. at 67th Street and Oceanfront by calling 877-628-9233 (877-NAVY-BED).

  o Alternate hotel and lodging information is available upon request.

• Is there a shuttle from the Wyndham Hotel to the A.R.E.?
  o The Wyndham hotel provides a free shuttle service to and from the A.R.E. for some conferences according to the conference schedule given to them by the Conferences team, including for lunch and dinner breaks. The hotel is about 10 blocks away from the A.R.E. Check with the hotel for details.
  o As of 2/2020, Hampton Roads Transit has a bus that runs hourly from across the street from the Wyndham to A.R.E. hourly. Check with the Wyndham for updates.

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• **What is the closest Airport?**
  o Norfolk International Airport is about 35 minutes west of Virginia Beach.

• **Is there a shuttle from the airport to local hotels?**
  o Shuttle services are available and average $55. Taxis and rental cars are also available. *(continues below)*

• **Where is the nearest campground?**
  o There are several campgrounds nearby. The most convenient is First Landing State Park on the Chesapeake Bay, located about five minutes from A.R.E. Contact the State Park at dcr.virginia.gov/state-parks for more information and reservations.

• **What type of clothing should I bring?**
  o In Virginia Beach, temperatures vary from generally cool winters to hot summers. To make sure you are comfortable during the program itself, it is a good idea to wear comfortable, layered clothing.

• **Can I bring my own water and snacks?**
  o You can, but water and other beverages and light refreshments are provided during program breaks and also are available for purchase in our bookstore and in our new Cayce-Miller Café. There is also

• **Is there a lunch service?**
  o Lunches can be purchased in our new Graze Kitchen restaurant in the Cayce-Miller Café. The seasonal menus at Graze Kitchen will reflect Chef Kilby’s passion for healthy southern-style food, prepared with fresh and locally sourced ingredients. She is committed to producing delicious, beautiful food, paired with exemplary service, and maintaining her commitment to being client-focused. The café hours are typically Monday-Saturday, 10 a.m. to 3:00 p.m. Hours may vary depending on conference schedule and other activities. You may call them directly at 757-457-7105.

  o Some programs also offer the option of ordering a boxed lunch for $15 at registration check-in from a special menu.

• **Can I eat all my meals in the new Graze Kitchen in the Cayce-Miller Café?**
  o Lunches can be purchased in our new Graze Kitchen in the Cayce-Miller Café. The café hours are currently Monday-Saturday, 10 a.m. to 3:00 p.m. Hours may vary depending on conference schedule and other activities.

• **What restaurants are close?**
  o We have a list of nearby restaurants at our front desk and at registration.

• **Do you provide child care services?**
  o No, we do not provide child care services. A limited number of A.R.E. Life Member events include a Youth Program option, which will be indicated in the program description.

• **Can I buy the speakers’ books at A.R.E.?**
  The A.R.E. Bookstore and Gift Shop, the region’s largest and most comprehensive metaphysical bookstore, carries books written by and recommended by our speakers as well as books from the A.R.E. Press catalog. They also carry thousands of other books, gifts, cards, jewelry, CDs, and DVDs. You can reach the Bookstore and Gift Shop by telephone at 800-333-4499 or 757-428-3588, extension 7231.
Registered conference attendees enjoy a 10 percent discount on all purchases made in the A.R.E. Bookstore and Gift Shop for the duration of the program by showing their valid attendee badge.

- Can I buy a recording of the lectures?
  - Most speakers have given us permission to record their presentations on CD and DVD. They are available for purchase to program attendees during the conference only. Some programs may be available as a live streaming event or on demand digital download. You can go to http://www.edgarcayce.org/online to view the available live streaming/on demand presentations.

- Where can I find a listing of Field Programs or A.R.E. Conferences near me?
  - On our website, under the “Events” tab, you will see a listing for “U.S. Conferences.” It will take you to listings for programs sponsored by A.R.E. HQ and our affiliates, or follow this link: http://www.edgarcayce.org/events/event-listings/conferences/us-conferences.

- What other activities can I enjoy while I’m at the A.R.E.?
  - As a registered conferee, for the duration of the conference, enjoy a 10 percent discount on all purchases at the A.R.E. Bookstore, one of the largest metaphysical book stores in the nation.
  - Enjoy the beautiful beach and Atlantic Ocean just across the street from the A.R.E.
  - Schedule a massage, steam, and other health treatments at our A.R.E. Health Center & Spa (1-800-333-4499, ext. 7280) or schedule online at A.R.E. Health Center and Spa.
  - Spend time in our metaphysical library, the largest of its kind in the U.S.
  - Enjoy our meditation room and garden, or relax with friends in our new Cayce-Miller Café.
  - Walk our beautiful labyrinth or our unique Bimini Road reflexology walkway.
  - Take advantage of the beautiful state park just three blocks from our center.
  - The Wyndham Hotel can arrange for bike rentals and other services for their guests.

- Where can I get more information about the Virginia Beach area?
  - The resort city of Virginia Beach and the surrounding Hampton Roads area provide many options for vacations and free time, including historic sites, parks, beaches, nature trails, bike paths, golf, concerts and festivals, and more. The City of Virginia Beach maintains up-to-date information on area activities at vbfun.com.

- Are A.R.E. Conferences available to view online?
  - A select number of conference presentations are available through our website live and on-demand. For a list of available and upcoming programs go to EdgarCayce.org/online.

PROGRAMS, speakers, and pricing are subject to change. Check our website for the latest updates.