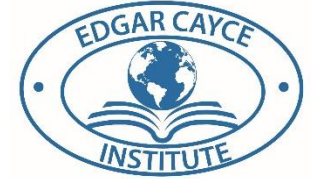




A.R.E. Professional Life Coaching Certificate Course with Peter Woodbury, MSW



TIME	Wednesday, April 21	Thursday, April 22	Friday, April 23	Saturday, April 24
Morning Sessions Begin at 9:00 am	<p style="text-align: center;">Orientation</p> <p>What is Life Coaching? What is the Cayce/Holistic Life Coaching Model? Understanding Patterns</p>	<p>Review of Homework Orientation to Resources Materials for this Course</p>	<p>Review of homework Dream Study & Interpretation</p>	<p>Review of homework Relationship Coaching</p>
	<p>Summary of Cayce on Purpose & Meaning of Life; Why We Are Here Types of Life Coaching What is Your Superpower!?</p>	<p>Holistic Life Coach Toolkit, Conducting Sessions outline, Suggestive Therapeutics scripts, and several others</p>	<p>Dream Study & Interpretation <i>Continued</i></p>	<p>Why people partner. How choices are made. Understanding karmic patterns in relationships.</p>
Noon -1p	Lunch Break/Free Time			
Afternoon Sessions Begin at 1:00 pm	<p>Why People Seek Life Coaching How to Orient People to Life Coaching & to Your Particular Model Assessing resources</p>	<p>Orientation to Suggestive Therapeutics/Hypnosis</p>	<p>Understanding Trauma, Suffering & Addiction</p>	<p>Health Coaching</p>
Day ends at 4 pm	<p>Use of Meditation, Prayer & Ideals in Life Coaching Mind is the Builder – The Power of Thoughts, of the Inner Voice Skill: Active Listening Homework Assignment</p>	<p>Intuition Development Skill: Journal keeping Homework Assignment</p>	<p>Skill: Compassion & Empathy Homework assignment</p>	<p>Continuing Education End of Training Program!</p>

Schedule subject to change based on class progression.

Absolutely no screen shots or recording of speaker presentations or slides. Thank you.