



Edgar Cayce's A.R.E.®

Your Body, Mind, Spirit Resource Since 1931



Into the Realm of Soul Consciousness: Science, Spirituality, and the Unlimited Mind

September 19, 2020

Presented in Cooperation with Atlantic University

Cayce's Gentle Stretches at Your Own Pace

Featuring JP Amonte, DC

Morning Exercises: <https://youtu.be/VX9F2wp-5oI>

Evening: <https://youtu.be/vrTS5CMhyO8>

Head & Neck: https://youtu.be/tuJE1YcV_8U

9:20-9:30 a.m.

Welcome and Orientation: Peter Woodbury MSW, Moderator

9:30-10:30 a.m.

The Life Review: Insights from the NDE for Mindful Living--Mark Thurston PhD

10:45-11:45 a.m.

Mind Over Matter--Dean Radin PhD

Noon-1:00 p.m.

Sensing the Animate World: Connecting with the Consciousness of Nature--
Robin Weeks PhD with Leigh Ann Holmes MA

1:00-1:30 p.m.: Break

1:30-2:30 p.m.

One Mind--Larry Dossey MD

2:45-3:45 p.m.

Opening to the Infinite: The Art and Science of Accessing Nonlocal Consciousness--
Stephen A. Schwartz

4:00-5:00 p.m.

Opening to the Infinite: Remote Viewing Exercise—Stephen A. Schwartz

Presentation times will be 45 minutes followed by 10-15 minutes of Q&A. End times are approximate.