



Edgar Cayce's A.R.E.®

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215 67th Street, Virginia Beach, VA 23451-2061

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**Prayer
and Meditation
Services**

July 2021



**Prayer and
Meditation Services**

A.R.E./Glad Helpers'
International Prayer List

Dear Prayer Healing Friends,

Please enjoy this selection from former Prayer Group Secretary, Nancy Edwards—"Spiritual Healing: What It Is and What It Isn't".

Thank you for your dedication to this Work knowing that "(Those) that would know the way must be oft in prayer, joyous prayer."(281-12) The Glad Helpers appreciate you being an integral part of this joyful service!

In Love and Light,

Karen Boldt

Prayer and Meditation Services

SPIRITUAL HEALING: WHAT IT IS AND WHAT IT ISN'T

By Nancy S. Edwards

What Spiritual Healing isn't:

It isn't a psychic reading—we go to psychics for that.

It isn't a chiropractic adjustment—we have chiropractors for that.

It isn't physical healing. Of the over 14,000 readings given by Edgar Cayce, there are many, many references to "mind is the builder, physical is the result." So, if we are concentrating on a physical healing, we have it in reverse. Spiritual Healing begins with the mind, and heals the whole person (mind, body, and soul). It can also heal that which was built in other lifetimes.

What Spiritual Healing is:

Two of the main components of Spiritual Healing are:

Meditation

Positive Affirmations

Before praying, or offering laying on of hands, the Glad Helpers first meditate. There are numerous reasons why people meditate. The Glad Helpers meditate to raise the consciousness of the Christ within themselves. The Cayce readings tell us that when this consciousness has been raised within us, it is also raised in others as we pray for them. (reading 281-7 is one of many that discuss this). Ideally, this consciousness of the Christ should be raised through all



AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.



The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list—creating a cooperative prayer effort. In the giving comes the receiving.

A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551

EdgarCayce.org/prayer • prayer@edgarcayce.org

Request for Healing Prayer for the August List			Thank you! Your donations completely support this service.		
PRAY WITH: _____			<input type="checkbox"/> I am enclosing a \$ _____ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below. <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard <input type="checkbox"/> AMEX <input type="checkbox"/> Discover Card Number _____ Expiration Date: _____ / _____ Signature: _____		
FIRST	MIDDLE	LAST			
SEND LIST TO: NAME _____					
ADDRESS _____					
CITY _____ STATE _____ ZIP _____					
*E-MAIL _____					
<input type="checkbox"/> I want to help save money! Please sign me up to receive the list via e-mail*.					
PRAYER TIME: <input type="checkbox"/> MORNING <input type="checkbox"/> SURROUND (Those in need, but who are unable or unwilling to participate). Note: Name will not be printed on list, but the individuals will be prayed for each day. <input type="checkbox"/> NOON <input type="checkbox"/> SUNSET <input type="checkbox"/> EVENING <input type="checkbox"/> DECEASED					
You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. You must renew your name each month.					

2021PL

July 2021 Affirmation

“Give contentment, O Lord, in peace—now . . . Give that love which I may . . . share with others.”
Edgar Cayce reading 281-56

Cont. from page 1

7 spiritual centers, culminating in the center of one's forehead (the pituitary center) with a burst of light. However, raising this consciousness beyond the lower centers is also helpful. For this reason, when offering laying on of hands, we always work from the lower centers upward.

Positive affirmations are given in the readings so that we may influence the subconscious mind. The subconscious is like a giant tape recorder, recording what we think, say, and do, and all that goes on around us, such as what we read, what we watch on television, what we see on our computers. The readings tell us that if we are not happy with what we have created with our minds, we can change it! Saying aloud, or to ourselves a positive affirmation until it gets into our subconscious mind is one way to change

our circumstances, i.e, physical concerns, economic situations, and even relationships. When it gets into our subconscious, it becomes a part of us.

We can also change through being in harmony with universal laws. Cayce lists a host of universal laws in the readings. Suffice it to say, they consist of: What we send out is what we receive back. A good book on Cayce and the universal laws, the one I have often referred to, is *Your Life: Why It Is the Way It Is and What You Can Do About It*, by Bruce McArthur.

Spiritual healing is a unique method of healing prayer, unlike that found in any other prayer group. Spiritual Healing has been given to us (Glad Helpers), and we need to honor it, value it, and make sure it is passed down to those who will come after us.

MORNING

Amy Adamy
Claudia Albers
Mike Andrich
Bernadette Avila
Ronnie Avila
Edna Baker
Sharon Bakken
Bruce Balincourt
Christina Barger
Diane Bargonetti
Steve Bargonetti
Bryna Bear
Lily Bible
Monica Antonia Bigelow
Bisram Boodram
Dhaneeram Boodram
Ganesh Boodram
John A. Buchelli
Maria Buchelli
Marianne C. Buchelli
Victor Buchelli
Cathleen Carlin
Bethany Cates
Jeami R. Chiapulis
Brenda Ann Clark
Diane Cleaver
Michaela Cole
Susanne Marcus Collins
Askia Cuff
William Cuff
Donna Lee Curry
Wayne F. Curtis, Sr.
Kelly Ann Darga
Linda Sue Darga
Zachery R. Darga
E-K Daufin
John Davis
Karen Davis
Annelise Dichmann
Miriam Duenas
Marlene Duet
Donna Ehret
Cheryl Lorraine Evans
Mike Floeck

Linda Frazer
Barbara Gelfrey
Jack Green
Brenda Hale
Jill Harmer
Teri Harris
James Joseph Hartman
Jean Kennedy Henry
Molly A. Horstman
Diane Houde
Maurice Houde
Bill Hughes
John Hughes
Judith Hurst
Brian Hyrne
Susan Hyrne
Alexia Jackson
Aurolyn Jackson
Ernest Jansson, Sr.
Khole Jefferson
Barbara Jelfrey
Sue Keiser
Jonathan Kelly
Kathleen Kelly
Tara Kelly
Tom Kelly
Sandra Lee Kistler-Connolly
Alexander Kuchegeshev
Anastasia Kuchegesheva
Anna Kuchegesheva
Marina Kurkov
Jade Mitchell Lara
James Leung
Tess Logan
Elena Loginova
Amarnath Maharaj
Jamoonie Maharaj
Barbara Anne Mallory
Richard Marshall
Stacy Marshall
Alicia Mazalouskas
Susan Coyle McChesney
Bill McCormick
Lloyd McGlinchey

Tiera McKinley
John McWilliams
Salvation Miles
Fred Thomas Miller
Nikkie Jimas Miller
Eleana Mitchell
Bob E. Montejo
Elaine Morgan
Vibeke Mortensen
Creeo Mutwa
Richard J. Mycka
Winnie H. Mycka
Mtemba Mzyece
Thomas George Nawrocki
Cathy Nelson
Bill Nettles
Kristi Noem
Dian Maraj Oatman
Donald Pasiak
Edward Paul
Courtney Peepie
Gianna Peepie
Jonathan Peepie
Tiffany Peepie
Elisabeth Pellarin
John Boyatt Phillips
Sally Boyatt Phillips
Willa Pinto
Diana Potts
Trenden Potts
Rene Prozinski
Vanessa Prozinski
Charlotte Ratushny
Gregory Ratushny
Hayden Ratushny
Vladmir Ratushny
Vernon Reitfelt
Lauren Renihan
Danne Roland
Steven Roland
Maria Rudder
Consuelo Salas
Ann Mona Sammy
Suzette Sapp

Cassi Sayers
Coty Sayers
Linda Turrill Sayers
Shane Sayers
Caryn Anne Schmidt
Lisa Schneider
Samantha Schneider
Sidney Schneider
Judith Scudder
Sophia Sharfstein
Thom Shelton
Scott Skinner
Michael Slavin
Nick Slavin
Won Slavin
Pat Smetck
Darwin Smith
Linda R. Smith
Phulawati Sookoo
Saraswati Sookoo
Penny Ann Soussa
John Springer
Lawrence Stevens
Philomena Sucharda
Stewart Swerdlow
Miky Lee Turrill
Lucy Tyrrell
Oliver Finn Tyrrell
Robin Vaclava
Sue Walkup
Jon Waller
Dolores Wellman
William F. Wellman, Jr.
Alonzo Whitney
Jill Austin Wickham
Sherilyn Ann Wigdahl
Todd Williams
Jackie Wolfe
Beth Woolf
Sam Woolf
Connie Lynne Wright
Charles James Wynn, Jr.
Rick Zapata

NOON

Jesse Alvarez
Marla Borg
Laura Broomfield
Diane Crawford
Gustavo Cuello
Christian Gerard
Comanche Gonzales
Priscilla Gonzalez
Lawrence Grobman
Mark Guzman
Mike Haman
Pierre Hebert
Allison Parker Hedrick

Jerry Hedrick
John A. Irving
Wallice Stephanie Johnsen
Kellee Johnson
Jimmie Jones
Nancy Jones
Robi Josephson
Ted Josephson
Shawn Kay
Kimberly LaChappel
Lucielle League
Jack Lochore
Rosalind Logan

Florence Loudon
Joseph Marinez
Kathy McLeod
Pat McLeod
Roy Moore
Joe Angel Navarrette
Hailey Noonan
Steve Nuin
Roger Puente
Arthur P. Rader
Stephanie Rader
Carol Anne Rafka
Alan Ramage

Marlon Ramirez
Nancy Eva Reese
Carol Rippetoe
Jason Ryder
Afsin Sargin
Alin Sargin
Sebnam Sargin
Marlene Tanner
Rita Vonn Prater
Paul Ward

SUNSET

April Corvin Ahmed
Moustafa Ahmed
Kimberly Alberts
Ryan Gabriel Amelao Rodriguez
Guido Ferruccio Arrighi
Elisabetta Bersani
Beatrice Bonetti
Leonardo Borroni
Giuseppa Ciarmoli
Marina Ercole
Nicolo' Evangelista
Salvatore Evangelista
Susan Farlow
Carol Finger

Ombretta Fugazzotto
Giuseppina Gaggero
Barbara J. Gauger
Dianna Perilla Godwin
Saffet Guler
Nancy T. Hastings
Georgina Holland-Browne
Harry Holmes
Brigitte Houde
Sandra Houston
Anna Lopez Iglesia
Ciro Inno
Gianluca Inno
Marilyn Kai Jewett

Phyllis A. Kesti
Michael Lohse
Bruna Macario
Roberta Maffei
Maria Cristina Mauri
James Paul McCloud
Louise McCloud
Ashley Murphy
Judi Murphy
Katie Murphy
Michael Murphy
Martino Parodi
Simona Piera Maria Pasino
Antonella Pedicelli

Pierfrancesco Pellegrino
Giovanna Pera
Sabrina Preti
Sigurd Quasbarth
Noah Raffini
Roger Alecio Rodrigues Rieffel
Karen Robinson
Mariella Saldi
Aura Celeste Selmani
Terry Swoveland
Edilia Trolese

EVENING

Frank N. Angiulli, Jr.
Marie Rose Angiulli
Kim Auman
Richard Baker
Elizabeth Ann Belanger
Karen Lee Boldt
Carl D. Booth
Renee Branch
Luann Busch
Richard Busch
Linda Caputto
Pat Caputto
Hugh Carlson
Roy Carlson
Sean Carlson
Teresa Carmelino
David Carver
Lawrence A. Cherelli
James Michael Cline
Judith Ann Cook
John Curtis

Nora Curtis
Wayne Curtis, Jr.
Kimberly Ann DeLima
Chris Dougherty
Sue Dougherty
Bobby Druther
Meghann Dunagan
Paul David Dunagan
Debbie Eng
Betty Ann Farrow
Beth Fernandez
Curtiss Gemming
Mary Gemming
James Geoghegan
Rochelle Gray
Maria Grace Gurrieri
Barbara Ann Hall
Robert Hanus
Donna Herman
Carol Herrmann
Diane Howard

Michael Howard
Becky L. Hrabovsky
Pueno Italiani
Parthenia Izzard
Louise Izzo
Michael Izzo
Sandra Jordan
Keli Kitchen
Kathleen Kot
Breanna Lane
Terri Lynn Lesser
Nathan Lomax
Serenity Lomax
Jolantha Malone
Janalynn Martens
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Debbie Shanks
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Frederick E. Steinway
Catherine Sveikauskas
George Wesley Thoroughgood
Jordan Vira
Rosa Walters
Lucus Whalen
Marcus Whalen
Pierre Zgheib
Theresa Zgheib

PASSED ON

**Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland.
May I aid, when Thou seest that Thou canst use me. (281-15)**

Robert P. Alexander
Graham Allen
Alyssa Altobelli
Jon Altobelli
Keri Altobelli
Garry Anderson
Sue Anderson
Manolo Arguelles
Agnes Asendorf
Adriana Avila
Arianna Avila
Danielle Balfour
Elgin Baylor
Mary Becker
Lucille Bedunah
Ray Bedunah
Stephen Ray Bedunah
Susan Blum
Alyanni Boekhout
Bhola Mohip Boodram
Sadie Sarkin Borowsky
Chadwick Boseman
Marie Boswell
Lou Brock
Kobe Bryant
Gianna Bryant
George Buchelli
Juanita Maria Buchelli
Victor M Buchelli, Sr.
Betty Burns
Alexander Duncan Cameron
David Carney
Payton Chester
Melanie Amber Coleman
Betty Collins
Alice Colucci
Judy Connolly
Louis Connolly
Francis Considine

Alexander Cook
Mary Lou Alberta Cook
William Cook
David Cuedevack
Akilah Cuff
Prayer Rose Currinton
Dorian Danchig
Robert Deischer
Patricia Diehl
Clio Dixon
Marjorie Dolan
Joseph A. Dorta
Alex Duenas
Jean Dumotier
Shernetta Dunmore
Reginald Preston Dyer, Jr.
Edward Lev Easton
Timothy D. Edwards
Mark Epps
Lee Evans
Sylvia Lucille Evans
Richard Farinato
Nick Fecci
Jake Fernandez
George Floyd
George Frangou
Stanton Friedman
Marvin Gant
Delice Ghezzi
Carol Gironda
Joan Grasser
Kenneth Gray
Paxton Haili
Jimmy Inn
Jennifer Jaworoski
Monica Joan Jefferson
Dinora Jimenez
Ernst-Adolf Käsela
Brad Keiser

Wayne Keiser
Yaphet Kotto
Colleen Kover
Frank Kover
Ram Lagan
Maribel Andino Lagos
Patty Lazzeri
Lola Vera Loginova
Alanjandria Lopez
Lucia Elena Maksimiuk
Farkhunda Malikzada
Ronald John David Mallory
Trayvon Martin
Rene Martinez
Christina Mauser
Caden McWilliams
Kassie Melwood
Josephine Miller
Jane Moody
Paul Mooney
Carl Moore
Robert Murphy
Doug Myers
Francesco Nazzari
Edna Norkus
Virginia O'Byran
Joe Pallocouitch
Sharon Pawlak
Margie Payton-Boswell
Mark Phillips
Dwayne Pierzina
Raul Rekow
Anne Sarkin Russell
Carl Russell
Juan Enrique Salas
Jimmy Sands
Tina Sattin
Giorgio Savio
Gerd Schomaker

Carol Seales
Jeffrey Cook Selover
Barbara Slade
Dan Sasson Soussa
Ruth Ann Specht
Nathaniel Spellman
Ruth Spellman
Robert Stanton
Alonzo Staton, Jr.
Alonzo Staton, Sr.
Mas Sumida
Zorro Sumida
Taryn Summers
Antonio Teixeira
James Thomas
Mildred Todd
Anastasios Tsako
Cecily Tyson
John Valenzuela
Edward Van Halen
Renzo Angelo Vattuone
Douglas Turner Ward
Helen White
John Wilcher
Peter Wilkinson
Jerry Lyle Willits
Mary Wilson
Diane Wirtz
Madeline Woolf
Hattie Wright
Robert Arnold Wyman
Gertrude Wynn-Cummings
Carrie Wynn-Johnson
Joan M. York
Ara Zobayan

**Father, we pray that those left behind might feel the peace and the comfort of your presence and
release their loved ones into your waiting arms. (Theresa Cole)**