



Edgar Cayce's A.R.E.®

Your Body, Mind, Spirit Resource Since 1931

215 67th Street, Virginia Beach, VA 23451-2061

EdgarCayce.org



August 2021



Prayer and Meditation Services

A.R.E./Glad Helpers'
International Prayer List

Dear Prayer Healing Friends,

Reading 281-13 was given to the Glad Helpers on November 19, 1932. The prompt was to "give, in a clear, concise, understandable manner just how an individual may meditate, or pray, without the effort disturbing the mental or physical body. If this can be given in a general manner, outline it for us." Over the next couple of months, we will explore the response.

Thank you for your dedication to this Work knowing that "(Those) that would know the way must be off in prayer, joyous prayer." (281-12) The Glad Helpers appreciate you being an integral part of this joyful service!

In Love and Light,

Karen Boldt

Prayer and Meditation Services

Edgar Cayce reading 281-13

Edgar Cayce:

Yes, we have the work, the information that has been and that may be given from time to time; especially that in reference to meditation and prayer.

First, in considering such, it would be well to analyze that difference (that is not always understood) between meditation and prayer.

As it has been defined or given in an illustrated manner by the Great Teacher, prayer is the MAKING of one's conscious self more in attune with the

spiritual forces that may manifest in a material world, and is ORDINARILY given as a COOPERATIVE experience of MANY individuals when all are asked to come in one accord and one mind; or, as was illustrated by:

Be not as the Pharisees, who love to be seen of men, who make long dissertation or prayer to be heard of men. They IMMEDIATELY have their reward in the physical-mental mind.

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AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.



The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list—creating a cooperative prayer effort. In the giving comes the receiving.

A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551

EdgarCayce.org/prayer • prayer@edgarcayce.org

Request for Healing Prayer for the September List			Thank you! Your donations completely support this service.		
PRAY WITH: _____			<input type="checkbox"/> I am enclosing a \$ _____ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below. <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard <input type="checkbox"/> AMEX <input type="checkbox"/> Discover Card Number _____ Expiration Date: _____ / _____ Signature: _____		
FIRST	MIDDLE	LAST			
SEND LIST TO: NAME _____					
ADDRESS _____					
CITY _____ STATE _____ ZIP _____					
*E-MAIL _____					
<input type="checkbox"/> I want to help save money! Please sign me up to receive the list via e-mail*.					
PRAYER TIME: <input type="checkbox"/> MORNING <input type="checkbox"/> SURROUND (Those in need, but who are unable or unwilling to participate). Note: Name will not be printed on list, but the individuals will be prayed for each day. <input type="checkbox"/> NOON <input type="checkbox"/> SUNSET <input type="checkbox"/> EVENING <input type="checkbox"/> DECEASED					
You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. You must renew your name each month.					

2021PL

August 2021 Affirmation

“May there now be that consciousness of His presence which will bring that necessary for the awakening of the healing in my body.”

Edgar Cayce reading 281-14

Cont. from page 1

Be rather as he that entered the temple and not so much as lifting his eyes, smote his breast and said, “God be merciful to me a sinner!”

Which man was justified, this man or he that stood to be seen of men and thanked God he was not as other men, that he paid his tithes, that he did the services required in the temple, that he stood in awe of no one, he was not even as this heathen who in an uncouth manner, not with washed hands, not with shaven face attempted to reach the throne of grace?

Here we have drawn for us a comparison in

prayer: That which may be the pouring out of the personality of the individual, or a group who enter in for the purpose of either outward show to be seen of men; or that enter in even as in the closet of one's inner self and pours out self that the inner man may be filled with the Spirit of the Father in His merciful kindness to men.

Now draw the comparisons for meditation: Meditation, then, is prayer, but is prayer from WITHIN the INNER self, and partakes not only of the physical inner man but the soul that is aroused by the spirit of man from within.

MORNING

Claudia Albers	Marlene Duet	Kathy Luciano	Cassi Sayers
Chris Andersen	David Edward	Barbara Anne Mallory	Coty Sayers
Bernadette Avila	Donna Ehret	John McWilliams	Linda Turrill Sayers
Ronnie Avila	Cheryl Lorraine Evans	Brenda Mignardi	Shane Sayers
Megan Bailey	Davona Filby	Salvation Miles	Caryn Anne Schmidt
Edna Baker	Barbara Gelfrey	Fred Thomas Miller	Lisa Schneiter
Robert Barney	Jill Harmer	Gregory Thomas Miller	Samantha Schneiter
Rose Baschuk	Teri Harris	Nikkie Jimas Miller	Sidney Schneiter
Monica Antonia Bigelow	James Joseph Hartman	Eleana Mitchell	Michele Shedd
Barbara Boyle	Joyce Hayes	Sean Moore	Darwin Smith
Lynne Roberts Broderius	Cheri Holt	Les M. Morrison	Linda R. Smith
Robert Broderius	Molly A. Horstman	Vibeke Mortensen	Sonja Smith
John A. Buchelli	John Hughes	Lori Moseley	Penny Ann Soussa
Maria Buchelli	Alexia Jackson	Creeo Mutwa	Hazrah Spring-Leahy
Marianne C. Buchelli	Aurolyn Jackson	Richard J. Mycka	Philomena Sucharda
Victor Buchelli	Mary Anne Jackson	Winnie H. Mycka	Stewart Swerdlow
Susie Cantrell	Khole Jefferson	Thomas George Nawrocki	Carolyn Thewlis
Cathleen Carlin	Barbara Jelfrey	Bill Nettles	Miky Lee Turrill
Mary Carpenter	Jonathan Kelly	Donald Pasiak	Domenic Visocchi
Jeami R. Chiapulis	Kathleen Kelly	Rita Patin	Sue Walkup
Brenda Ann Clark	Tara Kelly	Willa Pinto	Dolores Wellman
Steven Clarke	Tom Kelly	Diana Potts	William F. Wellman, Jr.
Askia Cuff	Sandra Lee Kistler-Connolly	Trenden Potts	Jill Austin Wickham
William Cuff	Kathy Kliclouris	Lauren Renihan	Todd Williams
Wayne F. Curtis, Sr.	Dorothy Lalonde	Jim Richardson	Bonnie Willow
John Davis	Jade Mitchell Lara	Angel Ritter	Connie Lynne Wright
Karen Davis	James Leung	Maria Rudder	Charles James Wynn, Jr.
Annelise Dichmann	Tess Logan	Consuelo Salas	
Miriam Duenas	TeZa Lord	Suzette Sapp	

NOON

Paul Aguilar	Christian Gerard	Kellee Johnson	Rebecca Ritter
Laura Broomfield	Donavan Gibson	Phyllis A. Kesti	Holly Saner
Rochelle Carney	Caren Grobbel	Ion Low	Vicente Cuquerella Soro
Patrick Curiel	Pierre Hebert	Steve Nuin	Leland Sumida
Flemming Dichmann	Allison Parker Hedrick	Roger Puente	Amanda Van Hoesen
Katherine Fernandez	Jerry Hedrick	Carol Anne Rafka	Rita Vonn Prater

SUNSET

Maria Elisabeth Almeida	Salvatore Evangelista	Marilyn Kai Jewett	Simona Piera Maria Pasino
Ryan Gabriel Armelao Rodriguez	Susan Farlow	Bruna Macario	Pierfrancesco Pellegrino
Guido Ferruccio Arrighi	Carol Finger	Roberta Maffei	Giovanna Pera
Jose Augusto	Ombretta Fugazzotto	Maria Cristina Mauri	Sabrina Preti
Elisabetta Bersani	Giuseppina Gaggero	James Paul McCloud	Noah Raffini
Beatrice Bonetti	Barbara J. Gauger	Louise McCloud	Roger Alecio Rodrigues Rieffel
Leonardo Borroni	Nancy T. Hastings	Jeffrey Middleton	Mariella Saldi
Roy Bruce	Harry Holmes	Judi Murphy	Aura Celeste Selmani
Giuseppa Ciarmoli	Anna Lopez Iglesia	Katie Murphy	Edilia Trolese
Marina Ercole	Ciro Inno	Michael Murphy	
Nicolo' Evangelista	Gianluca Inno	Martino Parodi	

EVENING

Mira Ajvaz	Chris Dougherty	Jeremy Hill	Rhodes Pinto
Richard Anderson	Meghann Dunagan	Becky L. Hrabovsky	Amanda Rivera
Richard Baker	Paul David Dunagan	Pueno Italiani	Steven J. Rizzo
Elizabeth Ann Belanger	Debbie Eng	Louise Izzo	Dorean Romero
Sheliah Bellow	Emmitt Evans	Michael Izzo	Larry Schumaker
Ed Bock	Martha Evans	Rembrandt Jackson	Rose Schumaker
Karen Lee Boldt	Valerie Evans	Ellen Jeske	John T. Snead
Carl D. Booth	Gail Fairbanks	Kristin Johnson	Frederick E Steinway
Renee Branch	Beth Fernandez	Keli Kitchen	Catherine Sveikauskas
Margaret Brennan	Owen Ferrell	Kathleen Kot	Richard Tarok
Jean M. Brewer	Curtiss Gemming	Terri Lynn Lesser	George Wesley Thoroughgood
Luann Busch	Mary Gemming	Nathan Lomax	Jordan Vira
Richard Busch	James Geoghegan	Serenity Lomax	Christine Ann Wellenstein
Teresa Carmelino	Steve Giacomazzi	Steve Luhoway	Bill Wessler
David Carver	Ricardo Goncalves	Janalynn Martens	Lucus Whalen
Judith Ann Cook	Rochelle Gray	William McConnell	Jim Willits
John Curtis	Barbara Ann Hall	Catherine Merchand	Pierre Zgheib
Nora Curtis	Robert Hanus	Karen Joann Methner	Theresa Zgheib
Wayne Curtis, Jr.	Tess Herico	Peggy Nettles	
Dorothy DeJonge	Donna Herman	Thomas Francis O'Connor	
Philippe Delflache	Carol Herrmann	Cecil Percy	

PASSED ON

**Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland.
May I aid, when Thou seest that Thou canst use me. (281-15)**

Mary Lou Alberta Cook	William Cook	Wilfred Large	Gerd Schomaker
Robert P. Alexander	Delesta Cross	Patty Lazzeri	Carol Seales
Edward Alferes	David Cuedevack	Jane Lego	Gladys Smith
Alyssa Altobelli	Akilah Cuff	Paul Little	Dan Sasson Soussa
Jon Altobelli	Robert Deischer	Alanjandria Lopez	Ruth Ann Specht
Keri Altobelli	Alex Duenas	Farkhunda Malikzada	Nathaniel Spellman
Gigi Alohilani Amundson	Shernetta Dunmore	Ronald John David Mallory	Ruth Spellman
Garry Anderson	Reginald Preston Dyer, Jr.	Ed Marscheider	Robert Stanton
Sue Anderson	Geraldine Edward	Regina Marscheider	Bernadine Starken
Manolo Arguelles	Ira Edward	Trayvon Martin	Mas Sumida
Adriana Avila	Timothy D. Edwards	Rene Martinez	Zorro Sumida
Arianna Avila	Jeanette Elliott	Christina Mauser	Taryn Summers
Erick Bailey	Mark Epps	Caden McWilliams	Ruthann Swenson
Mary Becker	Sylvia Lucille Evans	Kassie Melwood	Antonio Teixeira
Lucille Bedunah	Richard Farinato	Clyde Miller	Tony Texiara
Ray Bedunah	Nick Fecci	Josephine Miller	Anastasios Tsako
Stephen Ray Bedunah	Jake Fernandez	Max Miller-Gloyd	Cecily Tyson
Sandra Bland	George Floyd	Martha Moffat	John Valenzuela
Alyanni Boekhout	Janet Fox	Paul Mooney	Edward Van Halen
Chadwick Boseman	Stanton Friedman	Francesco Nazzari	Renzo Angelo Vattuone
Maryemma Agnus Brown	Marvin Gant	Edna Norkus	Sue Wallace
Mike Brown	Delice Ghezzi	Wayne Norton	Douglas Turner Ward
William Kenneth Brown	Carol Girona	Virginia O'Byran	Peter Wilkinson
Gianna Bryant	Freddie Gray	Joe Pallocouitch	Jerry Lyle Willits
Kobe Bryant	Kenneth Gray	Margie Payton-Boswell	Hattie Wright
George Buchelli	Cynthia Habib	Jude Liebe Thadius Peters	Barbara Wyman
Juanita Maria Buchelli	William Holster	Michael David Jude Peters	Robert Arnold Wyman
Victor M. Buchelli, Sr.	Sally Hudson	Tina Peters	Gertrude Wynn-Cummings
Stephen A. Burrell	Jimmy Inn	Raul Rekow	Carrie Wynn-Johnson
Alexander Duncan Cameron	Jennifer Jaworoski	Beverly Ann Remian	Ronald Yeaw
Payton Chester	Monica Joan Jefferson	Mary Ann Reynolds	Joan M. York
Melanie Amber Coleman	Dinora Jimenez	Stephen Rodriguez	Mary-Magdelene Young-Fussell
Judy Connolly	Ernst-Adolf Kaselau	Jack Rosen	Carlos Zingrone
Louis Connolly	Stanley Kinard	Juan Enrique Salas	Ara Zobayan
Alexander Cook	Maribel Andino Lagos	Giorgio Savio	

**Father, we pray that those left behind might feel the peace and the comfort of your presence and
release their loved ones into your waiting arms. (Theresa Cole)**