



Edgar Cayce's A.R.E.®

Your Body, Mind, Spirit Resource Since 1931

215 67th Street, Virginia Beach, VA 23451-2061

EdgarCayce.org



Prayer
and Meditation
Services



September 2022



Prayer and
Meditation Services

A.R.E./Glad Helpers'
International Prayer List

Dear Prayer Healing Friends,

Members of the original Glad Helpers Prayer Group were given what Mr. Cayce called a "Prayer of Protection" to use when praying for others.

One version of this prayer is used each day at our noontime staff meditation, as well as in each weekly Glad Helpers meeting:

"As we open our hearts to the unseen forces surrounding the Throne of Grace, Beauty, and Might, we throw about ourselves the protection found in the thought of the Christ."

In 1925, when the Cayce family was preparing to move to Virginia Beach, a reading given on "the Work" indicated that "the Forces" would help provide locations for both hospital and the Cayce home.

Hugh Lynn Cayce was asked to describe what he thought "the Forces" meant. The following information contains his answer.

Judith Stevens
Prayer and Meditation Services

UNDERSTANDING "THE FORCES" (From Reading 254-25, Report 12)

By Hugh Lynn Cayce with Judith Stevens

When our Work Readings group came upon a reference to "The Forces," many of us thought this might refer to angelic beings. Archivist Jessica Newell produced a document, written by Hugh Lynn at the request of Gladys Davis Turner, that gave us much food for thought.

Hugh Lynn began: "As I understand 'THE FORCES,' . . . we have to go back to the beginning, really. The original plan, the original purpose in the mind and *heart* of God for the creation of the *soul* . . . was set forth in the creation, in the original plan. [It was] indicated in one place in the readings [as] 'stamped on every *soul*,' [and] is the image of the *Christ* Consciousness, which was given by God and only needs to be awakened by our wills, in application. The will was given to Man as part of God's original creation: The Divine Mind, the Divine Spirit, and the Divine Will, [and is] a part of God that makes up the *soul* as it was created.

"Now [we] have the forces that relate to God's purpose for man in creation . . . As [humans] souls began to express them-

selves in different planes of consciousness by creating thought forms. (The readings clearly define 'thought patterns' as [being] LIKE what God had created.) [Humans] saw what God created, and with their creative minds, created a form LIKE that, [and] as they created the thought forms, they became involved in them.

"As a simile, we might say that humans reached into a tar barrel, which is a kind of cold tar that is hard to move and hard to control. Humans tried to shape an image with their hands, however we got caught. We got stuck in the tar barrel and were trapped there by what we created. We won't turn loose of it and we can't pull it out . . . The thought forms we became involved with and ensnared in hardened and they trapped a part of the *soul* energy in the earth. I think we can find readings that indicate that this 'trapping' took place—that part of the *soul* was caught in what it created as matter.



September 2022 Affirmation

“Our Father, our God . . . let that life in me be perfect in Thee . . .”

Edgar Cayce reading 281-35



The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.

A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551

EdgarCayce.org/prayer • prayer@edgarcayce.org

Request for Direct Healing Prayer for the October List

I AGREE TO

PRAY FOR: FULL NAME _____

PLEASE PRINT

and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list:

SEND LIST TO: NAME _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

*EMAIL _____

I want to help save money! Please sign me up to receive the list via email*.

PRAYER TIME:*

- MORNING SURROUND (Those in need, but who are unable or unwilling to participate). Note: Name will not be printed on list, but the individuals will be prayed for each day.
- NOON
- SUNSET
- EVENING
- PASSED ON

You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month's printed list. **You must renew your name each month.**

***Please choose one**

Thank you! Your donations completely support this service.

I am enclosing a \$ _____ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below.*

VISA MasterCard

AMEX Discover

Card Number _____

Expiration Date: _____ / _____

Signature: _____

2022PL

**Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: "for Prayer and Meditation Services." We thank you.*

Cont. from page 1

“These thought forms that have gradually hardened have become what we know as bodies, as energy patterns, in the three-dimensional expression. Then, through the bodies, our human mind, the soul’s mind began to create thought forms at the flesh level where the body becomes an energy pattern and a thought form.

On other levels of consciousness, we built a finer physical body [that] is a thought body that interpenetrates the flesh and moves much faster than the flesh body. That thought form is the one we use when we die. That is the DOPPELGANGER forms that we use in the out-of-body experiences. It, too, is a thought form and relates to matter. The readings say we’re free of the flesh when we move in that body but we’re not free of matter. It is still made up of finer, faster moving, material thought processes. So it is a finer thought body.

“The readings say that some people in having out-of-body experiences, see empty ‘shells’ of these thought forms on other planes of consciousness. Some call this the astral, but that is a limiting term. There are many other layers and other levels. Dad [Edgar Cayce] described these thought forms as he went out looking for readings. He spoke of his passing on a shaft of light through many planes. Every plane had thought forms on it that had been created by humans; energy patterns that had withdrawn from one ‘shell,’ withdrawn from another ‘shell,’ and were moving in consciousness.

“These thought forms are ‘the forces’ that are spoken of in the readings; these thought form forces combined with the original forces and pattern of God’s purpose for the souls in the earth—in creation, not only in this earth but in all creation. [italics mine] So when we build patterns that are opposed to God’s will, we create negative forces, rebellious forces. And we become attuned to these rebellious forces. However, the readings reiterate over and over again that we also can [choose to] build cooperative forces in patience, love, and long-suffering, and THESE forces become good.

“As groups of people, groups of souls, come into the earth in cycles, they develop agreement in trying to move the constructive forces and to return to the same consciousness that God had for man: the Christ Consciousness, in a broad universal sense. So, in one incarnation, they developed a plan, a pattern to express love and service, and they began to carry on a work that is in accord with God’s love. *Those thought forms become FORCES. Those patterns of thought, those purposes, become FORCES in the earth. We humans can draw on what we have done together with such a group. [italics mine]*

[To be continued in the October prayer newsletter]

MORNING

Zoe Alferes	Harland Fox	Deborah Lee	Ale Salamon
Monique Arcand	Gudrun Freeman	James Leung	Linda Turrill Sayers
Frances Asi	Debra Genevieve	Liliana Lewis	Janet Schuring
Luna Asi	Gladys Goulet	Tess Logan	Sophia Sharfstein
Colin Bambrick	Jill Harmer	Keao Low	Amy Lynn Puryear Slaski
Diane Bargonetti	Roosevelt Harrell, Jr.	Barbara Anne Mallory	Penny Ann Soussa
Steve Bargonetti	Teri Harris	Paul Maresca	Hazrah Spring-Leahy
Wanda Barrows	Patrick Hayes	Luke Mars	Alexandru Starii
Monica Antonia Bigelow	Rachel Heller	Neda McGuire	Frederick E Steinway
Angela Bitner	Linda Hill	Demetria Miles	Lawrence Stevens
Lisa Braid	Sandra Houston	Remington Miles	Margaret Sullivan
Laura Broomfield	Brian Hyrne	Fred Thomas Miller	Paula Swanson
Carol Buhr	Susan Hyrne	Nikkie Jimas Miller	Carolyn Thewlis
Virginia Carr	Marilyn Kai Jewett	Rich Mycka	Gail Tolzmann
Trayce Carr	Barbara Ann Joseph	Winnie Mycka	Brian Trivett
Robin Champion	Sue Keiser	Thomas George Nawrocki	Lucy Tyrrell
Judith Ann Cook	Jonathan Kelly	Elisabeth Olear	Oliver Finn Tyrrell
Doug Cox	Kathleen Kelly	Rita Patin	Robyn Vogel
Askia Cuff	Tom Kelly	Joan Picazo	Sue Walkup
William Cuff	William Kempen	Willa Pinto	Jon Waller
Jordan David	Leslie Kerr	Meredith Pldrack-Segrist	Dave West
Maryjoel Davis	Sandra Lee Kistler-	Jean Radway	Josephine White
David Dodge	Connolly	Charlotte Ratushny	Jeremiah White, Jr.
Laverne Dodge	Pamela Krommendyk	Gregory Ratushny	Alonzo Whitney
Miriam Duenas	Anastasia Kuchegesheva	Hayden Ratushny	Jill Austin Wickham
Marlene Duet	Marina Kurkov	Vladmir Ratushny	Joseph Wilson
Donna Ehret	Dorothy Lalonde	Mike Ridgwell	Connie Lynne Wright
Cheryl Lorraine Evans	Jason Lalonde	Michael Rios	
Bridgette Fox	Salmahi Lara	Maria Rudder	

NOON

Theresa Aldana	Sam Houston	Colleen McAleer	Alan Ramage
Jesse Alvarez	Leigh Elizabeth Hronek	Lois McGee	Nancy Eva Reese
Philip Boone	Pueno Italiani	Kathy McLeod	David Riblet
Ray Burton	Wallice Stephanie Johnsen	Pat McLeod	Kim Rizzo
Joey Centeno	Nancy Jones	Amy Morrissey	Elizabeth Roadifer
Loretta Cosgrove	Rosalie Kahn	Joe Angel Navarrette	Winnie Senty
Diane Crawford	Aurorah Kelevh	Steve Nuin	Diane Shaver
Ann Freas	Michelle Kirkland	Bob O'Leary	Karen Simon
Lynda Freeman	Sidney Kirkpatrick	Lisa O'Leary	Angela Sullivan
Steve Freeman	Amber Kovach	Ava Overstreet	Patrick Sullivan
Christi George	Marie Lachney	Pamela Peters	David Swartz
Lawrence Grobman	Lucielle League	Patricia Petitpas	Penelope Swartz
David Bradley Harper	Rosalind Logan	Roger Puente	Lois Taliaferro
Jonathan Haywood	Florence Loudon	Arthur P. Rader	John Vasilake
Pierre Hebert	Linda Luchetti	Stephanie Rader	Rashad Wyche

SUNSET

Elizabeth Almeida	Diane Helene Durand	Salmahi Lara	Antonella Pedicelli
Ryan Gabriel Armelao	Marina Ercole	Roberta Maffei	Pierfrancesco Pellegrino
Rodriguez	Nicolo' Evangelista	Maria Cristina Mauri	Giovanna Pera
Guido Ferruccio Arrighi	Salvatore Evangelista	James McCloud	Galen Preble
Jose Augusto	Carol Finger	Louise McCloud	Sabrina Preti
Elisabeth Bersani	Ombretta Fugazzotto	Beatrice Rita Murano	Noah Raffini
Elisabetta Bersani	Giuseppina Gaggero	Francesco Antonio Murano	Roger Alecio Rodrigues
Maureen Blank	Sharon Guthrie	Ornella Murano	Rieffel
Priya Ann-Marie Bochicchio	Harry Holmes	Ashley Murphy	Mariella Saldi
Beatrice Bonetti	Ciro Inno	Judi Murphy	Michele Salzano
Leonardo Borroni	Gianluca Inno	Katie Murphy	Aura Celeste Selmani
Giuseppa Ciarmoli	Jan Jennings	Michael Murphy	John Takada
Alicia Davis	Lilah Kelly Jones	Michelle Murphy	
Meghann Dunagan	Vivian Kalinov	Martino Parodi	
Paul David Dunagan	Anna Lane	Simona Piera Maria Pasino	

EVENING

Monique Arcand	Debbie Eng	Michael Izzo	Steven J. Rizzo
Rebecca Ashby	Beth Fernandez	Michelle Izzo	Susan Slate
Elizabeth Ann Belanger	Steve Finn	Kellee Johnson	John T. Snead
Carl D. Booth	Paul Freeman	Kristin Johnson	Martin Spranger
Brad Buchanan	Briahna Gee	Kat Keating	Bernadette Stovich
Julia Buchanan	Maddison Geidl	June M. Latine	Jeffrey Stovich
David Buchelli	Curtis Gemming	Terri Lynn Lesser	Katrina Sullivan
John Buchelli	Mary Gemming	Anita Liese	Andrew Swyschuk
Marianne Buchelli	James Geoghegan	Georgette Lomax	George W. Thoroughgood
Victor Buchelli	Lolita Gibbon	Nathan Lomax	Johanna Van de Ven
Luann Bush	Giovanni Giedl	JoAn Easton Marchese	Ana Vecchione
David Carver	Rochelle Gray	Barbara Margulis	Arend Vecchione
Lawrence Cherelli	Diann Caccia Gregory	Janalynn Martens	James Vecchione
Kristen Consentino	Jason Guest	Shelley Ann Meredith	Marcello Vecchione
Zienna Constantino	Barbara Ann Hall	Leilani Moran-Hurt	Salvatore Giovanni
Estelle Coste	Michael Patrick Hall	Michelle Mullican	Vecchione
Nora Curtis	Sean Hall	Grace Natoli	Robin Lee Vigil
Wayne Curtis, Jr.	Robert Hanus	Thomas Francis O'Connor	Jordan Vira
Michael Czeponis	Francoise Marc Hernandez	Rhodes Pinto	Christopher Timothy Wallan
Linda Darga	Claudia Holub	Carol Proctor	Christine Ann Wellenstein
Hank DeJonge	Sunni Ingalls	Dorothy Ann Prouty	Erin Wells
Chris Dougherty	Louise Izzo	Joanne Prouty	Lucus Whalen
Patricia Dulin	Marc Izzo	Richard Keith Prouty	

PASSED ON

**Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland.
May I aid, when Thou seest that Thou canst use me. (281-15)**

Dean Alvino	Donna Evans	Pierette Larivee	Sarah Palmatier
Spring Ames	Martin Falardeau	Jane Latine	Michel Poulin
Garry Anderson	Teotimo Falla	Patty Lazzeri	Richard Dewing Prouty
Sue Anderson	Martin Farrar	Daniel Leyva	Franceschina Putrino
Manolo Arguelles	Joseph Ferrara	Gregory Lipscombe	Bianey Ramos
Agnes Asendorf	Nancy Ferrara	Lola Vera Loginova	Raul Rekow
Paolo Attardo	Mariangela Filippelli	Jerome Lupien	Arthur McKinley Richardson
Jeannine Baillargeon	Jesse Fousto	Jack Lutzow	Mary Robinson
Michele Baker	Jeanne Gault	Lucia Elena Maksimiuk	Esther Sadia
Mary Becker	Marcia Geise	Jolantha Malone	Erica Scarafone
Jean Pierre Beland	Mike Gillum	Marzia Mannoni	Julius Schofield
Diane Bennett	Elvira Giorno	Giuseppe Marino	Carol E. Field Shobe
Thérèse Bergeron	Gaetano Giorno	Anthony Marotta	Dan Sasson Soussa
Drew Birns	Nicodemo Giorno	Jennie Marotta	Ruth Ann Specht
Brian Blochawicz	Kenneth Gray	Peter Marotta	Robin Stinson
Alyanni Boekhout	Ray Green	Rene Martinez	Denise Stovich
Ian Braid	George Guilbert	Danielle Mason	Mini Stump
Sandra Kay Broomfield	English Harman	Shiloh Merchand	Pat Sullivan
Delano Bryant	Chad Heiser	Bill Mittleholzer	John Valenzuela
Fay Caldwell	Daniel Holmes	August Monroe	Jordan Vira
Raffaele Cosentino	Edna McKee Hurd	Valerie Mouton	Jackie Walorski
Akilah Cuff	Rocco J. Izzo	Costanza Murano	Kelly Warren
J. Edward Davis	Dinora Jimenez	Francesco Murano	Derek Welton
Robert Deckman	Eva Jimenez	Stefano Murano	Kathleen Wildwood
Jaidev Dhanda	Margarete Helene Kammer	Rob Murphy	Hattie Wright
Sue Dougherty	Wayne Keiser	Jason Nikolich	Barbara Slade Wyman
Alex Duenas	Brad Keiser	Janet Nohavec	Robert Arnold Wyman
Richard Dupuis	Pastelle LaBlanc	Aric Louis Offenbacker	
Denis Eng	Fabienne Lafontaine-Grondin	Matthew Osterman	

**Father, we pray that those left behind might feel the peace and the comfort of your presence and
release their loved ones into your waiting arms. (Theresa Cole)**