



# Edgar Cayce's A.R.E.®

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215 67th Street, Virginia Beach, VA 23451-2061

EdgarCayce.org



**Prayer  
and Meditation  
Services**



October 2022



**Prayer and  
Meditation Services**

A.R.E./Glad Helpers'  
International Prayer List

## Dear Prayer Healing Friends,

Members of the Glad Helpers Prayer Group attended a recent online meeting of nearly 30 people from around the world, discussing the World Affairs readings and praying together for Ukraine and Russia.

A member affirmed, "Like many in the group, I, too, have felt swallowed up and sometimes helpless by all the turmoil, suffering and strife the world is experiencing, and it has been hard to buffer those feelings, and accept the things I cannot change.

However, there is so much beauty and healing in the little familiar things around me, that if I look a little deeper, a little closer, a whole new world can open up. Small acts of compassion, kindness and love may have much more profound effects than I can ever know."

Last month, we learned about Hugh Lynn Cayce's understanding of "The Forces."  
Here is the conclusion of his description.

*Judith Stevens*

Judith Stevens  
Prayer and Meditation Services

## UNDERSTANDING "THE FORCES" (From Reading 254-25, Report 12)

By Hugh Lynn Cayce with Judith Stevens

"In the work of the Association, I'm sure, we are seeing the effect of forces that have been building. For me, the readings say this: that we built a pattern of service, healing and help in one incarnation in Egypt, and then we built another pattern in Persia . . . Here, again we come back and pick up and draw on those forces of thought forms, those purposes, ideals and goals that have been set. We draw on them. When they're in accord with God's purposes, they move forward, create help, magnify service and patterns of healing, and good is accomplished.

"But when we, as individuals, tune into the rebellious parts [of what] we have created—that humankind has created—we become rebellious. Then we are in tune with the negative forces. They are of our creation, but they were also of God's creation in

the beginning. But we, in our slowed-down state of consciousness, have lost track of the forces for good that God created. We don't see angelic forces as often, apparently, as people in the Bible saw them. Maybe we do, but it's certainly not reported.

"There are descriptions of humans being in tune with God's forces, in the history of our being in the earth. Gradually, we shut that off until we no longer are in tune with the original forces—the original forces that God set up as our purpose in creation.

"At any point, we have the right, the opportunity, to attune ourselves to the forces of good, as the readings say; that is, to God's original purposes for the soul. Or, we have the opportunity to tune in to all the negative purposes that we

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## October 2022 Affirmation

“Our Father, our God, let me be joyous in thy promises . . . to the glory of God, the Giver of all good and perfect gifts.”

Edgar Cayce reading 281-35

The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

**AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.**

### A.R.E. Prayer and Meditation Services

215 67th Street • Virginia Beach, VA 23451-2061 • 800-333-4499, ext. 7551 • EdgarCayce.org/prayer • prayer@edgarcayce.org

Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) “Jane Doe and Family,” or “Jane Doe and Friends,” or “Jane Doe and Family & Friends.” We will pray for you, as the channel, as you pray for those on your personal prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

#### Request for Direct Healing Prayer for the November List

I AGREE TO

PRAY FOR: FULL NAME \_\_\_\_\_

PLEASE PRINT

and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list:

SEND LIST TO: NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

\*EMAIL \_\_\_\_\_

I want to help save money! Please sign me up to receive the list via email\*.

**PRAYER TIME:\***

- MORNING     SURROUND (Those in need, but who are unable or unwilling to participate). Note: Name will not be printed on list, but the individuals will be prayed for each day.
- NOON
- SUNSET
- EVENING
- PASSED ON

You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month’s printed list. **You must renew your name each month.**

**\*Please choose one**

**Thank you! Your donations completely support this service.**

I am enclosing a \$ \_\_\_\_\_ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below.\*

VISA                       MasterCard

AMEX                       Discover

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**2022PL**

*\*Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: “for Prayer and Meditation Services.” We thank you.*

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have created in the earth, the rebellious parts not only of ourselves, but of others. Then we are influenced by the negative forces and we suffer as a result of that. We get sick, we fight wars, we kill our brothers, we destroy ourselves and others, as we attune to the negative and the rebellious.

“At every point, we are able to tune into the good, the creative, or tune in to the negative. And, to paraphrase what Moses said to us, there is set before us this day, light and darkness, good and evil; choose thou which way you are going. [Deuteronomy 30:19]

“We have that choice to make, that exercising of the will at every second of every moment of every experience on whatever level of consciousness we are. Whatever world we attune to, that will is there and can make the choice of *attunement* [italics mine]. To me, that is what is meant by THE FORCES, the ‘good’ and the ‘bad’ forces.

“That explains spiritual healing, too. The Physical Readings are full of ‘the forces:’ the rhythm forces, the kidney forces, the heart forces, the brain forces. They’re all patterns—patterns for each element of the body [that] have been going on and adding to the creative or the destructive, every time we eat, [and each] time we think. We forget, [as the readings say so frequently] that mind is the builder and the physical is the result. Any form is the result. We think about a chair, and then we build a chair. The thought has to do with it, the minute it comes into whatever dimension we are working in. And it’s not just in the flesh or the three-dimensional, but in all these other dimensions in which we build these forces and thought forms, that we are all attuned, either to good or to the rebellious. That’s the way I see it.”

## MORNING

Robert Anderson	Ricardo Filipe Goncalves	JannieRea Lueders	Barry Ryan
Aaron Armstrong	Carol Gorecki	Barbara Anne Mallory	Ale Salamon
AJ Armstrong	Jim Gorecki	Brian Mast	Sophia Sharfstein
Karen Armstrong	Francine Hamel	Joann McCleester	London Shelton
Mariah Armstrong	Larry Hamilton	Bernard McGee, Jr.	Lawrence Song
Sloan Bella	Jill Harmer	Lois McGee	Penny Ann Soussa
Angela Bitner	Teri Harris	Kathaleen McKenna	Lavern Spicer
Paula Bonavita	Rachel Heller	Fred Thomas Miller	Hazrah Spring-Leahy
Laura Broomfield	Diane Houde	Nikkie Jimas Miller	Alexandru Starii
Tricia Rae Caldwell	Jeannine Houde	Sharon Leyland Mitchell	Jeanne Staroski
Mary Carpenter	Brian Hyrne	Kathy Morley	Frederick E Steinway
Sarojini Chagkakoti	Susan Hyrne	Janet Mowry	Lawrence Stevens
Yann Chebbah	Marilyn Jewett	Richard J. Mycka	Margaret Sullivan
Askia Cuff	Sue Keiser	Winnie H. Mycka	Gail Tolzmann
William Cuff and Family	Jonathan Kelly	Thomas George Nawrocki	Diana Towsley
Wayne F. Curtis, Sr.	Kathleen Kelly	Liliana Palkova	Lucy Tyrrell
Theresa Delosa	Tara Kelly	Joe Pinion	Oliver Finn Tyrrell
Laverne Dodge	Tom Kelly	Willa Pinto	Sue Walkup
Marlene Duet	Sandra Lee Kistler-	Diana Potts	Jon Waller
David Edward	Connolly	Trenden Potts	Star Gayla Wells
Cheryl Louise Evans	Anastasia Kuchegesheva	Charlotte Ratushny	Alonzo Whitney
Raimond Flynn	Marina Kurkov	Gregory Ratushny	Connie Lynne Wright
Karen Froendhoff	Salmahi Lara	Hayden Ratushny	
Kimberly Gales	James Leung	Vladmir Ratushny	
Neva Gillum	J. Zoltan Lover	Maria Rudder	

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## NOON

Al Alferes	Brigitte Houde	Rosalind Logan	Arthur P. Rader
Jesse Alvarez	Leilani Hurtt	Florence Loudon	Stephanie Rader
Mitchell Baxter	Pueno Italiani	Phil Madison	Alan Ramage
Glenn Clory	Wallice Stephanie	Howard Marcus	Nancy Eva Reese
Sandra Clory	Johnsen	Christine Moutain	Deb Rouse
Marlowe Jay Clory	Emily Jokela	Carol Murray	Roger Rouse
Michael James Clory	Nancy Jones	Tom Murray	Edgar Salzar
Diane Crawford	Michelle Kirkland	Patti Myntti	Anne Sindler
Steve Freeman	Sidney Kirkpatrick	Joe Angel Navarrette	Teddy Song
Lawrence Grobman	Trudy Kirkpatrick	Steve Nuin	Mellie Strickler
Barbara Ann Hall	Russell Kiviniemi	Evangalina Poggi	Patrick Sullivan
Pierre Hebert	Lucielle League	Roger Puente	Brittany Tainter

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## SUNSET

Elizabeth Sousa Almeida	Nicolo' Evangelista	Roberta Maffei	Simona Piera Maria
Ryan Gabriel Armelao	Salvatore Evangelista	Maria Cristina Mauri	Pasino
Rodriguez	Carol Finger	James McCloud	Antonella Pedicelli
Guido Ferruccio Arrighi	Ombretta Fugazzotto	Louise McCloud	Pierfrancesco Pellegrino
Jose Augusto	Giuseppina Gaggero	Beatrice Rita Murano	Giovanna Pera
Nesto Starkie Backlund	Barbara J. Gauger	Francesco Antonio	Sabrina Preti
Scott Baxter	Harry Holmes	Murano	Noah Raffini
Elisabetta Bersani	Cheri Holt	Ornella Murano	Roger Alecio Rodrigues
Beatrice Bonetti	Raven Hunter	Ashley Murphy	Rieffel
Leonardo Borroni	Ciro Inno	Judi Murphy	Mariella Saldi
Giuseppa Ciarmoli	Gianluca Inno	Katie Murphy	Michele Salzano
Maghann Dunagan	Danyelle Jewell	Michael Murphy	Aura Celeste Selmani
Paul Dunagan	Kellee Johnson	Michelle Murphy	Anthony Sirianni
Marina Ercole	Salmahi Lara	Martino Parodi	Deborah Sirianni

## EVENING

Drew Andersen	Paul Freeman	Elizabeth Lueders	Katrina Sullivan
Marie Rose Angiulli	Elizabeth Galvan	Tobias Lueders	Mel Takano
Elizabeth Ann Belanger	Briahana Gee	Jolantha Malone	Devon Elizabeth Tamm
Carl D. Booth	Maddison Geidl	JoAn Easton Marchese and Family	George Thoroughgood
Patricia Caponi	James Geohegan	Janalynn Martens	Ana Vecchione
David Carver	Giovanni Giedl	Bernadette Amanda McNulty	Arend Vecchione
Lawrence A. Cherelli	Rochelle Gray	Elizabeth McWhorter	James Vecchione
Kristen Consentino	Michael Patrick Hall	Joan M. Meyers	Marcello Vecchione
Zienna Constantino	Sean Hall	Thomas Francis O'Connor	Salvatore Giovanni Vecchione
Nora Curtis	Louise Izzo	Jennifer S. Peiffer	Jordan Vira
Wayne Curtis, Jr.	Marc Izzo	Rhodes Pinto	Christopher Timothy Wallan
Linda Sue Darga	Michael Izzo	Steven J. Rizzo	Christine Ann Wellenstein
Hank Dejonge	Michelle Izzo	Paul Scarafone	Lucus Whalen
Keith Delbert	Kris Johnson	Annette Christiane Schmid	Barbara Winchester
Diane Helene Durand	Linda Keener	Thom Shelton	Nikki WobbeKing
Barbara Eckert	Darlene Kurtz	John T. Snead	Teran Zappia
Debbie Eng	June M. Latine		
Beth Fernandez	Terri Lynn Lesser		
Steve Finn	Anita Liese		
Mona Forney	Georgette Lomax		

## PASSED ON

**Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland.  
May I aid, when Thou seest that Thou canst use me. (281-15)**

Robert Alexander	Christian Kraus Faber	Pierrette Larivee	Jonathan Michael Rich
Dean Alvino	Martin Falardeau	Jane Latine	Mary Robinson
Garry Anderson	Joseph Ferrara	Antonello Leoni	Walter Rollins
Sue Anderson	Nancy Ferrara	Gregory Lipscombe	Costanza Romano
Paolo Attardo	Wayne Fournier	Jack Lutzow	Bill Russell
Mary Becker	Robert Furey	Edie Machamer	Marcel Samson
Richard D. Bowers	Marie Fussell-Boswell	Barbara Machtinger	Erica Scarafone
Ken Brino	Mercedes Galvan	Elena Maksimuik	Tracy Schickling
James Francis Broomfield	Cyndi German	Marzia Mannoni	Carol Sharpton
Sandra Kay Broomfield	Elvira Giorno	Giuseppe Marino	Tyrone Skipper-Terry
Dougie Brown	George C. Goff	Anthony Marotta	Gladys Smith
Fay Caldwell	Kenneth Gray	Jennie Marotta	Ruth Ann Specht
Daisy Carter	Paxton Haili	Peter Marotta	Robert Stanton
Kathleen Lebus Castle	Brian Hoernke	Lucille McKee	Joe Steelman
Jayson Colin	Daniel Holmes	Earl McMullen	Robin Stinson
Angela Conrad	Amy Ellen Hood	Shiloh Merchand	Lynn Streeper
Kenneth Copulan	Maurice Houde	Duard Morris	Pat Sullivan
Delesta Cross	Michael Houde	Robert Moses	Ra Sullivan
Akilah Cuff	Rocco J. Izzo	Ricky Murata	Zorro Sumida
Barbara Dawson	Margarete Kammer	Rob Murphy	Heather Lynn Townsend
Robert Deckman	Brad Keiser	Nichelle Nichols	Louise Turcotte
Therese Dessureault	Wayne Keiser	Lynn Nicholson	Barbara Venzke
Richard Dupuis	Charles Kelly	Gerard Jan Nunziata	Derek Welton
Geraldine Edward	Barbara Kennedy	Shawn O'Donell	Marlene Whitaker
Ira Edward	Lawrence David King	Michael Ohare	Hattie Wright
Timothy Edwards	Tim Kirkpatrick	Jiri Palka	Robert Arnold Wyman
James Ennis	Roberta Kravitz	Margie Payton-Boswell	Barbara Slade Wyman
Donna Evans	Sarah Langenkamp	Earnest J. Pett, Sr.	Scott Young
Sylvia Lucille Evans	Richard Henry Lanham, Jr.	Earlene Rhone	

**Father, we pray that those left behind might feel the peace and the comfort of your presence and  
release their loved ones into your waiting arms. (Theresa Cole)**