



Edgar Cayce's A.R.E.[®]

Health Center & Spa

Massage, Bodywork, and Energy Work

Cayce/Reilly [®] Massage, 1 hour	\$90
Cayce/Reilly [®] Massage, 1½ hours	\$115
CranioSacral or Foot Reflexology or Reiki, 1 hour	\$90
CranioSacral, 1½ hour	\$115
Foot Reflexology, 1/2 hours	\$60
Deep Tissue /Sports Massage, 1 hour	\$100
Deep Tissue /Sports Massage, 1½ hours	\$125
Acupressure, 1 hour	\$100
Acupressure, 1½ hours	\$125
Manual Lymph Drainage, 1 hour	\$100
Manual Lymph Drainage, 1½ hours	\$125
Donna Eden Energy Chakra Balancing, 1 hour	\$90
Donna Eden Energy Assessment, 1 ½ hours-Initial	\$110
Classic Facial with Foot Massage, 45 min.	\$85
Classic Back Facial with Foot Massage, 45 min.	\$90
Inner Sound Therapy, 1 hour	\$100
AlphaSphere Deluxe Sensory Space, 30 min.	\$35
AlphaSphere Deluxe Sensory Space, 1 hour	\$60

Hydrotherapy Treatment

Colon Hydrotherapy (Colonic), 1 hour	\$110
Castor Oil Pack, 1 hour	\$70
Cayce Remedy Pack: Potato, Turpentine, or Glyco-Thymoline, ½ hour	\$55
Epsom Salts Bath, 1 hour	\$80
Steam/Fume Bath, ½ hour	\$60
Cayce Salt Scrub, 45 min.	\$85

A.R.E. members receive a discount on select services.

Book your appointment at AREHealth.org or call 757-457-7202



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Holistic Clinical Work

Acupuncture, 1½ hours initial	\$140
Acupuncture, 1 hour follow-up	\$100
Initial Chiropractic	\$140
Deluxe Chiropractic	\$140
Standard Chiropractic	\$60
Basic Chiropractic	\$45
Counseling—Personal or Spiritual, 1 hour	\$100
Integrative Dreamworks, 80 min.	\$130
Depth Dreamwork and Integration with Holistic Psychologist (Zoom) 80 min.	\$140
Holistic Fertility Treatment, 90 min. initial	\$130
Holistic Fertility Treatment, 90 min. follow-up	\$115
Personal Consultation with Holistic Psychologist (Zoom) 80 min.	\$140
Hypnotherapy, 1½ hours initial	\$140
Hypnotherapy, 1 hour follow-up	\$110
Restorative Breathwork, 1½ hours	\$120
Restorative Breathwork, 1 hour follow-up	\$100
Spiritual Life Counseling by phone, 1 hour	\$90
Personal Counseling by phone, 1 hour (follow-up only)	\$90
Cayce Health Consult, 20 min.	\$75

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Packages

Combo: 1½ hr. Massage/Acupressure, Massage/Facial, Steam/Massage, Steam/Scrub, or Craniosacral/Massage	\$130
Express Spa: 2-hr. Revive and Relax package Castor Oil Pack, ½ hr. Foot Reflexology, and 1 hr. of your choice of Massage, CranioSacral, or Colon Hydrotherapy	\$200
Clinical Package: 2½ hrs. with choice of Breathwork or Hypnotherapy, plus choice of Personal or Spiritual Counseling	\$200
Half-Day Spa Packages, 4 hours each	\$355

All gift cards must be presented at check-in.
Credit card information is required when booking your
appointment(s).

A 40% missed appointment fee is charged without 24-hour
notice of cancellation or change to the appointment.

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