



Edgar Cayce's A.R.E.®

Your Body, Mind, Spirit Resource Since 1931

215 67th Street, Virginia Beach, VA 23451-2061

EdgarCayce.org



Prayer
and Meditation
Services

March 2023



Prayer and
Meditation Services

A.R.E./Glad Helpers'
International Prayer List

Dear Prayer Healing Friends,

Some of you have joined us in the Thursday online group praying for peace and studying the 3976 Series of 29 World Affairs readings given by Mr. Cayce from 1921 through 1944.

Mr. Cayce indicated that the root causes of war are selfishness, fear, and unbelief, preceded by wedge-driving. Could obstacles to peace and causes of war have something to do with our having forgotten our Source, our Purpose, and our essential Oneness?

"Create peace and not dissension wherever you go." (2987-1) We were given a standard, a measuring stick in Reading 524-2: "As ye do this to the least of these [my brothers and sisters] you do it unto me."

Mind is the builder of peace or any other condition. Pay attention to what you pay attention to.

We continue with Part 5 of the 3744 Series, "Psychic Phenomena Through the Subliminal: The Forces."

Judith Stevens
Prayer and Meditation Services

PSYCHIC PHENOMENA THROUGH THE SUBLIMINAL:

Part 5, 3744 Series, The Forces, (continued)

Commentary by Gladys Davis, with Judith Stevens

SUB-CONSCIOUS is UNCONSCIOUS force. This may be seen in every nerve end, in every muscular force. Subconscious action may be brought into manifestation by the continual doing of certain acts in the physical plane, so the body becomes unconscious of doing the acts that it does.

(Q) How can we best develop our sub-conscious minds to be of the most benefit to [others] while in the Physical plane of living?

(A) By developing the mental or physical mind toward the uplift of mankind toward the Maker, leaving those things behind that so easily beset the physical body. By the training of the mental, through physical force, the sub-conscious urge, as we have given, the faculty of doing in the right or direct way, and lending assistance to the uplift of all. The THOUGHT held against an individual directs the mind either of masses or classes, whether toward good or bad.

Thought is reached through the physical forces, and by becoming a part of the physical or conscious mind either lends the strength of sub-conscious forces or allows the subconscious to direct. Not that the physical mind gives strength, but by allowing the subconscious to direct, and not building the barrier between to be overcome. That to be overcome might as well be met in this plane, for it will have to be met before we can gain the entrance to the Holy of Holies. This is the manner in which to train or conduct the physical to lend the assistance to the subconscious forces to direct and give the help the world or populace needs.

(Q) Why do women usually show more interest in psychic matters than men do? (A) For their minds, women are filled, or left vacant for the study of spiritual forces more than men, for the same reason as we have given. What their

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March 2023 Affirmation

“Father, thy all-healing power is manifested in life . . .”

Edgar Cayce reading 281-12

The Edgar Cayce readings emphasize the importance that those who are seeking help and healing through prayer actively participate in the prayer effort—praying for themselves and others on the list. This creates a cooperative, unified prayer effort. In the giving comes receiving.

AS HELP IS RECEIVED, REMEMBER TO THANK GOD, THE GIVER OF ALL GOOD AND PERFECT GIFTS.

A.R.E. Prayer and Meditation Services

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Due to the growing number of monthly prayer requests, multiple requests for and from the same family member will be listed as (your name) “Jane Doe and Family,” or “Jane Doe and Friends,” or “Jane Doe and Family & Friends.” We will pray for you, as the channel, as you pray for those on your personal prayer list, which is what Mr. Cayce instructed members of the original Prayer Group to do. Thank you for your understanding and assistance.

| | | | |
|---|--|---|--|
| Request for Direct Healing Prayer for the April List | | Thank you! Your donations completely support this service. | |
| I AGREE TO PRAY FOR: FULL NAME _____ PLEASE PRINT | | <input type="checkbox"/> I am enclosing a \$ _____ donation to help support this work. We gladly accept checks, money orders, cash, and the four credit cards listed below.* <input type="checkbox"/> VISA <input type="checkbox"/> MasterCard <input type="checkbox"/> AMEX <input type="checkbox"/> Discover Card Number _____ Expiration Date: _____ / _____ Signature: _____ | |
| and to pray with those names on the Glad Helpers Prayer List (Morning, Noon, Sunset, Evening, Passed On), or with those whom I feel led to pray for on the list: | | | |
| SEND LIST TO: NAME _____ | | | |
| ADDRESS _____ | | | |
| CITY _____ STATE _____ ZIP _____ | | | |
| *EMAIL _____ | | <div style="text-align: right;">2023PL</div> <p><i>*Please make check payable to A.R.E., and in the lower left-hand corner of your check, designate: “for Prayer and Meditation Services.” We thank you.</i></p> | |
| <input type="checkbox"/> I want to help save money! Please sign me up to receive the list via email*. | | | |
| PRAYER TIME:* <input type="checkbox"/> MORNING <input type="checkbox"/> NOON <input type="checkbox"/> SUNSET <input type="checkbox"/> EVENING <input type="checkbox"/> PASSED ON | <input type="checkbox"/> SURROUND (Those in need, but who are unable or unwilling to participate). Note: Name will not be printed on list, but the individuals will be prayed for each day. *Please choose one | | |
| <p>You are joined in prayer by the Glad Helpers Prayer Healing Group. If your request is received after the 2nd Monday of the month, it will be placed on the following month’s printed list. You must renew your name each month.</p> | | | |

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minds fill or feed upon for development toward Psychic forces comes from the subconscious or the spirit and soul minds.

(Q) Is it possible to give information through Psychic Readings that will lead to the cure of diseases now known as incurable?
(A) It is. That which IS was produced from some force. Nothing is greater than the force producing it. THAT may be counteracted. The condition that exists in the physical bodies we find all produced by conditions that may be met. There are in truth no incurable conditions, though the condition may be changed, or the mode of the plane’s existence changed. That which exists is and was produced from a first cause, and may be met or counteracted, or changed, for the condition is the breaking of a law, and the healing forces will of necessity become the compliance with other laws that meet the needs of the condition. The healing depends upon the individual, and the attitude taken toward conditions from all manner of ways, or of the perception or consciousness of force that may be manifested through the individual. As to the Psychic forces, only can give that condition that is, or produced, and the compliance with the law that may make a given condition. The whole rests then with such an

individual, and its conditions as is capable of being manifested through itself. Psychic Readings for conditions, as given, then may be of assistance in the understanding of the law to be met or complied with.

The evasion of a law only puts conditions off, and must eventually be met.

[To be continued in the April prayer newsletter]

Information from the A.R.E. Board:

[Please pray this Board affirmation with us daily]

“Surround us in our seeking to know what the Creative Forces would have our organizations do, calling on the promise that Creative Forces will abide with those [who] seek the Highest. Show us the way that aligns with the Highest.”
(ECRL 412-7)

MORNING

| | | | |
|----------------------------------|---------------------------------|---------------------------------------|--|
| Caryn Ackley | Cheryl Evans Family/ Friends | Sandra Lee Kistler-Connolly | Hayden Ratushny |
| Dennis Ackley | | Pamela Krommendyk and Family | Vladmir Ratushny |
| Zoe Alferes | Alice Ramona Font and Family | Anastasia Kuchegesheva | Mike Ridgwell |
| Gloria Janneth Monroy Alvarez | Neva Gillum Family/Friends | Marina Kurkov | Andrea Rota |
| Bernadette Avila | Marjan Gharaat | Salmahi Lara | Jeannine Roy |
| Charles Barbarian | Ricardo Filipe Goncalves | Hazrah Spring-Leahy and Family | Ale Salamon |
| Melanie Barbarian | Ramona Gurule | Ganin Lovell | Coco Saltzgeber |
| Diane Bargonetti | Ari Guterman | Zolt Lover | Greg Sasse |
| Steve Bargonetti | Chloe Guterman | Keao Low | Rita Schafer |
| Pearl Beck | Evisa Guterman | Barbara Mallory Family/ Friends | Jamnaben Shah |
| Lily Bible | Leonid Guterman | Luke Mars | Upendra Shah |
| Lindsey Bible | Francine Hamel | Mary Mason | Sophia Sharfstein |
| David Buchelli | Larry Hamilton | Fred Thomas Miller | London Shelton |
| John Buchelli | Robert Hanus | Nikkie Jimas Miller | Kate and David Silverbrand and Family |
| Carol Buhr | Jill Harmer | Rich Mycka | Samantha Smith |
| Ray Burton | Teri Harris | Winnie H. Mycka | Penny Ann Soussa |
| Tom Campbell | Rachel Heller | Winnie Mycka | Frederick E Steinway |
| Roya Candia | Margaret Hensley | Thomas George Nawrocki | Philomena Sucharada |
| Nancy Chambers | Molly A. Horstman | Claudia O'Brien | John Takada |
| Brenda Ann Clark | Brigitte Houde | Suresh Patel | Carolyn Thewlis |
| Josie Collins | Diane Houde | Rita Patin | Gail Tolzmann Family/ Friends |
| Judith Ann Cook | Teresa Howachyn | Durim Tefta Peshtani | Lucy Tyrrell |
| Leah Cornelius | Kellee Johnson | Tefta Peshtani | Oliver Finn Tyrrell |
| Richard Cornelius | Nicole Johnson | Barbara Jimas Peterson | James Vecchione |
| William Cuff and Family | Kristen Kadi | Kim T. Phetteplace Family/ Friends | Pamela Wade |
| Wayne F. Curtis, Sr. | Jonathan Kelly | Willa Pinto | Sue Walkup |
| Mitchel Dodd | Kathleen Kelly | Charlotte Ratushny | Janie Webb |
| Miriam Duenas Family/ Friends | Tara Kelly | Gregory Ratushny | Joanna Wilezewski |
| Marlene Duet | Tom Kelly | | Jennifer Wood |
| Donna Ehret | William Kempen | | Margaret Zavora |
| | Keith Kessler | | |

NOON

| | | | |
|---------------------------|-------------------|--------------------------|---------------------------|
| Jesse Alvarez | Kathryn Keeton | Pat McLeod | Roger Puente |
| Pearl Ball | Aurorah Kelevh | Kathy McLeod | Arthur P. Rader |
| Steve Freeman | Michelle Kirkland | Patti Myntti and Friends | Stephanie Rader |
| Lawrence Grobman | Carol Lang | Joe Angel Navarrette | Alan Ramage |
| Larry Hamilton | Patricia Larson | Steve Nuin | Nancy Eva Reese |
| Pierre Hebert | Lucielle League | Bob Olear | Carol Rippetoe and Family |
| Susan Hikel | Ann Light | Lisa Olear | Laura Sosnowski |
| Marilyn Holman | Rosalind Logan | Beth Peterson | Amanda Stenkie |
| Wallice Stephanie Johnsen | Florence Loudon | Margaret Pompeo | Joseph Taylor |
| Nancy Jones | Phil Madison | Sherry Priddy | |

SUNSET

| | | | |
|-------------------------------------|-----------------------|---------------------------|--------------------------|
| All on Memphis Glad Helpers List | Giuseppa Ciarmoli | Gianluca Inno | Pierfrancesco Pellegrino |
| Ryan Gabriel Armelao | Marina Ercole | Roberta Maffei | Giovanna Pera |
| Rodriguez | Nicolo' Evangelista | Maria Cristina Mauri | Sabrina Preti |
| Guido Ferruccio Arrighi | Salvatore Evangelista | Beatrice Rita Murano | Noah Raffini |
| Susanna Bavaresco | Jacquie Fruttero | Francesco Antonio Murano | Ana Rizo |
| Elisabetta Bersani | Ombretta Fugazzotto | Ornella Murano | Roger Alecio Rodrigues |
| Beatrice Bonetti | Giuseppina Gaggero | Martino Parodi | Rieffel |
| Leonardo Borroni | Nancy T. Hastings | Simona Piera Maria Pasino | Mariella Saldi |
| | Ciro Inno | Antonella Pedicelli | Aura Celeste Selmani |

EVENING

| | | | |
|--------------------------------------|---------------------------------|--|---------------------------------|
| Michael Alva | Beth Fernandez | Jonathon "Jack" LaRue | Roberta Camargo Quilico |
| Drew Andersen | Shannon Fox | June M. Latine | Brit Rapp and Friends |
| Monique Arcand | Mary Gemming Family/ Friends | Terri Lynn Lesser | Malcolm Rickarby |
| Elizabeth Ann Belanger | Briahna Gee | Anita Liese | Steven J. Rizzo |
| Diana Bernico | Maddison Geidl | Georgette & Nathan Lomax | Dorean Romero |
| Betty Bonavito | James Geoghegan | Jolantha Malone | Sara Rose |
| Nello Bonavito | Giovanni Giedl | JoAn Easton Marchese Family/Friends | Jeanie Rowan |
| Carl D. Booth | Daryl Grant | Barbara Margulis | Edward Shook |
| Laura Broomfield | Otelia Grant | Janalynn Martens | Evelyn Smith |
| Brad Buchanan | Rochelle Gray | Frederick Mays | Andrew Swyschuk |
| Julia Buchanan | Barbara Ann Hall and Family | Jozef Milewski | George Thoroughgood |
| Victor Buchelli | Harry Holmes and Family | Elzbieta Misiak-Bremer | Benjamin Valleman |
| David Carver | Becky Hrabovsky | Grace Natoli | Johanna Van de Ven |
| Kristen Consentino | Pueno Italiani | Michelle Nava | Ana Vecchione |
| Zienna Constantino | Parthenia Izzard | Sarah Nava | Arend Vecchione |
| Nora Curtis and Family | Mary Craig Johansson | Kirk Nelson | Marcello Vecchione |
| Hank & Dorothy DeJonge | Kris Johnson | Laura Nichols | Salvatore Giovanni Vecchione |
| Chris Dougherty | Kristin Johnson | Thomas Francis O'Connor | Jean Vincent |
| Diane Helene Durand | Janice Jones | Norma Orts | Christopher Timothy Wallin |
| Beth Ehrlich | Stefan Kopczewski | Ann Owen | Dale Ward |
| Debbie Eng | Władysława Kopczewska | Gloria Parker | Ilesha Welby |
| Lukrezia De La Espriella | Cherie Landry-Newman | Gregg Petersen | Christine Anne Wellenstein |
| Gail Fairbanks | Jacquelyn LaRue | Ralph Pettway | Lucus Whalen |
| Lawrence Cherelli Family/ Friends | | Rhodes Pinto | Marcus Whalen |

PASSED ON

**Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland.
May I aid, when Thou seest that Thou canst use me. (281-15)**

| | | | |
|-----------------------|-------------------------|-------------------------|----------------------|
| Daimeon Allen | Donna Evans | Lola Vera Loginova | Louis Sattin |
| Garry Anderson | Giuseppe Filippelli | Andre Lupien | Tina Sattin |
| Sue Anderson | Glenda Flanik | Rene Lupien | Giovanni Sbernini |
| Adriano Bavaresco | Marie Fussell-Boswell | Therese Lupien | Snow Deaton Schaefer |
| Anna Bavaresco | Frank Glover | Jack Lutzow | Teddy Segure |
| Giovanni Bavaresco | Maurice Glover | Lucia Elena Maksimiuk | Bob Shuster |
| Mary Becker | Kenneth Gray | Earl Mays | Ruth Ann Specht |
| Milena Belloni | Helen Hartman | Patricia McLaughlin | Alonzo Staton II |
| Susan Bollinger | Ron Herman | Eric Mein | Esther Mae Stephens |
| Stephen Boss | Maurice Houde | Dositeo Molina | Robin Stinson |
| Ida Bozzetti | Ray Howell | Tyree Momii | Teresa Sura |
| Sandra Kay Broomfield | John Izzard II | Ilenor Nale | Victoria Taylor |
| Gio Batta Cavanna | Dennis James | Jason Nikolich | Rosa Maria Volpe |
| Giovanni Cavanna | David Jones | Michael O'hare | Helen Ward |
| Giustina Cavanna | Tanjiro Just-Richardson | Maria Maddalena Oliveri | Derek Welton |
| Maddalena Cavanna | Kay Kot | Kenneth William Osborn | "Toolie" Wiedenhofer |
| Karen Ann Conn | Steve Kot | Margie Payton-Boswell | Sharon Wilcox |
| Doug Cox | Irene Landry | Sephen Pettway | Robert Wilezewski |
| Charles Deaton | Lisa Landry | Tommy Philyaw | James Woyce |
| Ida Deaton | Robert Landry | Benedetta Piana | Barbara Slade Wyman |
| Anita DeVroe | Jane Latine | Josephine Rich | Robert Arnold Wyman |
| Sue Dougherty | Rae LeBlanc | Giuseppina Romano | Mary-Magdelene |
| Edward L. Easton | Teresa Levrato | Dave Saltzgeber | Young-Fussell |

**Father, we pray that those left behind might feel the peace and the comfort of your presence and
release their loved ones into your waiting arms. (Theresa Cole)**