



# Edgar Cayce's A.R.E.®

Your Body, Mind, Spirit Resource Since 1931

215 67th Street, Virginia Beach, VA 23451-2061

EdgarCayce.org



Prayer  
and Meditation  
Services

November 2023



Prayer and  
Meditation Services

A.R.E./Glad Helpers'  
International Prayer List

## Dear Prayer Healing Friends,

In light of our current world situation, we offer this prayer for peace, created by members of the Thursday World Affairs Zoom Peace Group: (in part as follows)

"I invite the universal God/Love Consciousness to generate peace in me that may be reflected outward to the world. Help me seek the loving face of God to transform fear and to change my inner talk to words and thoughts that reflect my ideal of peace.

"Help me visualize Israelis, Palestinians, and Gazans, Russians and Ukrainians, all humans, wherever there is war and conflict, working together to rebuild shattered buildings and shattered lives. May world leaders be inspired to make humane life-affirming decisions for the greater good to build a better world. Help us be kind to one another. Bring healing and forgiveness into our hearts, minds, and spirits." Amen.

May we consciously create peace each day.

Judith Stevens  
Prayer and Meditation Services

## CONSCIOUSLY CREATING PEACE

(Excerpts from World Affairs Readings: 3976-20 and 21)

Compiled by Judith Stevens

Someone once said we should "Pray as if everything depends on God, but act as if everything depends on you."

In Violet Shelley's article, "Peace in Our Time," [*The A.R.E. Journal*, 1968, Vol. III, No. 2], she writes, "Can prayer help? Surely earnest and sincere prayers go heavenward across the whole nation. The information in the Cayce readings assures us of the value of prayer, and of its power to bring about peace. There are, however, certain requirements of the petitioner for peace, and each of us on noting those requirements needs to examine (oneself) honestly."

"These, then, with the necessary preparedness for the meeting of all emergencies in ANY direction that may be taken by those who allow their hates and their disputes to overcome or to put aside brotherly love. For it is as brother against brother in the disputes. And know that all stand as one before the judgment bar of the

Creator. Hence prayer, and more prayer; and as we have given LIVE toward one another as a nation, as a brother nation to the others—on EITHER side—as ye pray! Do not pray one way and live another! Be consistent, be persistent." 3976-20

Her article ends with the question, "Is not that promise of prayer power as valid today (1968) as it was in 1940?" Again, is it not as valid in 2023 as it was in 1968?

Reading 3976-20 (given for the members of the A.R.E. in 1938) continues: ". . . THIS, as we find, is the counsel as might be offered in the present: Conditions have advanced to such a tempo that to attempt to interfere would be rather to be drawn into the conditions that are arising and that will arise. Rather, then, the policy should be to—in a brotherly manner—quiet as far as possible the fears of the people of the country as a nation; and advise all in their attitudes to not do or say

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## MORNING

Victoria Alvarez Family and Friends	Theresa Gerstemeier	Nancy McMahon Family and Friends	Upendra Shah
Pearl Ball	Neva Gillum	Sarah Mirallegro	Sophia Sharfstein
Dianne Bargonetti	Dottie Graham	Thomas George Nawrocki	Jon Shatat and Family
Steve Bargonetti	Jill Harmer	Joanna Orlando	Becky Slater
Laura Broomfield Family and Friends	Teri Harris Family and Friends	Riley O'Shaughnessey	Cindy Smith Family and Friends
Sandy Brown Family and Friends	Molly A. Horstman	Eric Patterson	Jennifer Smith Family and Friends
Carol Buhr Family and Friends	Carolyn Houghton	Kim Terese Phetteplace Family and Friends	Penny Ann Soussa
Brenda Ann Clark	Dr. Safi Kaskas's efforts to facilitate a cease-fire in Gaza	Willa Pinto	Hazrah Spring-Leahy and Family
Jennifer Lynn Columbus	Kathleen Kelly Family and Friends	Bill Popoli	Frederick E Steinway
Judith Cook	William Kempen	Yvonne Quevedo Family and Friends	Lois Taliferro
Ann Cortese	Sidney Kirkpatrick	Charlotte Ratushny	Amanda Two Spirits
Linda Crovatt and Family	Sandra Lee Kistler-Connolly	Gregory Ratushny	Lucy Tyrrell
Wayne F. Curtis, Sr. Family and Friends	Pamela Krommendyk and Family	Hayden Ratushny	Oliver Finn Tyrrell
Miriam Duenas Family and Friends	Marina Kurkov	Vladmir Ratushny	Yolanda Quevedo
Marlene Duet	Connie Lee	Brenda Ray Family and Friends	Underwood Family and Friends
Audrey Edwards	James Leung	Mike Ridgwell	Sue Walkup
Rita Ferry	Barbara Mallory	Karen D. Robinson	Peter Westbrook
Kathleen Flanders Family and Friends	Kim Malone Family and Friends	Thomas Rydeen and Family	Alonzo Whitney Family and Friends
Carol Garrigues	Luke Mars	Linda Turrill Sayers and Family	Hitomi Wince
		Barbara Schultz	Charles Wynn Family and Friends

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## NOON

All those in Israel and Palestine	Patrick Curiel	Louise Hogan	Luce Pangle
All those in Russia and Ukraine	Avon Davies Family and Friends	Marilyn Holman	Samuel Pangle
Roderick Anderson	Maryjoel Davis	Sean Huffman	Pete Pattison
Viki Ayotte	Camille DeMarta	Nikolay Ivanov	Evangelina Poggi
Celia Babcock	Eric Doyle	Shaun Jones	Roger Puente
Monica Antonia Bigelow	Gail Fairbanks Family and Friends	Rassan Baskin King	Ora Robinson
Annabelle Blood	Stephen Freeman Family and Friends	Bennie Lewis	Kenny Rowe
Jeremy Bragg	Kimberly Gale	Elsie Martin	Larry Stacy
John Brittell Family and Friends	Jeff Graham	Kathy McLeod	Carole Svetin
Jack Callan	Brenda Hale	Pat McLeod	Ross Tuzzolino
Mary Carpenter and Family	Joyce Hayes	Karen Mercer	John Van Auken
William Louis Coyle	Pierre Hebert	Fred Thomas Miller	Nathalia Vega
Diane Crawford	Bernice Helgren Family and Friends	Laura Miller	Eviya Vitola
Samuel A. Crites	Lisa Henry	Nikkie Jimas Miller	The Dudley Watson Family
Katie Lynn Curiel		Billy Mitchell	Benjamin Wells
		Steve Nuin	Cheryl White
		Deborah Palmarini and Family	Gerhard Zimmerl

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## SUNSET

Ruth J. Andrews	Nicolo' Evangelista	James Moore Family and Friends	Sabrina Preti
Mariajose Estay Araya	Salvatore Evangelista	Beatrice Rita Murano	Marjorie Printz Family and Friends
Ryan Gabriel Armelao Rodriguez	Ombretta Fugazzotto	Francesco Antonio Murano	Noah Raffini
Guido Ferruccio Arrighi	Giuseppina Gaggero	Ornella Murano	Roger Alecio Rodrigues
Elisabetta Bersani	Barbara Gauger	Judi Murphy Family and Friends	Rieffel
Beatrice Bonetti	Harry Holmes Family and Friends	Katie Murphy	Michael J. Rother
Leonardo Borrioni	Diane Houde Family and Friends	Martino Parodi	Mariella Saldi
Enkelejd Çela	Ciro Inno	Simona Piera Maria Pasino	Rachel Faria Schumacher
Giuseppa Ciarmoli	Gianluca Inno	Antonella Pedicelli	Aura Celeste Selmani
David Edward Dodge	Roberta Maffei	Pierfrancesco Pellegrino	Frances Simmons
Marina Ercole	Maria Cristina Mauri	Giovanna Pera	Warren Simmons

## EVENING

Kathleen Alonzo and Family	Mary Gemming Family	Madeline Maheu	Steven J. Rizzo
Deborah Apple Family	and Friends	JoAn Easton Marchese	Sara Rose
and Friends	Maddison Geidl	Family and Friends	Eva-Marie Sandren
Monique Arcand Family	James Geoghegan	Janalynn Martens	Suzanne Sanner Family
and Friends	Giovanni Giedl	MarieAnn Messina	and Friends
Elizabeth Ann Belanger	Rochelle Gray	Noel Moyhnahin	Andrew Swyschuk
Carl D. Booth	Barbara Ann Hall and	Kirk Nelson	Emmett James Trebon
David Carver	Family	Kevin Noonan	Johanna Van de Ven
Lawrence Cherelli Family	Becky Hrabovsky	Thomas Francis O'Connor	Ana Vecchione and Family
and Friends	Leigh Elizabeth Hronek	Deidre O'Leary	Arend Vecchione
Kieran Cremen	Louise Izzo and Family	Oluwole Onifade	Marcello Vecchione
Holly Davies Jacquard	Lorraine Jacquard Family	Norma Christine Orts	Salvatore Vecchione
Lucrecia De La Espriella	and Friends	Joseph Michael	Christopher Timothy
Liliana Dominquez Family	Kristen Johnson Family	Ostermeier	Wallin
and Friends	and Friends	Jennifer Peiffer	Christine Anne Wellenstein
Chris Dougherty Family	Dhyana Kearly	Gregg Petersen	Chaitanya York Family and
and Friends	Mary LaCroix	Rhodes Pinto Family and	Friends
Debbie Eng Family and	June M. Latine	Friends	
Friends	Terri Lynn Lesser	Jordan Richardson and	
Ann Freas	Anita Liese	Family	

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## PASSED ON

**Father, in Thy love, Thy mercy, be Thou near those who are in—and have recently entered—the borderland.  
May I aid, when Thou seest that Thou canst use me. (281-15)**

Jan-Ake Akesson	Mark Evens	Ronnie LaCroix	Joseph Palmarini
Jose Robertó Alonzo	Martin Falardeau	Larry Laing	Henry Reed
Dean Alvino	Vern Fauth	Leo Lampron	Paul Rekow
Maude Andrews	Joseph Ferrara	Jane Latine	Ed Robertson
Manolo Arguelles	Nancy Ferrara	Patty Lazzeri	Vivian Robinson
Malvina Arkus	Maria Ferrari	Raphael LeBlanc	Stephen Scarafone
Arthur Bargonetti	Jessie Ford-Johnson	Mitchell Lewis	David Schroeder
Lise Beland	Joan Fosaaen	Gregory Lipscombe	Mohammad Awad Shatat
Gina D. Bigelow	Pete Freas	Lola Vera Loginova	Jesse Singelton
Alyanni Boekhout	Mary Magdelene Fussell	Therese Lupien	Ruth Ann Specht
Margie Boswell-Payton	Marie Fussell-Boswell	Jack Lutzow	Harold Stephens
Jonathan Lee Brittell	Claire Gardner	Lucia Elena Maksimiuk	Rachel Stevens
Barbara Brooks	Patty Goo	Thomas Malley	Robin Stinson
John Caputi	Kenneth Gray	Gloria Darlene Mann	Paul Suba
Jean-Marc Casabon	Paxton Haili	Anthony Marotta	Charles Tannen
Peggy Cherelli	Bubbie Hartman	Jennie Marotta	Judy Tannen
Yelena Chudnovsky	Jacquie Heath	Peter Marotta	Richard Taylor
Gianni Coscia	Carol Hill	Rene Martinez	Jessie Thomas
Alma Crovatt	Victoria Horsford	Andre Masson	Matthew Tolford
America De La Espiriella	Juanita Howard	Jim Merchand	Alex Trolese
Marie N. Dolan	Shawn Howard	Dorothy Mitchell	John D. Valenzuela
Sue Dougherty	Jim Hunsburger	Fred Mitchell	Rocco Viola
Alex Duenas	Ramona Hutton	Nicodemo Murano, Jr.	Virginia Waskniewski
Claude Durand	Rocco J. Izzo	Rob Murphy	Dudley Watson
Edward Lev Easton	Dinora Jimenez	Jason Nikolich	Derek Welton

**Father, we pray that those left behind might feel the peace and the comfort of your presence and  
release their loved ones into your waiting arms. (Theresa Cole)**