


Renewing the Energy of Your Body, Mind, and Spirit!

Saturday, December 29	TIME	Sunday, December 30	Monday, December 31	
<p>Welcome to Edgar Cayce's A.R.E.!</p>  <p><i>Wyndham Shuttle Unavailable</i></p> <p>1:00-2:00 pm Registration and Get Acquainted Mixer</p> <p>2:00-2:30 pm Orientation & Welcome</p> <p>2:30-4:00 pm Renewal of Spirit: Edgar Cayce, Reincarnation, & Study Group #1. Karen Boldt</p> <p>4:00-5:00 pm An Update on the Edgar Cayce Work Kevin J. Todeschi MA</p> <p><i>5:00-7:00 pm Dinner & Free Time!</i></p> <p>7:00-8:30 pm Your Destiny: Becoming Whole Judith Stevens</p>	As Indicated	8-8:45 am Edgar Cayce's Exercises for Body-Mind-Spirit Peter Van Daam	7-8 am World Peace Meditation - Ellen Cayce 8-8:45 am Dances of Universal Peace - Ellen Cayce	
	9:00 am	The Power of EFT: Clearing the Way for Spiritual Growth Jan Watkins JD MSW	Meditation: The Connection to Body, Mind & Spirit Corinne Cayce MA	
	10:20 am	<i>Energy Break!</i>		
	10:40 am	<i>...Continuation</i>	The Importance of Meditation, Prayer, and Study Group Work Panel Discussion Karen Boldt, Corinne Cayce MA, Judith Stevens	
	Noon	<i>Optional Life Member Lunch - Judith Stevens (Self-Pay) (Copeland Dining Room)</i>		
			<i>Staff Meditation (noon), Lunch & Free Time!</i>	
		2:00 pm	The Power of EFT: Clearing the Way for Spiritual Growth Jan Watkins JD MSW	<p>OPTIONAL ACTIVITIES & FREE TIME:</p> <p>2 pm Cayce Movie (Flagler Library Meeting Room)</p> <p>2-3:30 pm ASFG Study Group Gathering and Q&A - Judith Stevens (North Wing of Porch)</p> <p>2 pm & 3:15 pm ECF/Archives Tour* Led by: Laura Hoff (Lobby) <i>*Attendance is limited, signup required—please sign-up early!</i></p> <p>2 pm Nature Walk Led by Vickie Shufer MS (Lobby)</p> <p>2:30 pm A.R.E. Tour (Lobby)</p> <p>3:30 pm Survey Lecture (Flagler Library Meeting Room)</p> <p>4:30-6 pm Friends of A.R.E. Camp Meeting <i>AND 6 pm A.R.E. Camp Potluck & Social All are Welcome!</i> (Copeland Dining Room)</p>
		3:30 pm	<i>Energy Break!</i>	
		3:45 pm	<i>...Continuation</i>	
		5:00 pm	<i>Dinner & Free Time!</i>	
	7:00- 8:30 pm	Home and Heart = Happiness Peggy Cross ASID		

HOURS: Lobby Sa 10a-7:30p Su 8-7:30 Mo 6:30-5 Bookstore Sa 10-9 Su 8:30-9 Mo 8:30-9. Library Sa 10-5 Su Noon-5 Mo 10-5. Café Sa 10-3, Su Closed, Mo 10-3.
Please hold questions until the end of the speaker's presentation(s). Absolutely no photographs or video recording of speaker presentations or slides. Thank you.