



Edgar Cayce on ESP and Psychic Phenomena

The term ***Extrasensory Sensory Perception (ESP)*** has been broken down into four categories. Throughout Edgar Cayce's life, he demonstrated strengths in every area of ESP:

- 1) **Telepathy** is the ability to obtain information psychically by reading the mind of another person. For example, while Cayce was in Kentucky, he gave a reading for a man in New York (740-1). He saw the man smoking a cigar, heard him whistling a particular song, saw him meet with another man, look over three letters, and talk on the telephone. All of these events were later verified.
- 2) **Clairvoyance** is the ability to "see" information that no one else has. In one Cayce reading (2826-1), the person was in Ohio while Cayce was in Virginia Beach. During the reading, Cayce correctly gave the person's body temperature. Now, if the attending doctor in Ohio had known the patient's temperature before Cayce's reading was given, then this would be an example of *telepathy* (reading someone's mind). But since the doctor hadn't known the temperature until after Cayce's psychic reading, it is an example of clairvoyance.
- 3) **Precognition** is the ability to view events before they happen. When completing a reading for one woman in New York, Cayce suddenly started giving a reading for a woman in Missouri, although no one had solicited it. Her request for help, dated the day after he had volunteered the information (5700-6), did not arrive until after his response had already been mailed. Cayce also predicted the stock market crash (900-425) more than six months before it occurred and foresaw the outbreak of World War II.

Many of us have had the experience called *déjà vu*. The Cayce readings suggest that one explanation for this phenomenon is that our dreams often foreshadow future events. Such precognitive dreams may be forgotten and only dimly felt at those times as *déjà vu* experiences.

- 4) **Retrocognition** is the ability to see past events. In one reading (1462-1), Cayce was given the incorrect date and location of birth for a young girl. In going back over the years during the reading, he responded with, "We don't find it here." Then, after a short pause, he finally said, "Yes, we have the record here (looks like it's the wrong place and date)." It was later discovered that the date and location Cayce "found" was actually the correct one.

More than eleven years before the Dead Sea Scrolls were found in 1947, Cayce's readings described a sect of Judaism called the Essenes. In 1951, archaeologists made

further excavations at Qumran near the site where the Dead Sea Scrolls were found and discovered evidence that confirmed the information Cayce had given.

Edgar Cayce said “psychic is of the soul,” and his readings suggests that instead of seeking psychic experiences for the sake of having them, we should seek only those within the context of spiritual growth, of learning about ourselves, or of being of service to others.

We may wish to work with psychic information to the same degree that we would listen to the advice of a trusted friend. In other words, it can be utilized as an additional tool for gathering insights and for making decisions, but it shouldn't necessarily be given any more credence than information from any of our other friends (or senses); however, it shouldn't be given any less either. In time, individuals may work with their own intuition in such a way that it becomes as natural as using any of their other senses: taste, smell, touch, hearing, or sight.

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