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## **CHRIST CONSCIOUSNESS**

**A compilation of Extracts  
from the Edgar Cayce Readings**

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## Christ Consciousness

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## **Commentary on the “Christ Consciousness”**

“Christ Consciousness” is a term frequently used in the Edgar Cayce readings to refer to a spiritual pattern or God pattern that is a part of each of us. That pattern, or impulse, or tendency can be awakened through particular attitudes and actions. For western man and those familiar with the New Testament, Christ was an example of one whose attitudes and actions were such that this pattern was activated. The Edgar Cayce readings do not suggest that this pattern or impulse is only with those who have been exposed to the historical figure of Jesus the Christ. The manifestation of love and “fruits of the spirit” which are basic to most of the world’s religions are the types of attitudes and behavior that activate this pattern. An example of a definition of this concept from the Edgar Cayce readings follows:

“Q-18. Should the Christ Consciousness be described as the awareness within each soul, imprinted in pattern on the mind and waiting to be awakened by the will, of the soul’s oneness with God?

A-18. Correct. That’s the idea exactly!” [5749-14]

The Edgar Cayce readings probably refer to this pattern as the Christ Consciousness, both because of the clear example of the pattern that Jesus provided, and because the readings were possibly influenced by his deep convictions about Christ and the New Testament at the conscious mental level.

Again, the readings specify that the Christ Consciousness is a universal consciousness or can be referred to as the Holy Spirit. It is a state of consciousness that is not always suddenly attainable but a state that one grows toward through application of and faith in the process of “being at one with the divine that is within.”

Two of the major tools available to facilitate the awareness of this state of consciousness are the will, as it is described in the readings, and the process of turning within through meditation and dream study. The will is referred to in the Edgar Cayce material as a kind of force or unit of energy, perhaps somewhat analogous to a muscle. The muscle is strengthened through specific exercises and the will is strengthened through making choices. Choices that are made in accord with one’s ideal or in accord with God’s will would facilitate the development of the awareness of the Christ Consciousness or the God within, or awareness of one’s relationship to the Creative Forces.

Looking inward through meditation and dream study can also be helpful in this process of increased awareness. There are books and other specific references that would provide a more detailed guide to the use of these tools. The readings stress, however, that this awareness is related to the “still small voice within” that is more easily attended to in sleep or in the quiet of meditation.

## **Christ Consciousness A Definition**

(Q) Should the Christ-Consciousness be described as the awareness within each soul, imprinted in pattern on the mind and waiting to be awakened by the will, of the soul's oneness with God?

(A) Correct. That's the idea exactly! [5749-14, 5/14/41]

(Q) Please explain clearly the difference between the Christ Consciousness, the Christ Spirit.

(A) As the difference might be given in that which makes for the birth in the flower, and the flower. The consciousness of the Spirit and the abilities to apply same are the differences in the Christ Consciousness, the Christ Spirit.

As has been given, the devils believe, the devils know, individuals that may be conscious of an activity. Those with the abilities to call upon, to be so unselfish as to allow the Spirit to operate in self's stead, are aware of the Spirit's activity, while those that may be conscious or aware of a truth may not wholly make it their own without that which has been given, "He that would have life must give life;" for HE thought it not robbery to be equal with the Father, yet of Himself did nothing, "but the Father that worketh in me, through me."

Do thou likewise, that thou may know the consciousness of the Christ Spirit, and experience the operation of that witness, that "My Spirit beareth witness with thy spirit, that the Father may be glorified in you, even as I am glorified in the Father through you. If ye love me keep my commandments, and I will abide with you. I will NOT leave thee comfortless; I will make thee aware of that glory I possessed with the Father before the world was."

In such a manner may individuals become aware of the Christ Consciousness and become one with the operative forces of the Christ Spirit abroad in the earth; for He shall come again, even as ye have seen Him go. THEN shall the Christ Spirit be manifest in the world, even as the Christ Consciousness may make thee aware of that promised as the Comforter in this material world.

Then, the Christ Consciousness is the Holy Spirit, or that as the promise of His presence made aware of His activity in the earth. The Spirit is as the Christ in action with the Spirit of the Father. [262-29, 10/2/32]

(Q) Explain and expand fully the thought that the Christ Spirit, not the man, should be the door, the truth, the way. (continued on next page)

(A) That which has been given may be used to illustrate the difference that may be felt by a soul that has become aware of itself, as the Christ, or as Jesus the man became aware of the Spirit of the Father through those experiences of the man as he “went about doing good,” and at those periods when there was received those acknowledgements of the Father that he WAS the one who could, WOULD, through those activities, become the Savior of man. First, as “in whom I am well pleased;” then as “This is my son; hear ye him!”

In the overcoming, then, He IS the way, the manner in which individuals may become aware of their souls that are in accord with that as may be one with the spirit of truth; for corruption inherits not eternal life. The Spirit is the true life. Then, as individuals become aware of that ability IN HIM to be the way, so they become the door, as representatives, as agents, as those that present the way; and the door is thus opened; and not to the man but the spirit of self that bears witness with the spirit of truth through Him that overcame the world, thus putting the world under His feet.

So we, as heirs of the kingdom, as brothers one with Him, may enjoy that privilege as He has given to those that hear His voice and put on the whole armor; that we may run the race that is set before us, looking to Him, the author, the giver of light; for in Him ye live and move and HAVE their being. Do ye become rebels? Do ye find fault one with another, that are as self heirs to that kingdom? Rather be in that humbleness of spirit, that His will “be done in earth as it is in heaven.” Thus do we become the children of the Father, the door to the way, and joint heirs with Him in glory.

Let thy yeas be yea, thy nays be nay. “Let others do as they may, but for me I will serve a LIVING God,” who has shown in man - ALL men, everywhere - that image of the Creator, in that the soul may grow in grace, in knowledge, in peace, in harmony, in understanding.

Be ye doers of the word; not hearers only. Thus ye become the door that the WAY, the Christ, the Savior, may enter in; for HE IS the way, the truth, and the light.  
[262-29, 10/2/32]

(Q) What is the meaning and significance of the words Jesus and Christ as should be understood and applied...

(A) Jesus is the man, - the activity, the mind, the relationships that He bore to others. Yea, He was mindful of friends, He was sociable, He was loving, He was kind, He was gentle. He grew faint, He grew weak - and yet gained that strength that He has promised, in becoming the Christ, by fulfilling and overcoming the world!

Ye are made strong, - in body, in mind, in soul and purpose, - by that power in Christ. The POWER, then, is in the Christ. The PATTERN is in Jesus.  
[2533-7, Male 38, 5/29/43]

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The Christ Consciousness is a universal consciousness of the Father Spirit. The Jesus consciousness is that man builds as body worship.

In the Christ Consciousness, then, there is the oneness of self, self's desires, self's abilities, made in at-onement with the forces that may bring to pass that which is sought by an individual entity or soul... [5749-4, 8/6/33]

Suggestion given to Edgar Cayce:

From the highest source in the Christ Consciousness available to this entity you will give detailed and comprehensive instructions necessary for the entity to know, speak, and understand the proper use of the Sacred Omnic Word of Power or Logos and to have conscious access to Omnipotence, Omniscience and Omnipresence. You will answer the questions that may be asked.

EC: In this, as we find, the entity is asking that it knows not of. This ability - to speak, to apply, to be present in Omnipresence - is attained by having fully, completely met all that has been error in the experience of the body, mind and soul in the earth experience.

Not that this is not attainable, but one grows to that consciousness in the application of the faith in and the consciousness of being at-one with the divine that is within....

(Q) The light that cannot fail?

(A) This is the Christ. For it has succeeded, in that it has in physical consciousness passed through and attained. And when that light enters, by the individual entity opening the consciousness of self to that abiding presence, the light has entered.

What is light? That from which, through which, in which may be found all things, out of which all things come. Thus the first of everything that may be visible, in earth, in heaven, in space, is of that light - IS that light! [2533-8, Male 39, 5/3/44]

(Q) Explain how the "Atonement of Christ" and the "At-onement with Christ" are in harmony.

(A) The atonement and at-onement is one in the faith that He, the Christ, presented to man that manner of life, that manner of activity in a material world that leaves easy the spiritual self in atonement for that which has been met in the experience of the entity, or self - and hence becomes the ONENESS, THROUGH atonement, WITH the Creative Forces - which is God! Hence the ONENESS of Christ life, Christ manifestations in the material world, brings those that trust in Him - and act that way - to the consciousness of that at-onement in Him.

(Q) Explain the harmony between the "Atonement of Christ" and Re-incarnation.  
(continued on next page)

(A) That as is the experience must be met in the activity of that soul, that is an INDIVIDUALITY, that may be one WITH God yet NOT God - yet one WITH Him in its individuality. Hence, as the Son of man - made in the flesh - in Adam brought sin, or separation from God - in the last Adam, the Christ, brought that AT-ONEMENT WITH God. So does this, then, make the at-onement with those that, as He, make themselves - through Him - in the same activity, the same at-onement, WITH Him.

[452-3, Male 28, 8/25/32]

(Q) After Jesus returned to the Father at the Ascension, and sent the Holy Spirit into the world, do those who receive the mark of the Lamb through the Holy Spirit become the Sons of God?

(A) All that manifest the Christ-Life, the Christ Consciousness, are the Sons of God. "Who is my mother - who is my brother, my sister? He that doeth the will of the Father, the same is my mother, my brother, my sister." [262-120, 8/28/38]

Life Eternal - One with that Oneness, as is seen by the Soul becoming One with the Will, the spirit, of the Father, even as is shown in the ensample of the Man called Jesus - the Christ, the Savior of the World, through compliance to those same laws, as He complied with, see? For with that Force, that Spirit, brought in the World, then becomes the truth, "What thou asketh in My name, believing in thine heart, same shall be unto thee." BEAUTIFUL is the life and the feet of those who walk in the paths of the righteous One. Lo! The Heavens open and I see Him stand at that Way which leads unto Life Everlasting; THAT then the Way, the Truth, the Light, the Water of Life, the Man made Perfect in that Spirit of Him who gave Himself as the ransom for many. In this is the ransom then: Making self of low estate, as is called in man's realm. All powerful - yet never using that power, save to help, to assist, to give aid, to give succor to someone who is not in that position to help or aid self, see? [900-147, Male 30, 10/22/25]

(Q) Has my spiritual growth been consistent with my spiritual age?

(A) The growth is not in spirit. The growth is in what spirit, or according to the spirit with which ye would work. The growth is in the soul, in the ideal, in the oneness of the Christ-Consciousness. [3357-2, Female 50, 11/17/43]

(Q) Please give me any spiritual and mental advice that I may need.

(A) This is not as needs, but rather as a helpful influence to be kept as an ever present experience of the mind and the body.

Keep close, this: "I and the Father may be one, in Jesus the Christ. Through the love He hath shown to me through the Christ, I - in applying those tenets in my daily life with my fellow man - may know the true meaning of Jesus Christ, the Savior of man."

[1467-13, Male 36, 12/6/41]

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(Q) What should be the guiding principles of my life?

(A) Jesus, the Christ - and HIM crucified! [1456-1, Female 29, 10/8/37]

(Q) What leader or teacher could guide body along the path?

(A) HIM! In Him! Along the ways that were given by Him! Be satisfied with nothing less than He as thy guide, by day and by night!

Let ever that mind be in thee: "IF HIS PRESENCE ABIDES NOT WITH ME DAY BY DAY, MAY I NOT BE LIFTED UP!" [452-6, Male 28, 11/29/32]

(Q) What is the RIGHT ROAD for me to take which I have not yet found?

(A) As indicated, first know WHAT IS THY IDEAL! There is none other. Let it be in the spiritual forces, NOT in the material. Seek to know THE CHRIST CONSCIOUSNESS! [1167-2, Female 40, 5/14/36]

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## Becoming Aware

In the soul's expression and its purposes for entering in this particular experience, in the sojourn through experience or time, we find those influences that have made for that awareness within the mental, the soul-being, of that oneness of purpose through which Creative Energy has prepared that channel, that way in which the soul - as the companion with the Creative Forces - may become more and more aware of its at-oneness with the Christ Consciousness in materiality. [827-1, Female 40, 2/13/35]

In the preparation, as we have given, each must so examine self that there be that in the heart, the soul of each, that each would present as a manifestation of that each would have Him present in the relationships with self.

For, as each seeks in its own way, there is given that which will enable each to gain a better concept of the Christ Consciousness in activity. [262-47, 6/11/33]

First be conscious of this - that the Lord hath need of thee with thy faults, with thy virtues. For without the consciousness that thou art His and He is thine, ye may not claim that birthright, ye may not pass this way without sorrow or without condemnation. But with that consciousness He healeth thy diseases, He instructeth thy mind, He pointeth the way that ye will choose. [3685-1, Female 29, 2/20/44]

Know first, in the spiritual attitude, as ye attempt to analyze self and self's abilities, self's faults, self's virtues, that the nearer ye may build thy mind to the Christ Consciousness the better may be the mental being, and a great deal of strength may be gained in the physical being also....

For He, thy God, thy Christ, is conscious of and hath need of thee; else thy individual self, as [5064], would not be aware of thy consciousness of being shut-in, would not be aware that there are material activities in which the entity might enter into - also that ye can, if ye will, be a witness for thy Maker. [5064-1, Male 29, 4/19/44]

As may be inferred, peace within self first must be found, which comes from the abiding faith in the universal consciousness or love as manifested by Jesus the Christ. This first applied in self, then in the associations with others, especially of those groups in those directions indicated, we will find harmony, a life experience which will bring not only a better place for others to live, but more harmony in self's own experience. [5230-1, Female 56, 6/6/44]

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That there is an ideal set whereunto all may turn for a way, a manner, an ideal, is also evidenced in the experience of the entity.

Hence there needs be only that reminding as to that He has already given, - that: In the manner, in the way ye treat thy fellow man, so ye do unto thy Maker.

He hath promised that those who draw nigh unto Him, He will draw nigh to them.

This is then indicating that, as ye apply the purposes, the aims, the desires in thy daily conversation, thy daily activities with thy fellow man, these are to be in accord with that He hath already given.

In doing this in a manifested way and manner one is enabled to become aware of that consciousness of the abiding of the Christ hope, the Christ life, the Christ promise in one's experience.

Thus, whether the activities of the material or mental body are in this or that direction, these principles, these activities may be a part of the daily experience of the entity.

For these are applicable, whether in reference to the daily conversation, whether as to home, as to church, as to state, as to nation.

For where there is hate, envy, or that attitude of same, there CANNOT dwell that love as He hath shown, or as He hath given, "A new commandment I give unto you, that ye love one another."

Then, let thy activities in EVERY way, in EVERY manner, become those of one who has put ON Christ in such a manner, in such a way that thy good be not evil spoken of, nor thy conversation questioned by others.

For unless thy activities and thy dealings with thy fellow man are coordinate with the principles that ye proclaim ye believe, in HIS activity, they become stumbling-stones to self as well as doubts and fears in the minds and the experiences of others.

Let thy conversation and thy activities, then, be consistent with that thou professest to believe.

Thou KNOWEST in Whom thou may believe, and as to Who may be thy Ideal.

Then, practice same, - not merely in speech, - not merely in the reciting of rote or of any message that may have been a part of the experience of a disciple, - but LIVE - LIVE in thy daily life that which is in keeping with that He has given.

In doing such, ye may become one with Him. For His promises are, "As ye abide with me, I may abide with thee."  
(continued on next page)

Then, let thy life, thy activities, be such that those seeing, knowing, hearing, observing thee may know that ye walk and talk with Jesus. [282-9, Male 33, 3/23/39]

Now we, in our individual selves, seek - for what? Self- glory, self-understanding; or that we may be in His place as an emissary, a missionary, a CHANNEL through which OTHERS, too, may know that the consciousness of Christ is but that we have effaced self and are again one with Him - to be a purpose in the scheme of redemption for those souls whose spirits are a portion of the God as ourselves? [262-114, 10/10/37]

And it is the will or the choice to apply self in relationship to the influences of the divine nature in the experience that makes for the growth, the development; rather than the application of self being chosen from material urges that may arise.

For ever the purpose of the entrance into materiality is to manifest the love of the Father as it may become a material application to the children of men; or the whole purpose may be included in these words: "As ye do it unto these, thy brethren, ye do it unto me." [1483-1, Female 27,11/27/37]

There must be the ANSWER WITHIN as to whether the choices to be made are in keeping with that as thy Lord - in spirit, in mind, in soul - would have thee to do; in determining the time and the place, and the factors that have to do with the problems, the situations that are to be brought into the lives and the experiences of those whom the entity in the present would aid with their problems.

That consciousness of His presence, then, must be the real criterion of thy choices that ye make day by day.

For how hath He promised? "If ye love me, ye will keep my commandments." [1151-12, Male 48, 2/9/38]

...But know each soul must find its way back to its God. Be as the leader gave of old, "Others may do as they may, but as for me - I will serve the LIVING God." Not the God of any people, of any individual, but the LIVING God - that is personal to those that seek to know Him as a personal God. In that attitude, then, may the greater help come to all those about the body, that in that experience in their own activities measured up or slided off (as would be termed) to their own ways of interpretation of the associations and relations. For, as in the experience then the question was - how personal could the individual come to know God's ways in the earth, it is the same today. How personal, how close does God walk with the individual in his daily life? His emissaries, His teachers, His ministers, ever. Let's not see the emissaries or the ministers, but only God. For, as Christ has given, "I do nothing of myself but God that worketh (continued)

within me.” So may the entity, with the spirit of God through the power of the Christ Consciousness, come to know - in EVERY thing, in every act - that love that may pass all understandings... [255-12, Female 51, 11/23/33]

In contemplation, then, of those abilities within self, of those desires of those wanting to aid through the efforts of thine own hands - do well that thou hast in hand from day to day, and there will be given that peace, that joy, that understanding, that only comes from the knowledge of God lives! And His Son is in the world! Through faith in His name may we know and see and understand all that the PHYSICAL, the MENTAL, has to bear in this mundane sphere. [2112-1, Female 58, 6/2/31]

Do study scripture. Do analyze it. Begin with definite portions, as: Exodus 19:5. Then study thoroughly the whole of Exodus 20, then Deuteronomy 30. Then make the pattern of thy life the 23rd Psalm, and then the first ten verses of the first chapter of John. And then the 14th, 15th, 16th, 17th of John. And then the 13th of I Corinthians. These should not merely be learned, but used as patterns; not as a show, but as something to be used in the experience with others to become a little more patient, a little more sincere, with self, a little kinder to those less fortunate, a little more of brotherly love to those who are high-minded, who think and act as if they were the patterns of the world.

For the spirit of the Christ may abide within the entity, and its love then for children, its love for home, will bring harmony, peace, love, happiness within the experience of the entity.

This is not indicating that the entity is to be long-faced or be sad about its choices of activity, but rather be happy, be joyous, be glad! For the Lord will not withhold any good thing from those who love His coming and who prepare for it in the minds and hearts of others.

In those manners, then, may the entity find real success, real happiness, even in a cruel world. [2969-2, Female 18, 2/15/44]

...this should be the applied study of the individual entity in this experience, - awakening to the realization of the help as in the Christ-Consciousness may be brought into the lives of individuals. There is no greater service than awakening an individual to the consciousness of that presence which may abide within. [2787-1, Female 49, 7/25/42]

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## **The Body is the Temple**

Thy body is indeed the temple of the living God. Where in thy body, then, is the door through which - when ye open it - the Christ may come in, the Christ-Conscience? He is the Son of righteousness. He is the sun of thy soul. He is the maker, and thus through that awareness ye may make thy whole purpose one with Him - in thy sincerity.

[2608-1, Female 56,10/18/41]

The man, the body, and the manifestations of the flesh are as but a channel, a manner, a means through which the soul may through its activities manifest the attributes of the spirit of truth. Man finds himself in that state where he is subject to the faults, the failures, those conditions that work upon the weaknesses wherein he has failed. And, as an individual finds, these work through environmental and hereditary influences, also through associations. Yet there is ever the awareness in the experiences of those who seek, that the Father, the God, the Creative Force, has prepared - has given man, the individual - the way of escape from those things that so easily beset. That the activities must become the voluntary choice of the entity, the soul, has been shown, manifested, given in the manner in which the Christ Consciousness in the earth was manifested through the lowly Nazarene; that came in order that man - through His example, His love, His patience, His hope manifested, through the attributes of the Spirit that He exemplified in His activity both as to word and as to precept - might choose, as He, to do that which is right, that which is just, that which is sincere, that which is honest in the activities one with another. And as He has given, "As ye do it unto the least of thy brethren, ye do it unto me."

Also He has given, as the Father's promise has been to Him and to man through those various channels of approach, "Ye abiding in me and I in the Father, ye may know that consciousness that I and the Father abide in thee." That is the manner in which the individual, the soul, may at THIS time become more and more aware of the Christ Consciousness, that manifested by and through the man Jesus, that is the promise and the sureness as shown in Him from the Father unto thee.

The way is simple. Yet those who would seek through the mysteries of nature, the mysteries of the manifestations of life in the earth, or those who would see rather the activities of their neighbors, friends, associates day by day, than listen to that which may be had through the still small voice from within, become in the position of being troubled and wondering - and then fearful; and then there come those periods when the sureness of self is lacking.

All things having force or power in the earth, in the heavens, in the sea, are given that power from Him; that those who seek may know Him the better. He hath not willed, He hath not destined that any soul should perish. In patience, in persistency, in consistency of thy manifestations of His love before and to and (continued next page)

of thy fellow man, ye become aware that thy soul is a portion of the Creator, that it is the gift of the Father TO THEE. This is manifested in thine daily experience. That portion of thy body which is of the earth-earthy remains with the earth, but that thou hast glorified, that thou hast used as a channel for the manifestations of His Spirit - of thy soul in communion with Him, THAT body will be raised with Him in righteousness. That the physical body becomes ensnared, entangled in those things in the earth, through the gratifying of those desires that are fleshly alone, those that are carnal, is manifested by the dis-ease, the corruption, the turmoil, the strife that arises within the experience of each soul in its THOUGHTFUL activities in the earth.

The soul, then, must return - WILL return - to its Maker. It is a portion of the Creative Force, which is energized into activity even in materiality, in the flesh. Yet it may, with thine own understanding and thine own manifestations, come to be as a portion of that thou bringest in thy love into thy fellow man, for thy Father-God, for thy activity to be ONE with Him in those realms of activity and experience that ye ARE aware of His presence, of His abiding love, of His abiding faith IN thee motivating thee in thy activities in every direction.

Then, just being kind, just being patient, just showing love for thy fellow man; THAT is the manner in which an individual works AT becoming aware of the consciousness of the Christ Spirit.

He hath given that where the treasure is, where the heart is, THERE doth the soul make manifest the greater glorious activities that make for the growth through the mind, the body; the soul becomes aware of that sphere of activity, that growth whereunto there has become the experience of His abiding presence ever.

In a material expression - as thou hast seen in thine own activities among thine counsels, among thine helps to those that seek the material things of life - how, when and in what way does an individual become aware of the laws pertaining to the construction of a sentence in English? How, where, when, in what manner does an individual learn the rule of spelling a word? By the meditating upon same, by seeing, visualizing, acting. And then the AWARENESS of same is manifested by the manner in which the individual puts same into practice in conjunction or association with its fellow man. The knowledge may be existent, the awareness in self may be present; but if the individual does not apply same in its associations - or if it uses some other manner, some other way of expression than that it has set as the rule or the standard - it becomes of none effect.

What are the rules, then? As has just been outlined, ye may become aware of His presence abiding with thee. When ye manifest love, patience, hope, charity, tolerance, faith; these be the manners. Not in thine own SELF! These as words, these as expressions, these as visualized OBJECTS may be within thine self. But when ye as a soul, as an entity, as an individual, make such manifest to those ye meet casually, to those that ye contact day by day - in conversation, in example, in precept; these the attributes of the Spirit - ye become aware of that Consciousness, (continued on next page)

of that Christ Spirit, of that Christ Consciousness as He gave, "Ye abiding in me and I in the Father, WE - the Father, I will COME and abide with thee."

When the Spirit of the Father, when the activities that the Christ - the man - gave to the sons of men - are made manifest in thine own life day by day, then ye become aware of His presence abiding in thee.

KNOW the Truth, for the truth is as He gave; the truth is He, and His words. For He hath given, "Though the heavens and the earth may pass away, MY words, my promise, shall NOT pass away."

Let not, then, the cares of the world, the deceitfulness of riches, the pomp and glory of the earthly nature, or fame or even to be well-spoken of, hinder thee from APPLYING in thy relationships with thy fellow man that thou KNOWEST to be the manner in which ye may become aware of His presence.

That offenses must come is true. But woe to him that bringeth same to pass!

Then, be not idle in that ye know; rather let it be an ACTIVE, POSITIVE influence in the experience of all. Let love be without dissimulation. Abhor that which is evil, cleave to that which is good.

In THIS way may YE know, may YE be aware of His presence within thee.

Just as thou hast seen in thine own body that which has brought the fires of nature, the turmoils of dis-ease, the wonderments even of distress. Yet ye have seen those influences, those powers in nature that are manifestations of His love to man, so that - when ye have fallen away, and into those things that BRING such hindrances in thine life and thine experience - the WAY is prepared. WHOSE way? Who hath prepared the Way? Man in ANY phase of his experience is but the channel to make application, or to give that which may be a helpful understanding; he is but being used as a channel. Even as THOU may be, to make for the awareness in the experiences of others of His abiding presence being in and with thee!

Ready for questions.

(Q) May the vibrations of my body be raised to that which will bring purity and a normal functioning of all its organs?

(A) Apply in their regular order, in decency and in order, in love and in patience, those things that have been given thee as to the manner of expression; cleansing thine body in the ways and manners as thou hast seen, as thou hast known, as thou may comprehend more and more, would make thee as one set apart, as one dedicating its abilities of every nature to the service of the fellow man. Thus may that service bring to thee the awareness of HIS force, HIS power, working in and through thy body. THUS may the vibrations be raised; THUS may thy body be cleansed; thus may (continued)

thy mind have the greater channel, the greater ways and means of manifesting that thou wouldst show forth in thine activities for thine greater, thine better understanding.

[272-9, Female 37, 8/31/35]

Then, keep the life, the activities, the experiences of the entity inviolate. Know - as has been indicated not only through these channels but through the promises of Him whom ye seek to manifest among the children of men - so long as the Christ-Consciousness abides, there is little fault, little hindrance in physical, mental or spiritual forces.

Thus, keep these activities first and foremost in thy thoughts, in thy applications day by day.

Have regular rest days, then, as well as periods of relaxation and recreation.

Have checks made by the material physician as well as by the mental and spiritual physician, that there may be a better manner or channel for bringing the better understanding to those who seek His Face.

[294-197, Male 63, 5/9/40]

For, who healeth thine iniquities? Who forgiveth thy sins? Who keepeth thee in every way? The spirit of truth! The spirit of love, the spirit of helpfulness, the spirit of patience, the spirit of kindness, the spirit of gentleness! And all are found in the one Christ-consciousness! Then, as the cells of the body are aroused in themselves to that awareness that each cell is to perform a functioning to the glory of a glorified consciousness - not of self but of Him, who is life itself - we may overcome these disturbances. With the continuing of those things that attune the body to nature, and the suggestions that attune the body to truth, to consciousness, we will break down the allergies that bring from the associations of the mind (though not conscious of same) the experiences which have come as a result of the entity's abilities being used to have self's own way. Now you have to do as something else wishes. Let's change it - in Him.

[3225-2, Female 40, 11/19/43]

Then there is little need for attempting to heal an ill body unless the mind, the purpose, the ideal of the entity is set in Him who is peace, life, hope and understanding. For He is indeed the way and the truth and the light.

If the entity will apply in self that it KNOWS to do – not as something that applies to self alone, but that applies to self in its relationships to others - the results will be apparent. Ye APPLY thy love, if ye would have others love thee! Ye do trust others and ye ARE the trust and the hope, if ye would have hope or expect others to have hope and trust in thee!

(continued on the next page)

## CHRIST CONSCIOUSNESS CIRCULATING FILE

For as ye know, as ye interpret in thine own experience, as in the life of Him who - though without fault - was hated of others. "If the world hate me, it does and it will hate thee." But if ye hate the world, if ye dislike those with whom ye are associated, then HIS death, His love, His promise becomes of none effect in thee!

For the WORLD hath hated Him without a cause. Ye feel within thyself that ye are distrusted, that ye are hated without a cause. But if ye do the same in return, His promise becomes of none effect in thee - ye are of the world and not of Him.

In thy body, - ye find body, mind, soul; or the spiritual, mental and material body. The misapplication of truth in thy mind, in not interpreting the spirit in self, may - as in thine own experience - bring the lack of proper elimination of drosses from thy body.

It is true that ye may in the spiritual, in the mental, in the material, make applications of that cleansing that may aid the body in eliminating same from the physical, from the mental, from the spiritual. The spirit is ever willing, and it remains the same yesterday, today and forever. For it is the eternal spiritual law.

First, then, the mental attitude towards self, towards the world, towards others, must be changed. For, if ye recognize in self the truth, that which is and was manifested in the Christ-Consciousness, ye will change thy mental attitude - towards self, towards others, towards conditions about thee. THEN ye may see change in the physical results or manifestations in self. Then ye, too, as He gave of old, will wash and be clean every whit!

[3078-1, Male 60, 7/2/43]

Let the body keep those attitudes of constructive forces in its experience, knowing as it enters into these activities, it is not for self but that others may know that freedom which comes with a greater knowledge of the Prince of Peace, of the Son, of the Father-God who gave the expression of self in the earth in such measures that He brought sight to the blind, the ability to restore the lame, even overcome death itself.

These keep in thy consciousness; that in Him ye live, and move and have thy being, wholly. Then with every experience, every doubt, every fear (not that it is within self to doubt; yet ye may, if ye trust in the shortness of thine own arms or hands, but trusting wholly in Him) ye will come to the more perfect way, the perfect understanding, the perfect interpretation of the meaning of life.

For, life itself is the manifestation of that divine influence. Not that ye become as one gloomy, sad, but rather be joyous in the Lord, and these will not only bring greater blessings to thee in thy vision but in thy ability to meet the infections which may come from those malarial conditions from the swamp or from the mosquito. All of these ye can put aside, trusting only in the Christ....

Know that the Lord doeth all things well. Keep His law. For it is not beyond understanding if ye seek not to have thine own way, but can truly in heart, (continued)

in mind and body, daily say, "Thy will, O God, be done, in me and through me, daily."  
[5188-1, Male 24, 6/3/44]

Then read, - not merely read but analyze, as in its relationship to thee, - the thirtieth chapter of Deuteronomy; then the fourteenth, fifteenth, sixteenth and seventeenth chapters of St. John; and know that they speak to thee!

And we will find that the nervous tension, the disturbance which has been a part of thy experience because of the emotions in the physical body, will be put away.

Then be not long-faced, nor as a goody-goody character of personage, but be ye good FOR something!  
[2269-1, Female 31, 5/31/40]

...Few there be that bear their burdens with such compassion, knowing that in the fullness of time the Great Healer may so make HIMSELF conscious in the vitals even of the physical organs as to remove, as to take the place of those conditions as have and do trouble and torment the body physical. Be of good cheer, for I will stand in the stead of him who puts his trust in me, hath said the Lord, and He is able, and willing, and anxious to do that for those who LOVE the coming of the consciousness of self's being emerged, ruled, controlled, by His Spirit....  
[1377-1, Female 63, 3/4/29]

These must be met in self first - by the spiritual attitudes, spiritual concepts. Know that in self alone ye may not meet such, but that as ye forgive - even yourself so may ye be forgiven by Him who is life, light and immortality. So may the healing influence of the Christ-Consciousness come to be a part of the individual self. Know that He has meant, "I stand and knock." Open - don't close the door to that Christ-Consciousness. Don't put Him away. Don't shut the door. Let Him enter, that He may abide with thee.

For as the promise is, "I and the Father may abide with thee." Thy best self, and the way to get rid of that which has disturbed you, will abide with you.  
[3527-1, Male 34, 1/5/44]

Don't fool thyself. Do not allow those things to enter that would add material, add self, add anything that is of a temporal nature.  
[2608-1, Female 56, 10/18/41]

If the entity's mental self then KEEPS the seeking to the Christ-love, the Christ-spirit, there WILL be the abilities to remove those things that have so easily beset the body.  
(continued on next page)

Know this first and foremost: ALL HEALING of any nature must be of God; for God (in Christ, to man) alone is life, is health, is good; and when applications are made of mechanical means, electrical means, the vibratory influences of medication or what not, the GOOD is the manifestation of Creative Forces or God!

Just as the blush of the rose, the beauty of the sunset, the dew upon the grass, the beauty of love - all are to man's understanding, to man's spiritual self - upon the spiritual portion of man's mind - a manifestation of God, that Creative Force, that everlasting Life.

Life alone is eternal because it is of God; and only in Him may it be  
RIGHTFULLY sought! [1427-1, Male adult, 8/21/37]

But if the soul will but know that the love of the Father (that has been manifested through His Son, who overcame sin, error, dis-ease, disease and even death itself in the material plane) has promised that through the consciousness of that life of the Christ awakening within us, as the consciousness of His indwelling presence, it may bring also healing in His wings, and that which had apparently been a hindrance may come to be the measure through which others may come to have the greater knowledge, the greater understanding of the Christ Consciousness, the Christ Life in the own experience, then all material problems will be understood and overcome.

And rather than shutting self away from associates or companionship, if the consciousness will but make for the fruits of the spirit of the Christ being manifest, there will be the seeking on the part of others to BE NEAR, to be in the light of that which may be shed abroad by such a soul, in such a body making manifest in this mundane sphere that love, that life, that graciousness of the Christ spirit in the life.

Hence, as we would find, if the body will thus find in self and in self's experience, there may come that CLEANSING within the physical forces of the body that will MAKE the body-SOUL whole indeed!

Hence, SEEK to know HIS ways with thee. Not alone by denying that sin or error exists. TRUE, sin and error is not of GOD - save through His sons that BROUGHT error, through selfishness, into the experience of the souls of men, the body by which angels and archangels are separate from the fullness of the Father. For, in His mercy He has given to all that which is the desire of every heart in a material plane - to seek companionship in a manner that there may be the exchange of experiences in whatsoever sphere the body-soul may find self. And in so doing, if there is the manifestation of greed, avarice, hate, selfishnesses, unkindliness, ungodliness, it makes for the harkenings that bring their fruit - contention, strife, hate, avarice, and separation from the light. For, those that have turned their face FROM the light of God can only see shadow or darkness and that light is only for those far away. Yet, if the soul will but turn to the Father of love as manifested in the earth through the Christ, in this life also may there be seen the light and the glory of a NEW birth. [479-1, Male 21, 1/6/34]

CHRIST CONSCIOUSNESS CIRCULATING FILE

For, know, - with surrounding thyself with the consciousness of the Christ-Force,  
- no intent, no purpose of any force may contend with that spirit....

First, turn within self. Know what is thy purpose, thy ideal, - physically, mentally,  
spiritually. That declare.

Then, by the very choice of the activities through the material plane, as well as the  
abilities to MAINTAIN that relationship with the Creative Forces, there may be the  
calling upon that Christ-Force within self so as to bring that power, that might, that  
ability to the forefront to CONTROL the active influences about self, - physically,  
mentally, spiritually. [2630-1, Female 52, 11/29/41]

In the counsel at the present, then, keep ever before thee thy ideal in the Christ,  
for the healing, the counsel, the hope, the harmony, the peace that comes to all must come  
through that consciousness of the indwelling of that love in the experiences of all.  
[281-19, 1/12/34]

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## Purpose in the Life Experience

(Q) What is the main purpose of this incarnation?

(A) To glorify the Christ-Consciousness in the earth - in the lives of those with whom ye come in contact, and to live the same thyself. [2441-4, Female 36, 4/13/32]

Thus the needs that this entity, as well as every entity (but this entity in its activities especially), be acquainted with, and walk oft in the way of life as manifest in the Christ. [5082-1, Female 55, 5/10/44]

In giving the interpretations of the records as we find here, - that which may be helpful and hopeful is chosen with the hope of the application of that given for the awakening or unfoldment of the spiritual self, to become aware of that love that is set through the Christ-Consciousness into the hearts of men - everywhere.

[1499-1, Female 50, 12/14/32]

What is the purpose then, we ask, for our entering into this vale, or experience, or awareness, where disappointments, fears, trials of body and of mind appear to mount above all of the glories that we may see?

In the beginning, when there was the creating, or the calling of individual entities into being, we were made to be the companions with the Father-God.

Now flesh and blood may not inherit eternal life; only the spirit, only the purpose, only the desire may inherit same.

Then that error in individual activity - not of another but of ourselves, individually - separated us from that awareness.

Hence God prepared the way through flesh whereby all phases of spirit, mind and body might express.

The earth then is a three-dimensional, a three-phase or three-manner expression. Just as the Father, the Son, the Holy Spirit are one. So are our body, mind and soul one - in Him.

Now we have seen, we have heard, we know that the Son represents or signifies the Mind.

He, the Son, was in the earth-earthly even as we - and yet is of the Godhead.

(continued on the next page)

CHRIST CONSCIOUSNESS CIRCULATING FILE

Hence the Mind is both material and spiritual, and taketh hold on that which is its environ, its want, in our experiences.

Then Mind, as He, was the Word - and dwelt among men; and we beheld Him as the face of the Father.

So is our mind made, so does our mind conceive - even as He; and IS the Builder.

Then that our mind dwells upon, that our mind feeds upon, that do we supply to our body - yes, to our soul!

Hence we find all of these are the background, as it were, for the interpreting of our experience, of our sojourns in the earth.

For the astrological or the relative position of the earth (our immediate home) is not the center of the universe, is not the center of our thought; but the kingdom of the Father or the kingdom of Heaven is within! Why? Because our mind, the Son, is within us.

Then with that consciousness of His awareness, we may know even as He has given, "Ye abide in me, as I in the Father - I will come and abide with thee."

[1567-2, Female 52, 5/26/38]

The soul was among those that found it necessary that there be those experiences or sojourns in the earth that there might be an application in material forces of the divine influences in the experience of the soul; to justify, purify self as a companion of one to dwell in the presence of divinity, and in the realm of that which would be one with the influences in the lives of individuals that will make for the becoming aware of the consciousness of the Christ-life healing, purifying, the drosses of materiality....

So, in coming into the present experience, the present environ, it was for those contacts with individual souls who are themselves a portion of that Whole as self is; that they in their cooperative ways and manners - though they be as by fire, that burns for the secular things in material forces - may purify and bring to the consciousness the awareness of His presence, His peace dwelling within. [295-9, Female 30, 4/13/34]

As to the appearances in the earth, then, and those that influence the bodily activities to a great extent in the present, these - as we find - are not all, but are those that in the present have a decided effect; or those that were at the periods in association with those that may be aids in the present; not props, not wholly dependent, for when one begins to depend upon another for all that may mean the experience of its soul in any sojourn it becomes weak in its own abilities, but rather lay that foundation which is Life itself, watered by the water of life from the Christ-Consciousness in the earth that may make for a growing in grace, in knowledge, in understanding, of those influences that may be wholly constructive in the experience of every soul. (continued on next page)

But if there will be sought from time to time those that may be aids that may assist in putting their feet on the right way, much may be given from time to time as to what is being done with the opportunities that are presented to such souls in this experience or sojourn. [518-1, Female 24, 2/20/34]

To be a channel of blessing to others is that purpose for which each soul has come into conscious activity in a material world.

Thus as you exercise these in relationship to the problems, you become strengthened to meet - physically, mentally, spiritually - those purposes He has given as to thy way of life in this material experience.

Self in the physical grows weary, because you are only human, because you are finite; you have a beginning, you have an end of your patience, your love, your hope, your fear, your desire. These are to be considered also; not as unto self, but when these problems arise know, as He has given, you cannot walk the whole way alone, but He has promised in the Christ-Consciousness to give you strength, to give you life and that more abundant. What, then, is life? God, in power, in might, in the awareness of the strength needed to meet every problem day by day.

Know it is in the little things, not by thunderous applause, not by the ringing of bells, nor the blowing of whistles, that the Son of Man comes - humble, gently, kind, meek, lowly - for "He that is the greatest among you serveth all."

This is the attitude.

Yes, it is well that others in the home, others of the connections and associations, have their share also. Ask them, that they assist in the problems, even as He asks that you open the door of your heart, that He may enter, to give them the opportunity also for a part of the service. [3161-1, Female 66, 8/17/43]

Thus as we find in the experiences in the earth, one only meets self. Learn, then, to stand off aside and watch self pass by - even in those influences that at times are torments to thy mind. Remember, MIND is the builder. Just as Father, Son, Holy Spirit; body, mind, soul.

Then the Master - as the mind - is the way, is the how, that one becomes aware through application, through administration of the hopes, the desires, the faith of the soul itself. For, mind is of body and of soul, and when purified in the Christ-Consciousness it lives on and on as such.

Remember, then, that all are tried as in the fires of self. For He has not willed that any soul should perish, but has with every temptation, every trial, prepared a way of escape. (continued on the next page)

And they that are His, He will not allow to be tempted beyond that they are able to bear.  
[3292-1, Female 47, 10/15/43]

Each soul, then, should gain this consciousness; that in HIM is the light, Him referring to that One that has been given into the world to become the Savior, the Redeemer of the world. Then, as one holds that consciousness, as one sets self to become one with that understanding necessary for the awakening of all forces and sources of activity within the physical consciousness as related both to the mental and material conditions in the life, so does there come within self that awareness OF that position held, that position one finds self within, and so is there given - through those promises that are in Him, by Him and THROUGH Him - that necessary for one to meet those things in their daily experience, their daily walks of life, in such a manner, in such an understandable way that the yoke becomes easy, the burdens become light. He has given that he that is faithful shall wear the crown of life; he that has been faithful even unto the end, he who has known and who does know all manners of temptations that come to the hearts, the minds, the souls of men, both mentally and materially; and He has given, "Lo, I am WITH those who love me even unto the end. I will not leave thee comfortless, I will come to thee," as oft as THOU within thine self will LET, will desire, will make self a channel for the expressions of that love which MADE Him the Savior of men.

[413-3, Female 42, 11/23/32]

...For, each soul goes on from things celestial to things terrestrial, [I Cor. 15:40] from things material to things mental and spiritual, and in each of these realms the consciousness of the soul seeks that desire of expression in that particular field of activity which it has builded in its own inner self. For, truly does the soul live on and become the more and more aware of that which is done in an unselfish manner, so that it may become more and more aware of abiding and living and being in Christ Consciousness. And hence the greater soul development that may be for any soul is to be less and less of self, less and less with MATERIAL desire, but more and more in accord with the Christ, the Holy One, the Life, the Manifestation of all those things that have been said to be so impractical as related to materiality; yet they are the REAL, the TRUE things in the experiences of every soul. Woe is he indeed that may hold a grudge, or that may build upon those things that are termed hardships in his experience! Rather, as He, rejoice in the crosses that ye may bear with Him as thine aid; then indeed does that companionship become such as to make for those joys in thine daily life in such ways and manners that ye see the fruits of the spirit of the Christ manifested in the lives and hearts of those to whom ye may be only gentle or kind in the passing. For, did not the poet give, "He smiled and the whole day was bright"? The song came, and the cheery word came to another, and the load was lifted from those that had thought a burden too heavy to bear. Just being kind and gentle, just being patient and giving in the experiences with those one contacts day by day, brings that joy, that pleasure, that understanding, that can ONLY come with walking with Him. And He is very near unto thee; He is in thine own heart, thine own life, day by day.

[410-2, Female 42, 4/18/34]

Hence into man's consciousness there have been given signs, omens, signposts, as it were; in not only the manifestations through man's experiences within his higher mental self, as may be had from the astrological aspects - which are from sojourns of the entity in those environments between the periods of manifestation in the earth; but in those that arise as emotions through the material senses from the sojourns in the earth; and also the teachings, the warnings that are given here, there, from those who are as messengers from a living experience - or God. [1493-1, Female 64, 12-4/37]

...There is within the ability of the entity the choice through that which is the gift of light or knowledge to man, through that which is a part of man's consciousness in the Mind (or the Son) making intercession for man to the Creative Forces or God - WILL.

So, no urge arising from astrological aspects or from sojourns of the entity in the earth surpasses the will of the individual entity, when its trust, its hope, its desire is put in the mind of God or the Christ-Consciousness. [5000-1, Male 20, 4/16/44]

...”There is a friend that sticketh closer than a brother,” and “he that is just kind to the least of these, my little ones, is greater than he that hath taken a mighty city.” These building, these kept within the consciousness of the entity, will build to that Christ consciousness as makes all free; for in Him is the life, and He is the light that shineth into the dark places, even to the recesses of that of His own consciousness that makes for that which casteth out fear; (for being afraid is the first consciousness of sin's entering in, for he that is made afraid has lost consciousness of self's own heritage with the Son; for we are heirs through Him to that Kingdom that is beyond all that that would make afraid, or that would cause a doubt in the heart of any. Through the recesses of the heart, then, search out that that would make afraid, casting out fear, and HE alone may guide.) [243-10, Female 50, 7/23/30]

While He, thy Master, thy Friend, thy Brother, stands ever ready to aid - ye cannot bear the cross alone. Hence He has given, “Believe in me and ye may ask that ye WILL.” If thy will then is one with His, there may come into thine experiences the ability to forgive those who have PURPOSELY wronged thee. For thy prayer may not approach the throne of mercy lest ye have shown mercy to even those that have wronged thee in their might or power.

Hence love divine becomes again as an influence that must be manifested in the experience of the entity day by day, if it would know its closer relationships, if it would walk and talk with its Maker. [1435-1, Female 43, 8/29/37]

Then, when there are those experiences in the life of an entity in the material plane, when expression is given to that which is the prompting or directing influence in the life of an individual entity, it is ever those that draw nearer to the (continued)

universal consciousness of the Christ that come closer to the perfect relationship to the Creative Forces or God, the Father - which the man Jesus attained when He gave of Himself to the world, that through Him, by and in Him, each entity might come to know the true relationship with the Father....

At such times, then, look deep into the life of the man Jesus and see how He dealt with the problems of the day. As He gave, in the interpretation of His purpose in the earth, He recognized the needs of each soul as to its purpose in the earth also. For, all men (and He was a man) have fallen short of the glory of God. Only in Him, through Him, by Him may one attain to that true sonship, that true fellowship, that true relationship to the Creative Forces or God. [3357-2, Female 50, 11/17/43]

Then the awareness in patience, for this entity, is to become more and more aware of thy relationship to the Creative Forces. Do not grow anxious because those about thee deny thy faith. Only live it and be it; not in finding fault with others, not in condemning others. For as we forgive, we are forgiven; as we condemn others, we are ourselves condemned. Thus in patience condemn not, neither find fault; not condoning, not agreeing, but let thine own life so shine that others, seeing thy patience, knowing thy understanding, comprehending thy peace, may take hope. For such comes only from finding the presence of the Christ-Consciousness in self. Then, when the entity as an individual speaks so loud, there is little to be said. Others seeing will take hope and they, too, will more and more draw closer to the oneness of purpose. All do not think alike. All approach according to their own concept. Yet as others see, there is felt the influence for creative or destructive forces in the life. For it is the spirit, the purpose, the ideal with which ye think, ye speak, ye act, that will determine what the fruit of thy life, of thy thoughts, will be. If ye sow the spirit, in the seed of the spirit of patience, of love, of longsuffering, brotherly kindness, the lack of hate - but love, love in everything, then ye will find, as He has given, He the Master, Jesus, the Christ-Consciousness, will abide with thee. He has attained the Christ-Consciousness in giving of Himself. Though able in mental and physical to lay aside the Cross, He accepted same, offering self as the sacrifice; that ye might have an advocate in the Father. Thus are ye saved, by grace. [3459-1, Female adult, 12/3/43]

For, peace and harmony - as the entity experiences (not as all others, but as the entity experiences) - is a matter of being able to hold within self the awareness of the promises of life, and light, as expressed in Him....

In meeting and cultivating attitudes and activities for these experiences, let the mind - the builder - hold fast to that expressed in, "LORD, THOU ART THE WAY - THOU WILT DIRECT." [1223-4, Female 34,10/28/40]

(Q) Please give any mental and spiritual counsel and guidance that may be of help in carrying on in this material plane. (continued on next page)

CHRIST CONSCIOUSNESS CIRCULATING FILE

(A) Study in self to keep that inviolate in which the activities of the body in the material plane may bring for the body those influences, those promises in its activities in the earth; for - as He has given - those that keep in the way that brings the greater influence of the Christ-Consciousness may find the greater mental, spiritual and physical development. [295-10, Female 31, 1/18/35]

(Q) What is the lesson that may be drawn from my entrance into the present plane?

(A) That purpose for which the soul entered in, under those circumstances and conditions in the earth's experience in the present, that the soul might meet in this experience that which will make for the more sureness in Him. For, the earth is His and the fullness thereof. For, as given, God and the Christ Spirit is Life itself; and the motivating force of the soul is either for that companionship, that association, that development which will make such a soul-body as a fit companion for that Creative Influence manifested in the earth in Him, or it is for separating self from Him. For, in the Beginning was the Word, and that Spirit, that Christ Spirit WAS the Word. That Word was made flesh, even as each soul that manifests in the earth is made flesh. That soul, that spirit, DWELT among men, and that soul made itself of no estate; yet the Creator, the Maker, the Giver of the life itself; that man, that each soul, that this soul, might know that it has an advocate WITH the Father through Him that gave Himself as a ransom. How? For, as the impulses in self arise, know those impulses have arisen in Him; yet through the ability to overcome death in the material world is His presence able to abide with thee, dost thou trust in Him and not in self. Or, as He gave, in Him who IS the Maker and the Creator is life alone, and they that put their trust in anything else climb up some other way. But they that put their trust in Him are His, and He calleth them by name, and He abideth with them. When ye call on Him He is very near.

KNOW, then, that in this experience thou mayest come to know Him as thine daily companion in whatsoever thou doest; for, "If ye love me, keep my commandments." What are His commandments? A new commandment He gave, that ye love one another, even as He has loved thee. [524-2, Female 25, 6/14/34]

(Q) Please give the lesson that should be learned from this experience by the entity.

(A) Subduing these very same conditions in the experience of self. EVER these are contending influences in the experience.

For, one should remember, even the cleansing power as in the raising of Lazarus - raised for the moment, but his own life to live! Forgiven, yes - entirely, by and through the blood of the Master, but the OWN life to live!

As the illustration, that has oft been given: Nails may be driven in a post and may be removed, but the holes cannot! Neither can the scars that remain, (continued)

that touched the soul - as the devils do in their activity, be wholly erased; until self has passed through the whole cleansing in Him.

All those, then, that were cleansed by Him, have been called - are called - for special missions, for activities in each experience in and among men, that they - as souls, as portions of the life, as portions of the whole - may demonstrate, may give, the blessings to many.

Even as the body may, as Mary, give that in the experience of those; that ever stood as a monument, as a memorial, to the activity of the Christ life upon the life of a soul that was active in the earth during the Galilean or the Palestine experience. And so may the entity in the experience in the earth in the present become the channel through which blessings may come to many that act as a manifestation of life in the earth for the bringing about of those things, in the hearts and minds and souls of men, that cause the recognition and the activity of the saving grace in the love of the Christ, the Savior of men.

[295-8, Female 30, 8/31/33]

(Q) Please give that which will be of help in my present development to attain the Christ Consciousness.

(A) Applying that - APPLYING that - which has been so oft given.

Let love direct thee, with little thought of self; rather with the attitude that the Christ Love, the Christ Consciousness may be made manifest day by day.

(Q) May I sit at the Master's feet and learn of Him?

(A) Learn by applying His precepts, His life, in thine OWN relationship with thy fellow man.

How gave He when he was called and told that his mother and brethren waited without? "Who is my mother? Who is my brother, my sister? He that doeth the will of my Father." What is the will? "Love the Lord thy God with all thine mind, thy body, thy soul, and thy neighbor as thyself."

Who is thy neighbor? He that seeks to know more and more of the love of the Father through the Son.

Who is the Son? He that doeth the will of the Father, in WHATEVER sphere of activity that may be.

For the individual, the soul, may so live that the acts of the body, the thoughts of the mind, may be one with Him.

Let thy light so shine that others seeing thy light, thy life, may take hope. Be patient; be persistent; be consistent in what ye do, in what ye say.

(Q) How could I improve my meditations? (continued on next page)

(A) By being, as given, more and more patient, more and more longsuffering, more and more tolerant, more and more LOVELY to everyone ye meet in EVERY way ye act, in every word ye SPEAK, in every thought ye think. [272-9, Female 37, 8/31/35]

Let the message, the life, the mind, the purpose ever be - as experienced in some of the sojourns in the earth - in that way of giving a cup of water, of life, to the thirsty souls who seek to know, to hear, to interpret in their own problems the voice of Jesus, the consciousness within, of His presence abiding. Thus ye will fill a great purpose, ye will take advantage of the opportunities that are being offered thee in the position ye occupy in this present sojourn....

The entity promised in itself that if it would ever have the opportunity, it would tell every son of the love of Jesus.

Ye have it now, today, in thy activities. There is no greater word than can be proclaimed in the simple message: Jesus, the Christ, careth for thee!

Let every individual hear and know that in their individual experience and they will find help. For ye sow the seed - God giveth the increase, in and through the spirit. For "If I go away, I will send the Holy Spirit and He will guide you into all righteousness." This is thy message in this period. [3395-2, Female 63, 1/15/44]

Remain active in keeping clear in the hearts, in the minds of those that may be materially or mentally aided, the fact that He, the Master, LIVES - LIVES - in the hearts and the minds! Not as one far away, or that one should ascend to bring a message.

For as He hath given, "I stand at the door and knock. If ye will but open, I will enter in."

In THIS message may the entity find, as it journeys through the experiences of life, that the greater hope, the greater blessings, the greater understandings may come.

For all men seek a LIVING, personal God that manifests not only in their sorrows but their joys. So many seek that which is as a prop, and forget when affluence or pleasure comes that to whom and with whom they will sup as they enjoin themselves in the activities in the material relations.

Keep that faith of Ruth, that period when there came almost all experiences that may be said to be heir to the flesh. But as thy brother, thy Master, thy Lord, LEARN YE PATIENCE! [1158-2, Female 46, 5/31/36]

And He will come again and again in the hearts, in the minds, in the experiences of those that LOVE His coming. (continued on the next page)

But those when they think on Him and know what His Presence would mean and become fearful, He passeth by - even as the experiences of the entity through that sojourn found many that harkened not to the simple words of Him who gave, "Know thyself, know that thy Father abideth in thee. And if ye love Him, ye may know His ways, His experiences." [1152-1, Female 60, 4/20/36]

Man's associations ever are and ever have been such as to bring reactions, one with another, that demand, command that choices be made as to what the application of the ideal one holds towards another is to be.

If the constructive or creative forces are chosen, that are the manifestations of the Maker, the Creator, the Lord of the earth - yea, of the universe, then man chooses the way that builds into the consciousness the awareness of that godly approach to the Christ-Consciousness.

Those that choose for self that of fame, fortune or whatnot, that takes hold upon materiality alone, build that which becomes dross in the experience; and bring discomfort, disease, disturbance to the body and the mind, and - as it were shrivel or starve the soul....

Hence the purposes in an experience are for the development of those forces and influences as to make or cause the whole of the entity's being - soul-body, soul-mind - to become more God-like, Christ-like, Christo - Christ-like, or Son-like.

For we each are not aliens but sons and daughters of the Father, and we should manifest ourselves in such measures as to be worthy of same - even as has been shown in Him, Jesus the man, Jesus the Christ; by the activities, by that meted to the world.

Though the world rejected Him oft, He gave all.

His activities then are ensamples. Hence He is the way. And these the individual soul must manifest....

Keep in that light, in EVERY way, that there may come the closer walks with Him, the closer concepts of spiritual understanding and application in the dealings with thy fellow man....

(Q) Any further advice to me in the working out of this problem?

(A) Keep thy heart and mind in the love of the Christ-Consciousness. This will bring the greater joys in thine own material experience. [1493-1, Female 64, 12/4/37]

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## Stepping Stones in Application

Speak gently. Smile often. Let the love of the Father through the blessings in Him shine in thy life day by day. Then the clouds of doubt will dissipate and the brightness of the Christ-Consciousness will give thee purposefulness in all thy dealings - and His blessings will be continually with thee.... [1129-2, Female 33, 3/11/37]

Know that as ye walk with Him in the promises that are given in those passages indicated, He abides with thee. And if He abides with thee, what CAN make thee afraid?

For, He is life, light, hope, patience, love; in its essence. And as ye manifest same in thy conversation, in thy thoughts, in thy dealings with thy fellow men, ye are indeed His. [2269-1, Female 31, 5/31/40]

“Blessed are the peacemakers - for they shall inherit the earth.”

Practice this again in thy experience, - not as one that is a pacifist for the secular forces or reasons, but that there may be an opening into the mind and heart between the spiritual and mental forces of each soul to know that peace which passeth all understanding! and that giveth a surety in the minds and hearts of those who know the consciousness of His abiding peace within. [1851-1, Male 65, 3/27/39]

Hence there should be persistence. Never become weary in well doing. But not for self and not for any cause save that which is impelled through the way and the truth and the light, or the Christ-consciousness.

As ye would that men should do to you, do ye even so to them; but not always insisting that they do your way. Sow the seeds of truth, of life, but don't plow them up too often. Be sincere in purpose and in deed, and there will be found the greater peace, the greater harmony, coming to thee in thy undertakings to make for better conditions under which all labor, or in which all share. For, we are indeed our brother's keeper; self is indeed thy brother's keeper, but not keeping him under your own thumb. [3297-1, Male 57, 10/16/43]

As may be gathered by those things that have been given, that may be used as stepping-stones for the application of the best in self in the present, first the self should be organized as related to the Teacher in Galilee. Then organize in the hearts and the minds and the experiences of those whom the entity may contact, how this may be made practical in the daily relationships one with another. For, as ye walk with Him in thy daily life, as ye counsel with the inner self and with Him (continued)

in thy secret chambers, may there be shown forth in the light of thine experience and in the experience of the present the PROPER relationships one with another, and all with the Creative Forces that manifest themselves in the activities of men day by day.

[513-1, Female 35, 2/10/34]

For each soul enters an earthly experience with problems within its own experience, as well as for relationships that are to be met in the light of constructive influences.

For while there is prepared in the experience of each individual the ways and means through which the soul may attain its understanding, and there is the advocate with the Father through the Son, each soul - as the Son manifested in the flesh - meets those experiences.

For if ye would be like Him, put on Him, that He may stand with thee in those periods when doubt or fear arises, or when those influences arise from the very association of spirit with matter - that becomes the experience of each soul.

For it is the soul that seeks its companionship with its Maker, and in the flesh finds means of expressions that make forever true that as He has given "As ye do it unto these, the least of these my children, ye do it unto me."

So in the experiences of each soul, not only are they to become opportunities for self-expression but that others - too - through the experiences of their association - may bring into their own experience their relationships as one to another.

[1211-1, Male 36, 7/3/36]

There are abilities in abundance within the entity for activities, if they are put into use from the seed of the spirit of truth, and not from those of hate, malice, jealousy, the things that make people afraid, those things that cause timidity within the associations, and fear.

For as has been so oft quoted, and so little interpreted in people's lives, the consciousness of God's presence, as manifested in Christ, casteth out fear - casteth out fear! and shall make one free indeed! Not free in that of lewdness or selfishness, but in the way of "A new commandment I give you, that ye love one another, even as I have loved you."

This the freedom that makes, is it were, for this body the whole world akin and less and less of those things that have disturbed the body in its relationships with others, in relationships in its home and with its neighbors. [3691-1, Female 37, 2/18/44]

Lose sight of self in love for others.

These then may bring for the entity an experience that will be a vision of a consciousness that becomes as a oneness with the Creative Forces.

Not that the life's span has run, no; but let the span be as a bridge for those who have lost their way, who may take hope again [1438-1, Female 77, 9/4/37]

Then, as we find, there should be first the general mental attitude of manifesting the fruit of the spirit as set forth by many of those in the application of the Christ-Consciousness in the experience of the body. Practice, then, brotherly love, kindness, patience, longsuffering gentleness. [3580-1, Male 40, 1/19/44]

... remember, only in the Christ-Consciousness do extremes meet.

Hence let thy yeas be yea and thy nays be nay, but know in Whom and in what ye have believed, and WHO is the author of same.

In such then ye may come more and more into the awareness as to what purposes, desires, principles as He gave may become more and more as experiences in the lives and activities of those whom ye may aid in "gathering in" to an at-oneness with that Christ-Principle....

Hold fast to that! ...hold to that which IS the criterion - "I am determined to know nothing among men save Jesus, the Christ, and him crucified!" Not the man, Jesus, but that which would keep men from knowing of that consciousness and promise that has been and is a part of every soul that seeks to know Him.

For He indeed stands at the door of every consciousness of man that seeks to know; and will enter if man will but open. [1842-1, Male 32, 3/14/39]

Know that there are those strengths, those assurances that may be found in the closer walk with the Christ-Consciousness. Ye can make this very real, very personal in thy experience. This doesn't imply that you are to become a recluse, or that you are to become longfaced. It's the opposite! You must become cheerful! For what is the greater thing said of Him? He went about doing good! and they could find no fault in Him - save that He was zealous of good works, bringing sight to the blind, bringing walking to the lame. To those who were ill in body or mind He gave strength and encouragement. [3578-1, Female 37, 12/30/43]

First know thyself and that which is the motivative force of thy mental and material activities with those about thee. Then turning within, through those (continued)

influences of the Christ Consciousness, know that thou doest with thy might will have its blessings in those things that will come to bear upon thy life and those that ye serve.

In the mental and the material things, so use thy abilities in the self-expression of that which has been innately and manifestedly built in thy experiences in the earth, as to cause the fruits of thy efforts and abilities to become the helpmeets, the helpfulnesses to, and the incentives and motives of others in THEIR activities in their relationships of life. This will bring harmonious experiences, this will bring those material necessities in the material world that to so many become a burden and a stumblingstone. But these, if thy experience is founded in the spiritual import, will make this latter sojourn in the earth one of happiness, for the light that burns within thine inner self has been set as by Him who gave in thine inner presence and in thine sojourn in the Bethany land, "I am the resurrection and the life; he that taketh hold upon me shall NOT die." Let this, then, be as thy motto:

He IS the Life! He IS the resurrection! And in Him is life, light and joy that maketh all else as but naught. [811-2, Female 39, 2/14/35]

There is that innate desire for knowledge, as respecting the influence of the unseen upon the visible manifested forces in the experience of human endeavor.

While these forces are in motion and active, or do act upon an individual, and with an individual, it is the coordinant expression that makes for soul development, soul awareness of the Christ-Consciousness being with the individual and a part of the desire of self.

Do not, as was the admonition of old, say "Who will ascend into heaven that we may have a vision or a message, or who shall come from over the sea?" For, lo, it is in thine own heart, thine own conscience; and in the temple of thine own body has He promised to meet thee, and indeed will His Spirit bear witness with thy spirit.

So he that looketh for a sign, or for a manifestation, other than that as may come in HIS way, seeketh in vain; for lo He standeth ever at the door of thine own heart. If ye will but open and let Him in, He will abide with thee, ever. [531-7, Male 43, 4/22/37]

As given, there must - or there would, from the developments from the soul forces of the entity - come those periods when there would be within self halting opinions, and questionings within self, and questionings of others and their purposes, aims, desires. While, as given, tolerance in all directions is a thing to be desired, much greater indeed is to know the love that is given by Him who gave himself as a sacrifice, as an example, as a mediator, as an influence in the experience of every soul. To know, then, the consciousness within self of the indwelling of the spirit of the love of the Master raiseth each soul to the knowledge to do that which is to the soul (continued on next page)

the necessary activity for THAT soul to develop. For, the gospel of Jesus Christ taketh man where man is, for the making aware is of the soul's relation to the spirit that gives life in every man.  
[452-7, Male 29, 11/22/33]

Ye are well qualified for judgments, if they are tempered with the Christ-Consciousness. In Him is the light, and not in that of many tongues. For the Lord, He is ONE.

In thy understanding and in thy application, let them be one.

Study to show thyself approved unto thy ideal, as may be set in the Christ-Consciousness. Walk in the light of Him. Counsel others in that direction.  
[2506-1, Female 54, 5/27/41]

As we have indicated, first find self in its relationship to spiritual things. Not of self but of that influence, that power those which man may attain to the greater consciousness of his oneness with the universe, yes - but as of a personal Savior, a personal God - not as an individual. For the individuality of a soul must be lost in the personality of the Christ - in God. These become unified, then, in their activities in relationships with others.  
[3343-1, Male 36, 11/1/43]

The acts of those are such that they are ever desirous of the good for their brother, they are ever desirous of the fact that their Lord wait with them, that He walk and talk with them in their meditations, that He be with them in their pleasures. Yea, ye seek oft to call on Him in sorrow. How oft do you ask Him to dine with thee - how oft in thy pleasures? These activities ye may enjoy more when ye do learn these truths so as to make them a part of thy consciousness. Not merely when things go wrong or when you stump your toe should ye ask, but ask ever - and it will be the better.  
[3376-2, Female 36, 11/26/43]

... If the entity will read or study or analyze how the Master treated children, young people, during His ministry in the earth, it will be seen how oft He used children, the young people, as the hope of the world, as to how unless each individual puts away those selfish desires which arise and becomes as little children, one may never quite understand the simplicity of Christ's faith; Christ-like faith, Christ-like simplicity, Christ-like forgiveness, Christ-like love, Christ-like helpfulness to others. For the entity gained these through those experiences.  
[1223-9, Female 37, 5/22/44]

Replace animosities, hates and fears with faith, hope, longsuffering, patience and with the purposes not merely of self, but of self applying the principles of the Christ-Consciousness.  
[5046-1, Female 43, 5/5/44]

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KEEP that committed unto thee in such ways and manners that His blessings may come, even as they did in those days when He walked by thee.

Choose to so conduct thy life that He may walk and talk with thee as face to face, as He walks in the way. Let HIM be thy guide in thy going ins, in thine coming out, in thy meditations - be not afraid. [537-1, Female 31, 4/18/34]

Then let the body cooperate by putting behind self those things that easily beset. And look - LOOK - to the strength and the power of the Christ-Consciousness - the light WITHIN; and be able to say NO! – and mean it! [1439-2, Male 38, 12/21/37]

For, since those experiences in the present sojourn when the entity realized the needs for that assurance of being oft in the consciousness of Him who gave, “If ye love me ye will keep my commandments,” the entity has lived, the entity has been a blessing to many. May all of those that come under the direction of the entity's sincere efforts heed those directions that may be given by this entity, [3347]....

The entity has oft belittled these abilities within self. Yes, of self they are naught. But in the doing, in the being of that which is ever in the Way, ye walk in the way even as He walked. Just being patient, just being kind, just showing brotherly love, ye manifest His love until He comes again. And ye may be sure ye will be among those who will meet Him in the Way....

Just keep thy face to the light, my son, and the shadows will fall far behind. Let that which has prompted thee guide thee in thy daily life. For as He sent thee into the earth among thy fellow men in the days of yore, so may ye in the present in thine own gentle manner direct others, by precept and by example, into the way of the Cross that leads home....

(Q) What are the lessons to be learned from the past, and how should they be worked out in present day associations and relationships?

(A) Just as indicated that in whatever position ye may occupy in the material plane you CAN be a messenger of hope from the Master, even Jesus the Christ. [3347-1, Male 53, 11/1/43]

(Q) What thoughts should I hold that will help me to come nearer to God, and to all that is holy and pure?

(A) “As the spirit of the Christ leads me, I can do no wrong. When myself alone leads me, I may err - but with the Christ as my guide, as my companion, as my savior, I will rest my case, my troubles, my pleasures, my joys, with Him.” For, be ye joyous in the service of men. For, the Father would have his children be happy, be joyous, and not sad. [276-6, Female 16, 1/14/34]

Then, there has been given, there has been shown the way that the Father is mindful of His children; that these as they appear in the earth - yea, thyself - are a portion of His manifestation. Not as an indefinite force, not as an unconcrete thing, not as just a mist, but just as is manifested not only in the Christ but as is manifested in thee - thy desires to do right, thy desires that there be the manifesting of love, of patience, of hope, of longsuffering, of brotherly-kindness, of doing good even when others speak unkindly, when others revile thee, when others say those things that in thy physical consciousness find resentment.

But as He manifests - as a portion of that Godhead that is represented in thee, as IN thy Mind - then ye become aware that ye are INDEED a child of the living God, and are in materiality for those purposes of manifesting those very things that are the fruits of the Spirit in thy dealings with thy fellow man.

For as ye measure to thy fellow man it is measured to thee again. This is an UNCHANGEABLE law! For as ye ask for forgiveness, only in those measures in which ye forgive may ye be forgiven. For are ye not seeking to be one with Him? Then only AS ye forgive may ye BE forgiven! Only AS ye show forth love may love be shown forth to thee! Ye cannot rise above that as ye measure, that as ye live. For as the expression of life IS the manifestation of that love, then in the measure as it metes so is it measured to thee.

Know that as the Mind is represented by the Christ-Consciousness, it is the Builder, it is the Way, it is the Truth, it is the Light; that is, through the manner in which the Mind is held.

Not that it denies, not that it rejects, but that it is MADE as one with the purposes He, thy Lord, thy Christ, thy God, thy holy self, would have it be.

Not to the glorifying of the body. For even as He, thy Lord gave, "I can of myself do nothing - it is as the Father worketh in and through me."

Then it is as the body, the mind, the spirit - the motivating forces - coordinant as one with another, WITH the divine law. Ye know the law. What is the law?

"Thou shalt love the Lord thy God with all thy heart, thy mind, thy body; thy neighbor as thyself." This as He gave is the whole law. There is none above that. And ye may, as He has promised, become aware in thy own consciousness of His abiding presence, by the awarenesses that may come to thee as ye meditate, as ye pray from day to day.

Ask and He will give. For as ye walk, as ye talk with Him, ye become aware of His presence abiding with thee.

For this purpose ye came into this experience; that ye might GLORIFY that consciousness, that awareness of His presence, of His Spirit abiding with thee.

(continued on the next page)

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Ye give manifestations of same in the manner, in the way in which ye measure that love to others about thee day by day.

This do, and ye will know the truth - the truth shall indeed make you free. Not condemning, not finding fault here nor there at any of the experiences; knowing that God is, and that ye must, that ye WILL, that ye MAY - and it is the glorious opportunity, the glorious promise to just be able to be kind, to be gentle, to be patient with thy fellow man day by day!

And the ASSURANCE comes within thy own self, for His promise is to meet thee in the tabernacle of thy own conscience. For as Jesus said, "Lo, the kingdom of heaven is within YOU!" [1348-1, Female 46, 3/17/38]

First it may be said, study - through that known in self of the spiritual and mental forces active in the experience of the body - to show self approved unto an ideal that is set in the Son, the Christ, knowing that in possessing the consciousness of His love, His manifestation, all is well; for, as is known, without that love as He manifested among men, nothing can, nothing did, nothing will come into consciousness of matter. Not that we may deny evil and banish it, but supplanting and rooting out evil in the experience, replacing same with the love that is in the consciousness of the body Jesus, the Christ, we may do all things in His name; and using those opportunities in whatsoever sphere of activity the entity may find to show forth those commands He gave, "If ye love me, keep my commandments." What, ye ask, are His commandments? "A new commandment give I unto you, that ye love one another." What, then, are the fruits of love? The fruits of the spirit; which are kindness, hope, fellowship, brotherly love, friendship, patience; these are the fruits of the spirit; these are the commands of Him that ye manifest them in whatsoever place ye find yourself, and your soul shall grow in grace, in knowledge, in understanding, and that joy that comes with a perfect knowledge in Him brings the joys of earth, the joys of the mental mind, or joys of the spheres, and the GLORY of the Father in thine experience. [436-2, Male 28, 11/10/33]

Oft read, then, the 30th of Deuteronomy, and the 14th, 15th, 16th and 17th of John. Make them as thy signposts, as thy daily guide. For indeed in the Father's house are many mansions, and if it were not so He would have told thee. But He goes, He prepares a place, for THEE; that where He is, there ye may be also; and that indeed ye may know that glory ye had with the Father before the foundations of the world.

[2787-1, Female 49, 7/25/42]

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## The Answer to Every Question

(Q) How may I attune myself that I may be one with the Creative Forces with Christ that I may find this true relationship?

(A)...Let thy patience, thy tolerance, thy activity be of such a positive nature that it FITS thee - as a glove - to be patient with thy fellow man, to minister to those that are sick, to those that are afflicted, to sit with those that are shut-in, to read with those that are losing their perception, to reason with those that are wary of the turmoils; showing brotherly love, patience, persistence in the Lord, and the love that overcometh all things.

These be the things one must do. And do find patience with self. It has been said, "Have we not piped all the day long and no one has answered?" Seekest thou, as was given from this illustration, for the gratifying of thy self? or seekest thou to be a channel of blessing to thy fellow man? They may not have answered as THOU hast seen. They may have even shown contempt, as sneering, for thy patience and thy trouble. But SOMEWHERE the sun still shines; SOMEWHERE the day is done; for those that have grown weary, for those that have given up. The Lord abhorreth the quitter. And those temptations that come in such cases are the viewing of thine own self. Ye have hurt thyself and ye have again crucified thy Lord, when ye become impatient or speak harshly because someone has jeered or because someone has sneered or because someone has laughed at thy efforts!

[518-2, Female 25, 8/13/35]

As the entity has found, as the soul has experienced, in entering into the self - in allowing that spirit of the truth that makes aware as of very Life itself within the activities of the physical forces of the body - there may be raised the consciousness of the Christ, He that gives life in expression in the earth to such measures as to bring into the experience of others those understandings of life. And these are the ways, the manners in which the entity may bring to others those things that bespeak of the soul's companionship with that spirit, that life, that presence, that consciousness that He has promised to all: "I will not leave thee comfortless, but will come to thee, and will show thee the ways thou shalt go," and as the entity has experienced in the secret chambers during those experiences when there has come to the entity the guiding forces, the influences in self that have meant to quickening of self in its activities in a mundane sphere, yet to such measures, to such ways and means as to bring to self hope, to others peace, and to those that have faltered strength in their inner self. For, as has been given of old, "Man looketh on the outward appearances but God looketh rather on the heart."

[489-2, Female 53, 1/30/34]

(Q) Where can I get concrete guidance besides from the inner voice?

(A) Seek not other than that of His meeting thee within thine own temple. For beside Him there is none other. Know, as He gave, they that climb up some other way are robbers.

(continued)

Then, listen, - listen to that voice within. Prepare thyself, consecrate thyself, purify thy body, thy mind, in much the same manner as did those of old who were, or would be, the priests and priestesses to Jehovah. And then, open thy heart and thy mind to those promises; surrounding thyself with the consciousness of the Christ love. And He stands and knocks. Will ye entertain Him?

Then, do not entertain others. [2029-1, Female 54, 10/21/39]

(Q) How can I understandingly seek the kingdom of God and His righteousness?

(A) By making application in word, in deed, in thought, as is seen and understood by self. For AS one uses that one knows, the awareness of its source, of its ability, of its end, is more and more a part of the entity, of the soul. For to do good is to be absent from that which will cause, EVER or at any time, confusion in self or in others.

Then, to become aware is to do that which is known. Then the next step that should be for the self is given through that of meeting oft with thy god-self from within. For the growth, as He gave, the knowledge of God and His righteousness is a growth from within. It is not put on as a garment from without, not by this or that manner of rote alone. But if thy consciousness, if thy inner self needs or requires attitude, then CONFORM to same to be aware of that which grows and grows from within. Does the beauty of the rose come from that shed upon same? Rather does it grow from within, ABSORBING - to be sure - from that environ about same. So the awareness of the kingdom, of being at-one, of having the Christ Consciousness as thy companion, as at-oneness with thee, is DOING, being - not by faith or by works alone, but by BEING, by doing - that which is as the promptings of the desire of the heart, that has met and does meet in the secret chambers of thy mind, of thy heart. For that which is given thee from within, as He gave, shall be shouted from the housetops. [264-45, Female 44, 2/16/35]

(Q) Is entity holding right ideals for its spiritual development?

(A) As indicated by that given, that - will the entity hold that same attitude, that same willingness to be shown - there will be presented, there will be gradually builded; for that we think upon, that we become - for "where the treasure is, the heart is also." That which IS a body's, an entity's ideal, by that the standard of moral, mental and spiritual aptitudes, by that same classification comes the experiences of a body-consciousness. That there are builded in many an entity that innate prejudice against certain things or conditions, may be oft seen manifest - but the WILLINGNESS, the surrender of self that self may be a channel of blessings, not to any force, or source, but to God! and for CREATIVE Forces to manifest THROUGH! this is the attitude for an entity to take.

WALK with Him! TALK with Him! See HIM as He manifests in every form of life; for He IS Life in ALL its manifestations in the earth! (continued on next page)

And there will come that peace, that harmony, that understanding, that comes from HUMBLENESS in HIS name; humbleness of spirit, of mind, of self, that the glories that are thine own FROM the foundations of the earth may be manifested IN thee!

[488-6, Male20, 1/20/32]

(Q) Which person, or group, today, has the nearest to the correct teachings of Jesus?

(A) This would depend upon who is the judge. The teaching, the consciousness of the Christ-life is a PERSONAL thing. And hence they that are aware of His abiding presence are the nearer.

Who? They that walk with Him and do not, CANNOT, WILL not, force themselves on others - even as He!

[1703-3, Female 52, 3/8/39]

(Q) What man or woman - or what organization - is best grounded in the true religion as taught by Christ and can be advantageously contacted by me for greater spiritual growth and enlightenment? Consider this from my personal needs in relation to my spiritual growth.

(A) How has it just been given? SELF! With whom has He promised to deal? SELF!

As to individuals - as ye give, so may ye receive.

When ye may see in those things that are to thee hateful, in those peoples' lives that are to thee distasteful, SOMETHING GOOD - what maketh it! It IS the life, the experience, the indwelling of the Christ-Consciousness within the earth!

[1597-1, Male 31, 5/27/38]

In analyzing or giving that which may be helpful for this group, many personalities are to be taken into consideration. This should be the ideal of each member of such a group; that the personality of the Christ-Consciousness may be the individuality of each group; also each individual in the group. And as there is the analyzing of the Christ-Life, Christ-Consciousness, one realizes and finds that the Christ-Child was born into the earth as man; one born in due season, in due time, in man's spiritual evolution, that man might have a pattern of the personality and the individuality of God Himself.

Thus as the individuals in such a group read, analyze, study and apply those tenets, those truths that were presented by the Christ, they find that the Christ-Consciousness must become an individual and yet a living thing within their own individual consciousnesses. As with Him, He found no fault in others. This should be the first premise, then, of each individual; less and less condemning of others and more and more of self manifesting that love shown by the Father through the Son in the material world; that man, through this pattern, through this picture of God, may become a living example, may walk closer in that way of less condemning. (continued)

For as each individual realizes, as these tenets may be analyzed, if God had condemned - what opportunity would there be for man to find his way back to God? Thus each individual must do unto others as he would have his Brother, the Christ, his God, the Father, do unto him; and indeed, then, apply first, last and always His "Forgive, O God, as I forgive others. Find fault in me, O God, as I find fault in my brother." Less and less then of self, more and more of perfect love, without dissimulations, keeping that faith. Know that as there is the activity of self, self can only sow the seed of truth. And it will be to each individual as was indicated to the children of Israel. They entered into the Promised Land not because of their righteousness but because of the love of the Father for those who tried, who TRIED to live the righteousness.

Thus each individual may have the try counted as righteousness; not as an excuse, neither as justification. For ye have been justified once for all, through the Christ-Consciousness that ye seek. [5758-1, 12/21/43]

(Q) What person will be my best advisor? [Vocational Guidance]

(A) Rather, as we would find, not as a personage; but rather as first, as has been indicated to the entity and for this body, know self's ideal and that which prompts same, that which is the motivative influence within self. For as has been given oft, the promises have been that the divine, the Father, would meet His in the temple; thy body is the temple of thy soul, of thy living God, where He has promised to meet thee within thee! If thou art on the Lord's side, if thou hast met and do meet with Him oft there, what better guide, what better promptings may there be? For soon in thine counsel, in thine associations, it will come to those that are thy friends, thy associates - yea, thine enemies - that THOU hast counsel, THOU hast advice as from the Infinite. Be satisfied with nothing less! For His promises are TRUE. Not as men count shortness, nor as men count glory, but it hath not entered the hearts or the minds of man as to the glories, as to the purposes, as to the service any soul, any individual may be in a period when there are leaders being sought, there are the expressions from the Infinite, there are the desires of so many souls for that counsel that may come from within. Be THOU, then, the counsel to many, rather than being counseled by any - than from the Lord thy God.

Let that mind be in thee that was in Him that gave, "If ye come to me, believing; if ye keep my commandments (that of the last commandment as given), ye will Love one another." Let that consciousness then of thy Savior, thy Lord, thy God, abide with thee. [165-21, Male 57, 3/4/35]

(Q) Shall I see the face of the Master in this experience?

(A)...When the call comes, do not in thine consciousness attempt to tell WHAT may be the character of the manifestation. See this as in water, face reflection face to face; so see in thine brother, in nature, in all manifestations, that reflection; and ye shall speak even face to face! [307-4, Female 54, 10/19/32]

Do not be satisfied with substitutes; for He will walk and talk with thee, and ye will recognize Him in, "Fear not, it is I."...

(Q) Will I contact my Master in this lifetime?

(A) Read what has been given. For, He will walk and talk with thee; if ye seek to do His bidding. [2405-1, Female 50, 11/22/40]

For His promises are sure, and He hath promised to meet thee within the tabernacle of thine own consciousness.

For thy body indeed IS the temple of the living God, and in thee there comes the answer for that as He would have thee do. And if thy choice is in that direction that is given by thy own inner self, ye become aware of His presence as abiding with thee day by day - in every phase of thy experience.

For as He hath given, "TRY me, and I will PROVE myself to thee," IN the choice of thine own inner consciousness.

These then be the measures, be the sources, be the channels through which the self may gain the greater understanding, find the greater unfoldment, have within thine own self the greater consciousness that He hath work, He hath a purpose in thy experiences day by day. [1397-2, Female 58, 11/27/37]

(Q) Desiring that this information come from the Blessed Ascended Master, Jesus Christ, if it is His will, I would like a personal message and advice from Him as to how I can be more conscious of His help, and how I may be of greater service to Him, in this embodiment, in helping others.

(A) Be not afraid, as has been indicated to this body. Thy body is indeed the temple of the living God. This ye know. Have ye realized same? Turn within. There He hath promised to meet thee. He has not failed thee at any time. Hast thou at all times kept faith, kept thy appointments, kept thy purpose with Him?

This may only be answered within self. For, remember, He hath never condemned, He never does condemn anyone. It must be of thine own free will. Meditate upon that promise He hath given, "Be not afraid, it is I." [69-5, Female 61, 7/24/42]

(Q) The uppermost thought in my mind is to do aright, for the sake of myself and family. How do you think this right should be handled?

(A) This should be not for self OR family, but rather for the love of the Father which was shown thee in the gift of the Son, that ye through Him might have access to the Father.

(Q) What entities or entity, - that is, person, - should be reached, as a person with a clean conscience to direct me in my relationship with men? (continued)

CHRIST CONSCIOUSNESS CIRCULATING FILE

(A) Let that heart be in thee as was in the Christ; not as men, not as spirit, not as a person, not as any individual - only the Christ.

(Q) How shall I proceed to withdraw from my nearby association, any evil influence or any evil doer, or anyone working amidst greed, jealousy or the direction of some one or group of individuals?

(A) So surround thyself by thought, by deed, by act, WITH the consciousness of the Christ that NO MAN, no group, no THOUGHT, may hurt thee.

(Q) What sudden enlightenment comes to you, now, describing my future life? Relate just what you see as you see it.

(A) That is in thine own making. For, know, He, the Father, hath made thee a free-willed individual; choosing then (and choose YE) whom ye will serve.

There is set before thee life and death, good and evil, choose THOU!

As to what, as to which, as to where, as to how ye will choose, - this is within thine OWN consciousness. Choose THOU. [531-9, Male 48, 2/28/42]

(Q) Any other advice for the body at this time?

(A) Keep hold on that seeking for the Christ-Consciousness. For this will come, if there will be the consistent and persistent "Thy will be done, O Lord, in me; and help me to serve where and when I am needed most." [69-6, Female 62, 6/25/43]

(Q) What should be the standard of measurement in myself for choosing a life partner?

(A) That which is thine OWN standard; the Christ-Consciousness, the Christ-Life. Those who do not use that as their pattern are NOT in keeping with the better influences for creating those lives, those activities, those environs for the conscious development for the betterment. [308-9, Female 18, 6/18/42]

(Q) What are the highest ideals that should be followed by the body-mind in all his business activities?

(A) "As ye would that men should do to you, do ye even so to them." Loving God, in body, mind and soul; keeping self unspotted from the world; eschewing evil; loving thy neighbor, thy brother, as thyself. This is the whole law. This is the ideal that He, the Master, gave.

And when one walks, talks, thinks, acts in such a way and manner, He is faithful in that He gave, "I will not leave thee comfortless but my presence, my consciousness, will abide with thee, giving thee the thought, the word, that thou shouldst think at all times." Trust ye in Him....

(Q) Is there any further advice or counsel for the body-mind?

(continued on next page)

(A) Study - in all things - to show self approved unto that ideal which is set before self, knowing - and looking forward to - the closer communion with Him. For, the mind builds - and the entertaining of His will brings the closer communion with Him. In faith, in patience, know that the development of the soul's consciousness in Him grows as the applications of that known day by day are put into active, actual practice.

Then, be faithful; for He that is made ruler over much is he that has been FAITHFUL over the little. Each are called in the more perfect way, even as that known is made manifest in the dealings with man. For, we are all ambassadors for Him.

[282-6, Male 27, 3/17/33]

(Q) Any further advice at this time?

(A) Let that mind be in thee ever which has prompted thee in thy better self to hold fast to those things that take hold not upon men's fancies for self-indulgences or self-aggrandizements, but that fancy that life and all of its various phases of experience are REAL - and TAKE HOLD upon God as manifested in the Christ-Child, who thought it not robbery to make Himself equal with God, yet put on flesh, even as thee, that He might become the WAY through which man might find His way home - HOME!

Hold fast to that - as is embodied in the whole sound of H-O-M-E!

These become then that upon which the souls of men may take hold, and they hold thee as in the embrace of grace, mercy, peace, hope, happiness.

These are states of experience for all, but are only found when thine own conscience is at-one with Him who gave, "Come unto me, all who are weak or heavy laden, and I will give thee rest; for though thy yoke be heavy, though thy burden be weighted with the cares of the world, I will give thee peace and rest - not as the world counteth same but as the soul sees and understands."

And as ye gather then in those influences that are fraught by the thoughts of home, ye will find as He gave, "Though the birds of the air have nests and the foxes have holes, the son of man hath not where to lay his head." For he seeks a city, a home, without foundations, whose builder and maker alone is the Father - God.

In Him ye find peace.

[849-18, Male30, 6/26/37]

(Q) How can I make good karma from this period?

(A) As has been given as to what karmic influence is, and what one must do about same. Lose self in the consciousness of the INDWELLING of the Creative Force, in that channel as has been prepared for the escape of the sons AND daughters of men, through the SON of man! This is the escape, and what to be done about it! Lose self; make His will one with THY will, or thy will be lost in HIS will, being a CHANNEL through which He may manifest in the associations of self with the sons and daughters of men!

[275-23, Female 18, 12/1/31]

(Q) Why is study with Dr. [1301] preferable to study with Helena Martin?

(A) One has the concept of the Infinite that manifests within AND without, and one ONLY with the within.

For as has been given, "as thy spirit beareth witness with my spirit" ye KNOW thyself to be children of the living God; begotten, as of love, through the Son, made manifest in flesh. Not as aliens but as brethren, as those that are heirs - yes, joint heirs with the Christ - WHO manifested, as in the flesh, the infinite love of the Father that the children of men might know!

One sees the infinite in the CHRIST life, one sees infinity in man's life.

[1158-14, Female 47, 11/28/37]

(Q) What can I do to correct the current frequent conditions of mental, almost physical panic which I encounter in myself, and why have they been almost a nightmare to me over many years? What can I do to avoid this condition in the future?

(A) Just as indicated. Surround self - daily, purposefully - with the consciousness of the Christ indwelling. "Not my will, O God, but thine." Most individuals find, as self does at times, "If I can do this it will be pleasing to God." Who made thee a judge of God's pleasing? Who made anyone? The pattern! Cut to the pattern. Don't draw too close the hem or don't leave it too loose, for the bagging shows just as much as the overstitching.

(Q) Am I devoting sufficient time to my spiritual development, or should this take precedence over all material things?

(A) Soul development should take precedence over all things. For, seek the Lord first, and all these things will be added unto thee.

(Q) Can this development best be attained in individual concentration or group study?

(A) Studied most by opening self for the consciousness of the Christ-purpose in and through thee, and by pouring it out. Has it not been given that He comes at an individual's bidding? How oft do you ask that He be thy guest in thy heart, thy mind, thy life, thy body? THAT is the manner in which each soul may grow.

HE WILL NOT BE the uninvited guest. For the WILL puts man either in attune or out of attune with God.

[3357-2, Female 50, 11/17/43]

(Q) How can I rise above my last period of depression and feel that I am going forward again?

(A) Set thine thoughts and thine mind on things that pertain to His love, His will, and those things that would hinder become as the shadows in the background, and look not upon that in the rear - rather pressing on to the mark of high calling as set in Him that has been put in thine OWN ideal, in the Christ life, the Christ consciousness; for in Him IS hope, life, peace, harmony, understanding.

[288-30, Female 27, 5/10/32]

CHRIST CONSCIOUSNESS CIRCULATING FILE

(Q) Is there any further advice or counsel that can be given to me at this time that will help me to hold up and carry on as I should?

(A) When the promises are in Him, as has been shown to self THROUGH Him, why seek from such meager sources - when in self, SO MUCH may be had, by the trust in Him? [288-30, Female 27, 5/10/32]

(Q) Is any entity, living or dead, maliciously attempting to put obstacles in my way?

(A) Only so far as resentments are held by the self towards others, as has been indicated. And if such as cause hate, malice, jealousy, fear and doubt, are removed from the own mind towards others, no influence without or within may be of a detrimental force to self; so long as self will surround self with the thought and the ability of the Christ Consciousness, and then practice same in its dealings with its fellow man.

No need to proclaim it alone, - but live same, daily. [2081-2, Female 66, 2/14/40]

(Q) How may I completely free myself from the hypnotic influence of certain persons, which hinders me at times in my work?

(A) Surround thyself, ever, with the white light of the Christ-Consciousness, and all of these will pass away.

Know deep within self, - know in thy body, in thy mind, in thy soul, as He hath promised of old, - "I stand at the door - whosoever will, open - I will enter - I will ABIDE with thee always."

In that shelter no harm may come.

Keep that way open; close the doors to others. [2559-1, Female 40, 5/7/41]

(Q) Why does constant awareness of aloneness and incompleteness predominate?

(A) The purpose being in the right direction, the loneliness is felt because of the feeling of insecurity. Let that light be in and through thee that encompassed Him, even in the garden when He asked those to watch with Him while He prayed. Surround thyself with that consciousness which comes in merely calling the name - Jesus, the Christ, the same yesterday, today and forever! This will bring the conviction within self as it did to Him when He withstood the temptations of the body, the temptations of the mind, the temptation of purpose in the earth - and angels ministered unto Him.

For, to each entity, each soul, there is ever the ministering angel before the throne of grace, the throne of God. The ministering angel is the purposefulness, the spirit with which ye would do anything in relationship to others. [3357-2, Female 50, 11/17/43]

(Q) How may I bring about greater emotional stability?

(A) As the body-mind entertains and enters into the raising of the kundalini influence through the body, surround self with the light of the Christ-Consciousness, - by thought, by word of mouth, by impressing it upon self. And in that light there may be never any harm to self or to the emotions of the body, or any fear of the mental and spiritual self being entertained or used by the dark influence.

[2329-3, Female 42, 5/1/44]

(Q) How can the entity best develop her personality?

(A) Holding the consciousness of the Master in front of self, acting in that way and manner in which He would act under every and all circumstances.

[295-2, Female 27, 11/10/30]

(Q) Please give advice that would help in the cultivation of a more pleasing, and dynamic, speaking voice.

(A) This is only as the purposefulness and strength is manifested with which the affirmations or pronouncements are made, see? As there is the complete interpretation of the Christ-Consciousness in self, more strength, more dynamic personality is felt - it is the outgrowth of same.

For, as He has given, "I stand at the door and knock; if ye will open, I will enter."

Thus, as the Christ guides through the deep meditation and the raising of the consciousness in the body-forces themselves, the Spirit is making for the building of the influences for greater dynamic personality.

[2072-11, Female 32, 10/3/42]

(Q) What do I lack, both in my inner consciousness, in my habits of thinking and attitude to deal with my problems successfully?

(A) As has been indicated, take the more often the God-Consciousness into thine own deeper meditations. For He will walk and talk with thee.

These are not, then, faults nor fault-finding. More surety in self, the more study of that which has been or may be drawn by inference, by example, and then by practical application ye may meet thy problems within thine own experience.

[1497-1, Male 46, 12/10/37]

(Q) How can I arouse myself from my creative inertia?

(A) Only as has been given, in holding fast to that which is the ideal that is constructive in every respect, and creative in its every nature. If ye will walk, if ye will talk with Him, ye will find that the abilities, the emotions, the activities are such as to FILL EVERY desire in the mental, the spiritual AND the physical self!

[954-4, Female 39, 7/27/37]

(Q) How can I increase my strength of mind and body?

(A) By resting more and more in Him and meeting Him the more often in the tabernacle of thine inner being. For He has promised to meet thee within thine own inner self. And as ye open thy mind, thy body, thy soul, ye will find Him there; not in some other place, not as from without. For He is closer than thyself. For He would be thy very self. MEDITATE upon Him and what He would have thee do.

Finally, let thy prayer ever be:

“Here am I, Lord, use me as thou seest fit. Let my going in, my coming out, be acceptable in Thy sight. THINE, I am! Make my desires THY desires. Let MY desires be as thy desires.”  
[833-1, Female 70, 2/19/35]

(Q) Why is it that there are times when the entity seems to soar to the heights, when there seems to be a rising, a deep abiding peace and joy within, then suddenly it all vanishes for almost no cause and the entity is plunged into the depths of despair from which it is hard to shake itself?

(A) Walk and talk the more often with Him; for has it not been given they that are the greater blessings, that are able to rise to the greater heights, may descend to the lower depths? Did not the Son of man descend even from the presence of the Father into the earth, and then into hell itself, that the all might know He walks and talks with thee, my child, if ye will but listen to the voice from within!

Know in whom thou hast believed, and keep that He has committed in thy charge, that He may commit into thy keeping, against those things that He will ask of thee. When doubts and fears arise, close thine self into thine own heart with thy Master, thy Jesus. Talk with Him. He will fail thee not!  
[295-9, Female 30, 4/13/34]

(Q) Please give me at this time some spiritual advice that will aid me mentally, physically and spiritually in meeting the responsibilities of life.

(A) This may be put in very few words, that ye may hold to eternally:

KNOW in Whom ye have believed. Trust Him, even as He has trusted you with the bringing of the knowledge of His LIVING - now; experiencing - NOW His Consciousness within thine own life, the life of others.

He IS - NOW! And to this ye should hold; as thy strength, thy light, thy life!  
[361-10, Male 21, 9/9/39]

(Q) In manifesting in the present, just where should I draw the line between being a non-entity and expressing my individuality?

(A) Let the expressing be, as has been given above, the INDIVIDUALITY of the Christ rather than a personality or an individuality of self. Be selfless in Christ.

(continued)

Ask thine self, "What would the Christ have me do?" Don't be afraid, but be rather ALIVE in that thou doest.

When thou hast acted unseemly, what has been the promise, what is the manner He has taught thee to pray? "As I forgive, may I be forgiven." Ask forgiveness, and He may forgive thee.

For, as has been given, as has been expressly given in this and in many expressions of how there are the manifestations of the Christ: As ye show forth the Lord's death in that ye humble yourselves that ye may approach does not mean, as He showed in His life, that ye set as PASSIVELY good but as ACTIVELY good! For GOOD can only proceed from good. Good may not be done that evil appears. For, like ONLY begets like. This is an irrefutable law, whether in spirit, in mind, or in body. LIKE BEGETS LIKE!

(Q) Why do I feel such a love for my present environment at times and at others such a revulsion?

(A) Meeting self face to face in the mirror of life.

What is life? God! Facing God with the problems in self's experience, and as these are reflected then there may be revulsions in self and there may be gloryings - not in self, of the Christ - live within thee; but the GLORY in the Christ, that thou may the better manifest Him. [288-36, Female 29, 2/10/34]

(Q) Please give spiritual advice.

(A) In the activity of the body and the general purposes and aims, it would be well that many would pattern after the purposes of this body. Hence only that may be given; keep the faith in LIFE - as manifested in the Christ. This, His grace, is sufficient - and has been the stay. Hold fast to that, for THAT is good! [513-2, Female 38, 6/10/37]

Keep thy faith, thy purpose, thy hope in Him - if ye would know the way to keep in peace and harmony in the Christ-consciousness.

...Keep away from those things that cause turmoil in self, but those wherein there may be stressed the Christ-consciousness in the lives and experiences of others, in the daily living. Not tenets alone but live it - and teach others also.

[3250-1, Female 55, 9/29/43]

...Seek beyond that veil that is also seeking aid, rather to the realm where teachers, ministers, advisors would come, surrounding self with that influence where there is the consciousness of the Christ - whether ye call Him by some other name, it must be from the Throne of Grace. [497-1, Female 46, 1/23/34]

CHRIST CONSCIOUSNESS CIRCULATING FILE

...KNOW the blessings of the face of the Christ as He would come into thine experience and cast away all doubt and fear; for He is nigh unto this house. KNOW His name as none other, for in His name alone as no other given among men whereby man may be saved - in the Christ - the Christ Spirit that came in the lowly Nazarene, in the man called Jesus! [507-2, 2/6/34]

...keep the faith, keep Him, the Christ, as the guide, as the helper.

Put thy faith in Him. [3282-1, Female 42, 10/11/43]

...Let thy meditation, thy prayer ever be: "Father, God! In that Thou hast given to me the Christ Consciousness, may I - in my daily walks before my fellow man - manifest the spirit of the Christ; in humbleness, in love, in patience, in longsuffering; that I indeed may manifest the spirit of the Christ Consciousness." [262-118, 4/10/38]

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## **The Promises From the Beginning**

Also the promises are seen from the beginning, as to the thoughts and the attitude of the Father-God to man, to His creation, and how that there would come into the world, into the experience of man, the spirit, the mind of God.

Hence as one reads or sees the interpretations of these in the life of Jesus of Nazareth, who became the Christ, the Savior, through fulfilling those purposes, one realizes that indeed He has become the way, the truth and the light.

Thus the individual entity finds that the body, or that first creation of God, the mind, is the way; or the way through which light may come to the entity of the Father. For, as are the pronouncements in the law by Moses, "Today there is set before thee good and evil, life and death. And say not who will descend from heaven to bring a message, or who may come from over the sea, for Lo, it is within thine own heart."

And how WELL this is completed in that promise, that pronouncement, that admonition given by Him as He led the way to fulfill in the garden and on the Cross the law itself, - to demonstrate that separation from God might indeed be broken away forever. As He gave, "In my Father's house are many mansions; if it were not so I would have told you. I go to prepare a place, that where I am, there ye may be also."

Thus we see the relationship each soul bears to the Father, as to the way, the Christ, - by wholly trusting in Him day by day. As He said, "I stand continually at the door of thy heart. Open and I will enter."

How do ye open? Through searching, seeking, humbling thyself before the throne of grace and mercy, as was manifested in Him; acknowledging Him as thy Lord, thy Master, yea thy elder brother.

He has given also, "If ye open I will come and abide with thee."

This, then, is the manner, the way, the truth, the light, through which this entity may find its true relationships to the Creative Forces. [2845-1, Female 41, 11/4/42]

...in HIM is the light, and the light came among men, showing men the way to find that consciousness in SELF - for the KINGDOM is of WITHIN, and when self is made one WITH those forces there may be the accord as is necessary for "Come up higher. Being faithful over a few things, I will make thee ruler over many".

[1741-1, Female 42, 10/15/30]

For, as ye walk and talk with Him, ye may lean the more perfectly upon His arm.  
[1765-2, Female 52, 12/22/38]

...Be sure, then, in thy wishing, in thy seeking, that ye ever surround thyself with the thoughts, with the awareness of, the desire for the CHRIST-Consciousness; and those inclinations for influences that might waver, that might direct the entity into unstable channels, will be lessened.

For, all might, all power in heaven and in earth has been given into His keeping. For, He - having overcome the influences of the world of matter, being endowed with the spirit of truth, and helpfulness, and hopefulness, and love - is able to keep thee from falling into the errors of materiality or of ease.

But directing in those ways that make for the assurance of His abiding grace and mercy and strength, ye may present to thy fellow man - as ye are called on to do - an example, a way, a lesson; yet a weapon that will bring to others peace, harmony, and the longing for the filling of their lives - as well as thine own - with love and beauty and charm, that brings the consciousness of His abiding presence....

For as He has indicated, that ye think in thy heart, that ye become; just as that alone which ye assimilate in thy body becomes a part of thy life-blood.

So, in thy spiritual and mental life, keep in those ways that will bring the more and more consciousness that He stands not at thy door but that He walks and He talks with thee! and thy garden of love and light is filled with His presence; and ye show these in the manner of thy thought, thy conversation, thy dealings with thy fellow man.

[1877-1, Female 44, 5/9/39]

Thus may the entity find in the humdrum of its associations, in the trials and cares of others, that song indeed that may be upon the heart and mind and lips of every soul, "He walks and He talks with me. He goeth with me into the garden, in my joys, in my sorrows. He keepeth my hands, my feet steady in my ministry to MY loved ones, to my friends, to my foes; for THEY are, too, His. And in ME they may see that He walks and He talks with me."

And the entity through some of the hardships has brought into the present experience those tendencies for a secretive nature, to keep things to self; satisfying self that to burden others with that which troubles or that which discourages only adds to same. Take thy trials, thy temptations with Jesus in thy walks with HIM, and these disturbing forces in thine experience will disappear.

DO NOT make thyself a martyr. Let it be rather as He. In the CROSS He BECAME the Savior and not martyred for a cause. In the CROSS He overcame and thus in ALL thine experiences open thy heart, thy mind, thy self to Him! (continued)

...For what is His promise? "As ye live, I will bring to thy remembrance all those things that may aid thee." For He hath not willed that any soul should perish but hath with each temptation prepared a way of escape and brings and bears with each all each soul will give to Him; for that ye give ye possess. [793-2, Female 53, 8/27/36]

If ye will but be His brother, He will be thy Savior, thy COMPANION who may walk, who may talk with thee in the recesses of thine own conscience, of thine own heart! [1641-1, Male 23, 7/17/38]

For the power of His might remains within those places in self where He has promised to meet thee oft, and He will not leave thy soul desolate but will come to give strength within self to as many as call upon His name and DO His biddings towards their fellow men. [1347-1, Male 21, 3/10/37]

These promises are very sure to all who take hold on the hand of the Christ, who offers His hand to those who are disturbed in any way, in any manner in any problem; and He promises to give that peace. Not as the world knows peace, but that peace of assurity that you are one with Him. And if you commit that peace to thy son, he - too - may put his hand in the hand of the Master and daily walk in those ways in which it can be, it may be met, if you will wholly trust Him....

When all about you seems disturbed, when all seems lost, know that He in His love, and in His patience, can turn such conditions into victorious joy, into gladness that makes the heart, the mind, the eyes, the body, the voice, joyous in living for the Christ's sake. [3165-1, Male 11, 8/19/43]

For, as given, no soul has been left without that access to the throne of mercy and grace through which each soul - as the promise has been given - may be at-one with those Creative Forces that are found in Him who has given, "If ye love me ye will keep my commandments, and I will come and abide with thee," and ye shall have peace in thine inner self that passeth understanding to those that know Him not....

These are periods of awakening, then, to greater possibilities; fraught, yes, with some disappointments in individuals, yet the greater knowledge that there must be the self at-one with the greater ruling influence for the better activity, the better understanding, for the better ABILITIES for self to expand and grow and become the greater channel through which others may know more and more of those manners in which the manifested love of an All-Wise, All-Merciful Father may make known to His children the fact that He has not left them comfortless. Neither has He turned His ear from their pleas.

...as the body-physical or the body-mental allows itself to be more and more - as it were - charged and re-charged with that spirit of the Christ, or the ONE, in and through itself (and in the material things only the LITTLE things count!), a kind word here, a gentle hint there, being happy and joyous through all of those things that may arise in the experience, will make the growth that brings HEALING in the presence of the entity. For when the face of Him that is Life has shone upon and through the lives of individuals, it becomes as Life itself! [823-1, Female 54, 2/11/35]

For more and more, as the entity enters into those experiences as the guardian of the lives of individuals who under stress of various natures are called upon to give of their all in a service, there will come more and more the consciousness of His presence abiding near.

And when there is the call, and the answer in the call, "Be not afraid, it is I."

Let thy light, then, so shine among others that they, TOO, as thou, may take hope and know that thy redeemer liveth; and that He is mindful of the prayers of the children of men.

For He has promised not to leave any comfortless. And thou, in thy thought, in thy prayer, in thy activity, can oft stand in His stead; for He will abide with thee, even as He hath promised.

Lift up, look up, then, to Him, who hath shown thee the way to put away those little hurts, those little slurs that have oft encompassed thee. For it is in His strength, and in the courage of His promises, that there has come this abiding faith.

[845-6, Female 41, 7/27/40]

If that ideal is the Christ-Consciousness, well. If that ideal is selfish developments, or the aggrandizing of activities in the carnal forces, then these must bring rather the fruits of such into the experience of the soul....

For, the assurance has been given from the Father-Creator of life, light, hope and immortality in the earth, that through the Son and the belief in Him He is able and willing to supply that necessary strength in the experience of each soul to meet those emergencies, to meet those vicissitudes in life, to meet the needs in every way and manner; this is constantly shown in the soul of every entity in the material life. Yet many find that self-expression and the personalities of individuals appear to be such as to make for stumbling rather than aid, even when by the word of mouth those individuals or personalities PROFESS WITH their tongues their hope, their faith, in that same light.

THESE become the stumbling blocks to many. Hence impersonality becomes the watchword for all under such experience. And selflessness is as that to which each must attain, in Him. For, as He has said, in love, in faith, in hope, in charity, (continued)

there are those activities and reflexes from same that show that the spirit of the Master aids in all such expressions in the manifested life of individuals and souls.

And when there is giving away to fear, to doubt, to avarice, to greed, to all those things that are the fruits of darkness, such souls banish from their own selves the spirit of truth and life in every activity.

There is in each experience, as has been shown for this entity, that which has been both good and bad; yet in the knowledge that He, the Christ, stands in self's stead in the abilities to meet each of those conditions that have been builded as but a portion of the structural body of the soul, if the faith, the hope of the promise in Him will be held first and foremost, even as has been given as to what is the whole law and gospel pertaining to the experiences of man, then all problems may be met in Him.

For, as was said of old by all that proclaimed a name, "Thou shalt love the Lord thy God with all thy heart, all thy might, thy mind, thy soul," and He gave that as likened unto it in a manifested form. Before His entrance finally into the earth it was rather as a tenet, yet He fulfilling the law then PROCLAIMED, "and thy neighbor as thyself." This He did in the body. Would ye be like Him? Then not only proclaim, but rather let the acts of thy mind in thought and the deeds in thine body be those proclaiming influences that thou hast walked and talked with Him in thine inner conscience.

THIS, then, is the manner; for this is the promise unto all that have proclaimed the name. If ye love Him keep His commandments, for they are not grievous to bear, but taking the cross - even as He - march in the van of the promise, "I am WITH thee ALWAYS even unto the end of the world." Not condemning in any, for that thou condemnest in another comes home as chickens to roost in thine own conscience.

[288-36, Female 29, 2/10/34]

To make these corrections for the mental conditions is to so fill the mental forces of the body with that plenteous love of the Master and His oneness with the Father that there is found NO PLACE for the entrance of that which would beguile, or make weak, or make afraid. For, as has been given: "Let that mind be in YOU which was in Jesus, the Christ, who took no thought of the morrow, (for the morrow brings forth the EVILS sufficient unto itself) who made His Life of NO estate, that others might KNOW the Love and the Fatherhood of God, that He, the Christ, might become the Living Way, the Approach to the Father," and "What thou asketh in MY NAME, BELIEVING, ye shall have. If ye love me, keep my commandments, and I will come and dwell in thine own heart." That is: "I will so fill your mind, your MENTAL FORCES WITH THE GOOD, until all else shall be driven away."

[294-71, Male 49, 4/19/26]

And let thy prayer, thy meditation, be oft in Him. Be not overcome with the evil days that have come about thee from time to time. Put away, (continued on next page)

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look not back upon them. Remember Lot's wife. Behold, He - the Christ-Consciousness - leads, directs; and thou canst rely upon Him, who is able to take thy burdens upon Himself. [2081-1, Female 66, 1/17/40]

...And know, as has been and is His promise, if ye abide in the Christ-Consciousness, He will bring to thy remembrance ALL things from the foundations of the world. For without Him was not anything made that was made, and as He gave, ye were with Him in the BEGINNING! Hence HE is the way, the truth, the light as shineth in the hearts and lives of men EVERYWHERE, in all periods of experience! His light and strength abide ever! For as He has given, "I will be with thee ALWAYS," if ye seek! [1877-1, Female 44, 5/9/39]

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**This psychic reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Virginia, this 11th day of June, 1934, was volunteered (without being requested), after entire suggestion had been given for waking him, at the end of reading 378-50.**

(Entire Reading of 254-76)

Edgar Cayce: How beautiful the face of those whom the Lord, the Christ, smiles upon! He would walk and talk with thee, my children, if ye will but put away from thy mind those things and conditions that ye FEEL are in the way. For, they are as naught compared to the great love that He has bestowed upon His brethren.

How beautiful the face, how lovely the clouds! In His presence abide; ye EVERY ONE of you are before Him just now. His face is turned toward thee, His heart and hand is offered you. Will ye not accept Him just now? How glorious the knowledge of His presence should awaken in the hearts of you, for He is LONELY without thee; for He has called each of you by name. Will ye fail Him now?

Let His love, as He gave, be the impelling influence in thine associations one with another; yea, though ye crucify Him in thine activities and words one to another, He was crucified that ye might know Him the better. For THUS He became thy Lord, thy Brother, thy Savior, thy Intermediator with God, the Father!

Count it joy, then, even as He, that ye are called by Him in a service - in a LOVING service - to thy fellow man; for through this lowly, weak, unworthy channel has He chosen to speak, for the purposes of this soul have been to do good unto his brethren. Love ye him. Comfort and care, for thy Master has loved him, thy brother, thy neighbor, thy friend! Love God, eschew evil. Speak oft with thy brother, thy Savior, thy Christ, for He is oft in the midst of thee. He would bless this house, will ye but keep Him near at hand. Turn Him not away with harsh words, unkind thoughts, or belittling acts one to another! If ye are faithful to confess thy faults one to another, He is faithful to forgive; for He alone can purge thy soul and make it light in His heart, His bosom, His blood. For it was shed for thee, that thou mightest know the love of God, of Christ, in thine day. For the hand of the Lord is upon thee, and upon him that speaks with thee. Do good that He may abide with thee, that the clouds of doubt and fear may be purged every whit from thine experience, from thine consciousness; and know that He is ALIVE in thee, wilt thou but love one another even as He has loved you.

See the glory of His light shine upon him that speaks to thee. Know the Lord is nigh unto thee. Fare ye in the way that brings peace, harmony; for if ye will have peace, make peace with another, make peace with thy self, thy Lord, thy Christ, thine brother.

Love one another.

[254-76, 6/11/34]

[EC then woke up, without a further waking suggestion being given.]

[Gladys Davis Turner's note: Strained relations recently between those present may have been the background which caused the above message to come through at this particular time.]

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by J.M.M. 6/4/64

Female 46 years

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**TEXT OF READING 1348-1**

Female, 46 years

This Psychic Reading given by Edgar Cayce at his home on Arctic Crescent, Virginia Beach, Va., this 17th day of March, 1938, in accordance with request made by the self - Mrs. [1348], Active Member of the Ass'n for Research & Enlightenment, Inc.

**P R E S E N T**

Edgar Cayce; Gertrude Cayce, Conductor; Gladys Davis, Steno.

**R E A D I N G**

Time of Reading 11:05 to 11:25 A. M. Eastern Standard Time. ..., Mass.

(Body and enquiring mind, who seeks a Mental and Spiritual Reading with information, advice and guidance to help her have a clearer understanding. There is so much of which she feels absolutely convinced, yet she would like to have the faith, with understanding; blind faith not being enough to go very far. You will give her the information she needs at this time, answering the questions she has submitted, as I ask them.)

EC: We have the body, the enquiring mind, [1348].

In giving a mental and spiritual reading for this entity, and in giving that as may be helpful in the entity's holding to the faith which has been and must be the portion of each entity or soul - much of that which is of a theosophical, philosophical and theological nature must be touched upon. For it is upon such a basis that all entities, all souls in their study must draw for their strength, their faith, their hope.

There are in the experience of each entity, and in this entity especially, those mental and spiritual activities that are often taken for granted, without considering the source - or without being justified by an individual experience as to the truth, or having self-conviction within as respecting same.

This is what is so oft termed "blind faith". But the individual experience concerning the source, the reason for the conviction, has been and is the promise - in the purpose of the Christ's entering into the earth, and the promises that are individual - made through and during His material ministry. Then such an experience or a fulfilling of the promise may be a part of this entity in the present, if there is the consideration given such - and the drawing upon same.

For as He has promised, "If ye love me ye will keep my commandments, and I and the Father will come and ABIDE with thee; and what ye ask in my name - BELIEVING - shall be done in the body!" (continued on next page)

These appear in the first premise to be as mere statements. But consider for the moment the conditions in which these were given, and how they may apply to thyself, [1348], in the body, now.

First we find there is the body, the mind, the soul. Ye may say, "Yes, I know the body - I experience the mind - I know not the soul."

The SOUL is that which is the image of the Maker, and only in patience - as the Christ gave - may ye indeed become aware OF thy soul's activity; through its longings, through its convictions, through its experience into the realms of the spiritual undertakings.

How do these come about?

Then how do they apply in thyself?

As ye have been taught, as ye are aware, The Godhead is the Father, the Son, the Holy Spirit. Just as in thyself - as the pattern - the body, the mind, the soul. They are one, just as the Father, the Son, the Holy Spirit are one. They each functioning in coordination or cooperation as one with another become as thy own experiences in a material world, the awareness of the consciousness of that God-force, that Spirit abiding within.

Then, there has been given, there has been shown the way that the Father is mindful of His children; that these as they appear in the earth - yea, thyself - are a portion of His manifestation. Not as an indefinite force, not as an unconcrete thing, not as just a mist, but just as is manifested not only in the Christ but as is manifested in thee - thy desires to do right, thy desires that there be the manifesting of love, of patience, of hope, of longsuffering, of brotherly-kindness, of doing good even when others speak unkindly, when others revile thee, when others say those things that in thy physical consciousness find resentment.

But as He manifests - as a portion of that Godhead that is represented in thee, as IN thy Mind - then ye become aware that ye are INDEED a child of the living God, and are in materiality for those purposes of manifesting those very things that are the fruits of the Spirit in thy dealings with thy fellow man.

For as ye measure to thy fellow man it is measured to thee again. This is an UNCHANGEABLE law! For as ye ask for forgiveness, only in those measures in which ye forgive may ye be forgiven. For are ye not seeking to be one with Him? Then only AS ye forgive may ye BE forgiven! Only AS ye show forth love may love be shown forth to thee! Ye cannot rise above that as ye measure, that as ye live. For as the expression of life IS the manifestation of that love, then in the measure as it metes so is it measured to thee.

Know that as the Mind is represented by the Christ-Consciousness, it is the Builder, it is the Way, it is the Truth, it is the Light; that is, through the manner in which the Mind is held. (continued on the next page)

CHRIST CONSCIOUSNESS CIRCULATING FILE

Not that it denies, not that it rejects, but that it is MADE as one with the purposes He, thy Lord, thy Christ, thy God, thy holy self, would have it be.

Not to the glorifying of the body. For even as He, thy Lord gave, "I can of myself do nothing - it is as the Father worketh in and through me."

Then it is as the body, the mind, the spirit - the motivating forces - coordinant as one with another, WITH the divine law. Ye know the law. What is the law?

"Thou shalt love the Lord thy God with all thy heart, thy mind, thy body; thy neighbor as thyself." This as He gave is the whole law. There is none above that. And ye may, as He has promised, become aware in thy own consciousness of His abiding presence, by the awarenesses that may come to thee as ye meditate, as ye pray from day to day.

Ask and He will give. For as ye walk, as ye talk with Him, ye become aware of His presence abiding with thee.

For this purpose ye came into this experience; that ye might GLORIFY that consciousness, that awareness of His presence, of His Spirit abiding with thee.

Ye give manifestations of same in the manner, in the way in which ye measure that love to others about thee day by day.

This do, and ye will know the truth - the truth shall indeed make you free. Not condemning, not finding fault here nor there at any of the experiences; knowing that God is, and that ye must, that ye WILL, that ye MAY - and it is the glorious opportunity, the glorious promise to just be able to be kind, to be gentle, to be patient with thy fellow man day by day!

And the ASSURANCE comes within thy own self, for His promise is to meet thee in the tabernacle of thy own conscience. For as Jesus said, "Lo, the kingdom of heaven is within YOU!"

Ready for questions.

(Q) My children's spiritual development leaves much to be desired. How may I help them more?

(A) With the application of those tenets, those truths day by day ye may bring same within their experiences. It is not longfacedness, it is not "Don't do this," or "Don't do that," but LIVING day by day - what? Patience, brotherly love, longsuffering! Be ye rather JOYOUS in thy problems, KNOWING that He walks and He talks with you when ye open your heart and mind to His presence.

We are through for the present.